

SUNDAY, MARCH 23RD, 2025
CANADA PREMIERE EVENT OF THE YEAR

BOIA BATTLE OF WARRIORS

REGISTER NOW!
DEADLINE MARCH 18TH, 2025

**INTERNATIONAL OPEN
TAEKWONDO CHAMPIONSHIPS**



SANCTIONED BY: THE ONTARIO TAEKWONDO ASSOCIATION IS OFFICIALLY
RECOGNIZED BY THE MINISTRY OF TOURISM AND RECREATION AND MINISTRY
OF HEALTH AND PROMOTION.

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**Grand Master
Felix Ayensu**
9th Dan Black Belt

- Kukkiwon Senior Advisory Committee Member
- 4x World Taekwondo Championships Contestant
- Kukkiwon World Championships Master
- Essay Competitor Winner
- WT International Referee



LOCATION:
TAIT MCKENZIE CENTER
YORK UNIVERSITY

1 THOMPSON RD NORTH YORK, ON M3J 1P3



CALL: 289-851-9000



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Grandmaster Felix Ayensu 9th Dan Black Belt

- Kukkiwon Senior Advisory Committee Member
- 4x World Taekwondo Championships Contestant
- Kukkiwon World Championships Master Essay Competition Winner
- WT International Referee
- National Team Coach of Ghana to the 1999 World Championships in Edmonton
- National Team Coach Ghana to the World Championships Jeju City - Korea Year 2000
- Head of Ghana Delegation to the World Taekwondo Festival in Suwon City, South Korea 2007
- WT & Kukkiwon Highest Citation Recipient

Dear Masters, Instructors, and Taekwondo Practitioners,

It is with great enthusiasm that we invite you to the 23rd Battle of Warriors International Open Taekwondo Championships, scheduled to take place on Sunday, March 23, 2025, at the Tait McKenzie Center, York University, in Toronto, Ontario.

As a fully sanctioned Taekwondo Ontario (TO) event, the competition will adhere to World Taekwondo (WT) rules for all High-Performance black belt sparring divisions and TO rules for colour belt and recreational black belt divisions.

Please note that this is a pre-registration event only. Coaches must register their teams online at

<https://members.taekwondo-ontario.com/event-calendar/> by the registration deadline of Tuesday, March 18, 2025.

**WE HIGHLY RECOMMEND EARLY PRE-REGISTRATION (ONLINE).
THERE WILL BE NO REGISTRATION AND SALE OF SPECTATORS TICKETS AT THE DOOR**
(Purchase Spectators Tickets Online)

This year there will be competition for Recreational Black Belt Koriyugi and High Performance Black Belt Koriyugi.

ALL HIGH PERFORMANCE ATHLETES will be weighed in prior to competition at the designated times (refer to the weigh-in schedule) to ensure accurate bracketing and a smooth tournament flow. High-Performance divisions will use the KP&P system with E-Headgear, along with a coach's challenge card for head kicks.

For your convenience, the enclosed tournament package includes detailed information on registration, deadlines, tournament rules, and more. Should you have any questions or require assistance, please do not hesitate to contact us. We look forward to your participation in making this event a success and celebrating the spirit of Taekwondo together.

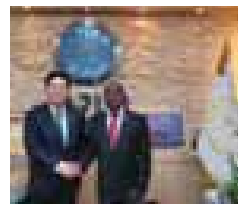
Warm regards,
Grand Master Felix Ayensu



World Famous Grandmaster Shinchul Kang poses with Canada's Grandmaster Felix Ayensu at the Namchung Dojang, April 2023



Kukkiwon President Grandmaster Dr. Doug Sup Lee decorating Grandmaster Felix Ayensu with their 9th Dan Black Belt Gold Pen at his office in Gangnam Gu, Seoul Korea



