

SON'S PREMIER TAEKWONDO CHAMPIONSHIPS



**SATURDAY
MAY 10, 2025**

**SAVE MAX SPORTS CENTRE
1495 SANDALWOOD PKWY E,
BRAMPTON, ON L6R 0K2**

THE TAEKWONDO ONTARIO ASSOCIATION IS OFFICIALLY RECOGNIZED
BY THE MINISTRY OF HEALTH PROMOTION
THIS CONTEST IS SANCTIONED BY TAEKWONDO ONTARIO,
THE PROVINCIAL SPORT ORGANIZATION (PSO) OFFICIALLY
RECOGNIZED BY THE PROVINCE OF ONTARIO



**TAEKWONDO
ONTARIO**

SON'S PREMIER

TAEKWONDO CHAMPIONSHIP

Dear Master, Instructors, and Taekwondo Practitioners;

It is with great honor and enthusiasm that we invite you to the **2025 Son's Premier Taekwondo Championship**, taking place on **Saturday, May 10th, 2025** at the **Save Max Sports Centre** in Brampton, Ontario. This event is fully sanctioned by Taekwondo Ontario (TO) and will adhere to **World Taekwondo (WT) competition rules** for all black belt divisions, while TO competition rules will apply to all color belt divisions.

Taekwondo demands unwavering discipline, perseverance, and dedication. Our goal is to provide participants with an opportunity not only to test their skills, knowledge, and techniques in a competitive setting but also to foster growth, sportsmanship, and camaraderie within the Taekwondo community. We strive to create an enriching and positive experience for all athletes on their journey toward Taekwondo excellence.

Please find the tournament package attached, which includes details on registration methods, deadlines, competition rules and other key information. Should you have any questions or require further assistance, please do not hesitate to contact us.

We look forward to welcoming you this May for an exciting and memorable championship!

Respectfully,

A stylized, handwritten signature in black ink, appearing to read 'Tae Hwan Son', with a long horizontal flourish extending to the right.

*Grand Master Tae Hwan Son
Tournament Host*

INFORMATION SUMMARY

Tournament Site	Brampton Soccer Centre / Save Max Sports Centre 1495 Sandalwood Pkwy E, Brampton Ontario, L6R 0K2 Canada
ID Credentials Pickup:	Saturday, May 10th, 2025 8:00 AM – 4:00 PM
Start Time:	8:45 AM
Registration:	Mail / In-Person Drop Off: Son's Taekwondo Academy 4600 Hwy 7, Suite 10 Lower Level Woodbridge, Ontario L4L 4Y7 Online: https://members.taekwondo-ontario.com/event/91/
Deadline:	All registrations must be received by Monday April 28 th , 2024. Please note that NO registrations will be accepted at the door the day of the tournament. Athlete Cap: 700 Athletes – Registration will be closed once cap has been reached
Fees:	Competitor: \$100.00 (One or Two events) Color Belts or Black Belts Coach: \$20.00 (one free pass per school and \$20.00 per each additional coach pass up to a maximum of 5) Spectator: \$10.00 (Children 6 and under free)
Insurance:	All participants must be members in good standing with the Ontario Taekwondo Association ("OTA"). Non-residents of Ontario competing must provide proof of insurance or purchase one day insurance from the OTA at \$41.46. Membership forms are included in the package or can be downloaded on the OTA website. https://members.taekwondo-ontario.com/register/individual
Mandatory Equipment:	WT v-neck white uniform, head protector, chest protector, groin protector, forearm guards, shin guards, instep guards and mouth guard for all belts.
Cancellations:	Cancellations will not be accepted under any circumstances after the registration has been submitted and no refunds will be granted.
General Inquiries:	Phone: 647-409-1771 Email: sonstaekwondoopen@gmail.com

SCHEDULE PAGE 1

8:00 AM - 4:00 PM	ID Credentials Pickup – Weigh in			
8:15 AM - 8:30 AM	Referee Meeting			
8:30 AM - 8:45 AM	Coaches Meeting			
COMPETITION BEGINS				
Start Time	Event	Age	Belt Division	Ring
8:45 AM	Patterns Followed by Sparring	7 & 8 years old 6 & under	All Belts	On Deck
9:45 AM	Patterns Followed by Sparring	6 & under	All Belts	On Deck
10:45 AM	Patterns Followed by Sparring	15 to 17 years old	All Blackbelts	On deck
11:45 AM	Patterns Followed by Sparring	9 & 10 years old	All Color Belt -Males	On Deck
1:15PM	Patterns Followed by Sparring	9 & 10 years old	All Color Belt - Females All Black Belts	On Deck
3:00 PM	Patterns Followed by Sparring	11 & 12 years old	All Color Belt	On Deck
4:00 PM	Patterns Followed by Sparring	11 & 12 years old	All Black Belt	On Deck
4:45 PM	Patterns Followed by Sparring	13 & 14 years old	All Belts	On Deck
5:15 PM	Patterns Followed by Sparring	15 to 17 years old	All Color Belts	On Deck
5:30 PM	Patterns Followed by Sparring	18 to 29 years old 30 to 39 years old 40+ years old	All Belts	On Deck

Please Arrive * 30mins prior to **your own** division start time!!

COMPETITION RULES**COLOR BELTS****Patterns**

- Participants may only perform the recognized Kukkiwon approved Taegeuk patterns
- Combination movements and ITF patterns are NOT allowed
- Maximum of 8 participants per division with single elimination

Sparring

- Matches will consist of 2 Rounds with Sudden Death if necessary. – 45 seconds with 15 second break (Previous World Taekwondo Rules)
- NO head contact will be permitted
- Maximum of 8 participants per division with single elimination

Tournament Host reserves the right to separate or combine the divisions at their discretion based on age, weight, height and other discretionary factors

BLACK BELTS**Patterns**

- Participants may only perform the recognized Kukkiwon approved black belt patterns
- Executive Divisions will perform a second black belt pattern of their choice

Sparring

- Matches will consist of 2 Rounds with Sudden Death if necessary – 45 seconds with 15 second break (Previous World Taekwondo Rules)
- No High Performance
- Tournament Host reserves the right to separate or combine the divisions at their discretion based on age, weight, height and other discretionary factors

PATTERNS DIVISIONS

COLOR BELT						
Mandatory Patterns		Taegeuk 1	Taegeuk 2 or 3	Taegeuk 4 or 5	Taeguek 6 or 7	Taegeuk 7 or 8
Age	Male / Female	Belt	Belt	Belt	Belt	Belt
6 & Under	Separate	White / Yellow Stripe	Yellow / Green Stripe	Green / Blue Stripe	Blue / Red Stripe	Red / Black Stripe
7 & 8	Separate					
9 & 10	Separate					
11 & 12	Separate					
13 & 14	Separate					
15 to 17	Separate					
18 to 29	Separate					
30 to 39	Separate					
40 +	Separate					

BLACK BELT		
Age	Male /Female	Mandatory Patterns
6 & Under 7 & 8 9 & 10 11 & 12 Youth	Separate	1 ST DAN / POOM KORYO
13 to 14 Cadet	Separate	2 ND DAN / POOM GEUMGANG
15 to 17 Junior	Separate	3 RD DAN / POOM TAEBAEK
18 to 29 Senior	Separate	4 TH DAN / POOM PYONGWON
30 to 39 Executive 1	Separate	5 TH DAN SIPJIN
40 + Executive 2	Separate	6 TH DAN JITAE

SPARRING DIVISIONS

COLOR BELT							
Age	Male Female	Weight	Belt	Belt	Belt	Belt	Belt
6 & Under	Separate	Light/Heavy	White / Yellow Stripe	Yellow / Green Stripe	Green/ Blue Stripe	Blue / Red Stripe	Red / Black Stripe
7 & 8	Separate	Light/Heavy					
9 & 10	Separate	Light/Heavy					
11 & 12	Separate	Light/Heavy					
13 & 14	Separate	Light/Heavy					
15 to 17	Separate	Light/Heavy					
18 to 29	Separate	Light/Heavy					
30 to 39	Separate	Light/Heavy					
40 +	Separate	Light/Heavy					
RECREATIONAL BLACK BELT (HIGH SECTION NOT PERMITTED)							
Age	Male / Female	Weight					
7 & 8	Separate	Light / Middle / Heavy					
9 & 10	Separate	Light / Middle / Heavy					
11 & 12	Separate	Light / Middle / Heavy					
13 & 14	Separate	Light / Middle / Heavy					
15 to 17 (Junior)	Separate	Light / Middle / Heavy					
18 to 29 (Senior)	Separate	Light / Middle / Heavy					
30 to 39 (Executive 1)	Separate	Light / Middle / Heavy					
40 + (Executive 2)	Separate	Light / Middle / Heavy					

SON'S PREMIER

TAEKWONDO CHAMPIONSHIP

COMPETITOR REGISTRATION FORM

Name:	E-Mail:
Address:	Phone Number:
Taekwondo School:	Master/Instructor:

Gender: M / F	Age:	Height:	Weight:
-------------------------	------	---------	---------

Registration Fee: \$100 (One or Two Events)

Patterns Sparring

OTA Member: Yes No

*Please Note that if you are not a member of the Ontario Taekwondo Association ("OTA"), you must provide proof of insurance or purchase one day insurance from the OTA.

Belt Category: (Select One)

- | | |
|--|---|
| <input type="radio"/> White- Yellow Stripe | <input type="radio"/> Black 1 st Dan |
| <input type="radio"/> Yellow –Green Stripe | <input type="radio"/> Black 2 nd Dan |
| <input type="radio"/> Green – Blue Stripe | <input type="radio"/> Black 3 rd Dan |
| <input type="radio"/> Blue – Red Stripe | <input type="radio"/> Black 4 th Dan |
| <input type="radio"/> Red- Black Stripe | <input type="radio"/> Black 5 th Dan |

Liability Waiver

I, _____ have read the rules and hereby submit my application for registration in the Son's Premier Taekwondo Championship on May 10th, 2025, hosted by Son's Taekwondo Academy.

I release, hold harmless and indemnify Son's Taekwondo from and against all claims, actions, costs and expenses and demand in respect to death, injury, loss or damage to my person or property, whosoever and howsoever caused, arising out of or in connection with my taking part in the event and notwithstanding that the same may have been contributed to or occasioned by any act or failure to connection with the said Challenge can be used by the Taekwondo Director for publicity or promotion without compensation at this or any other time.

Signature: _____ Date: _____

Signature of Parent/Guardian (if under 18 years): _____

Poomsae	Sparring
Name: _____ TKD School: _____ Age: _____ Belt: _____ Division: _____	Name: _____ TKD School: _____ Age: _____ Belt: _____ Division: _____

COACH REGISTRATION FORM

COACHING PASS POLICY

Each registered Taekwondo school with competitors in Son's Premier Taekwondo Championship will receive 1 free coaching pass to the competition floor. Additional coaching passes can be purchased at \$20.00 CAD each with a maximum of 5 coaching passes per registered Taekwondo school. The Coach Registration Form must be completed and received by Monday April 28th, 2025. All coaches must be black belts registered with Kukkiwon.

Taekwondo School: _____ **Master / Instructor:** _____

Address: _____ **Phone:** _____

Coach Name #1: _____ **Kukkiwon #:** _____

Coach Name #2: _____ **Kukkiwon #:** _____

Coach Name #3: _____ **Kukkiwon #:** _____

Coach Name #4: _____ **Kukkiwon #:** _____

Coach Name #5: _____ **Kukkiwon #:** _____