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BATTLE OF WARRIORS OPEN TAEKWONDO CHAMPIONSHIPS

Sunday, March 23rd, 2025 Tait McKenzie Center
York University

Information Summary

Tournament Site:	TAIT MCKENZIE CENTER - YORK UNIVERSITY 1 Thompson Road, North York, Ontario
Date:	Sunday March 23rd, 2025 Battle of Warriors Open Taekwondo Championships
Start Time:	Please arrive no earlier than 30 minutes before your start time
Registration:	Online Registration Only https://members.taekwondo-ontario.com/event-calendar/ Participants outside Ontario, please contact us via email at info@tkdbattleofwarriors.com
Deadline:	All registrations must be received before March 18th, 2025 NO REGISTRATIONS AT THE DOOR
Fees:	Competitor: \$95+hst (One or Two events) Colour Belts & Black Belts Coach: \$20.00 (1 free pass per school; \$20 each additional pass; max 5) High Performance Sparring: \$120 + HST Spectator: \$10.00 (children 6 and under free) Spectator's tickets can be purchased at www.battleofwarriorstkd.com in advance
Awards	All Poomsae competitors will receive 1st, 2nd, 3rd & 4th place medals All Kyorugi competitors will receive 1st, 2nd, 3rd, 3rd place medals All awards will be received on the mat, podium available for pictures
Insurance:	All participants must be current 2024-2025 member of Taekwondo Ontario. Non-residents of Ontario competing must provide proof of insurance or purchase one day insurance from Taekwondo Ontario at \$41.46. non-members will not be permitted to participate and may result in loss of registration fee and/or disqualification. https://members.taekwondo-ontario.com/membership/register/individual
If Non-Member	If you have never had a Taekwondo Ontario Membership and need to become a member for the first time to create a membership, you can register at: https://members.taekwondo-ontario.com/membership/register/individual
Mandatory Equipment:	WT Style - White Dobok, Head Protector, Mouth Guard, Chest Protector, Groin Protector, Forearm Guards, Shin Guards, Instep Guards for all belts
Cancellations:	Cancellations will not be accepted under any circumstances after the registration has been submitted and no refunds will be granted.
General Inquiries:	website: www.tkdbattleofwarriors.com e-mail: info@tkdbattleofwarriors.com phone: 289-851-9000

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TOURNAMENT PROCEDURE (GUIDELINES)

COLOUR BELT SPARRING DIVISIONS (Sparring)

- Each match will be best of 2 out of 3 rounds, each of 60 seconds, 30 seconds break. In the case that an individual wins 2 rounds straight, the winner will be declared at the end of the 2nd round
- No head contact for colour belts
- Age divisions will be split into divisions based on their recorded weight.

BLACK BELT RECREATIONAL DIVISIONS (Sparring)

- Each match will be best of 2 out of 3 rounds, each of 60 seconds, 30 seconds break. In the case that an individual wins 2 rounds straight, the winner will be declared at the end of the 2nd round
- No head contact
- **No persons who have competed at a Provincial or National Championship in the past 5 years will be allowed to compete in the recreational Black Belt Division**

HIGH PERFORMANCE BLACK BELT SPARRING

- All athletes will be bracketed in WT Olympic, Junior Olympic and consolidated Cadet Weight categories
- All divisions will compete with the KP&P Electronic Scoring System (including Electronic Head Gear) and will require DP&P Electronic Sensor Socks. They can be purchased by asking your Dojang Master.
- Single Elimination with WT Black Belt full-contact rules
- 3 rounds of 1.5 minutes with 30 second breaks for all divisions
- Video Replay will be provided

POOMSAE COMPETITION

- Poomsae division will be divided by age, belt and weight and will remain the same division as the sparring divisions
- Mandatory WT color belt and black belt poomsae will be followed
- All competitors will be judged by way of point scoring method from 1-10

TOURNAMENT GUIDELINES

- The competition area is open to competitors and athletes ONLY, all parents must stay in designated spectator areas. These rules will be enforced by security for the safety of all participants. Please listen to announcements to hear if your division is being called to the ring assignment area
- Weight divisions may be subject to change to bigger divisions in the case there is not enough competitors. This is based on the approval of the tournament director to ensure the new formed divisions are fair and safe
- **ALL COMPETITORS MUST BE WEIGHT IN AT THE REGISTRATION. Any competitors not weight in will be bracketed for sparring competition**
- WTF Style - White Dobuk, Head Gear, Mouth Guard (clear or white) Chest Protector, Forearm Guards, Shin Guards. Instep guards required for colour belts. Gloves (Mandatory for High Performance Sparring)



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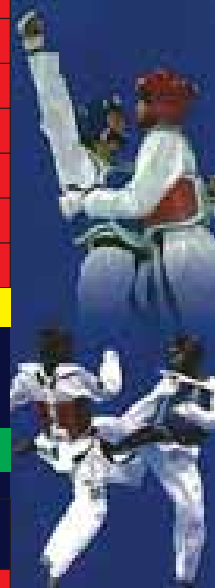
RECREATIONAL KYORUGI

Colour Belt Sparring Championships

Divisions, Gender, Weight Categories, Rules & Duration

Age	Male/Female Separate	White/Yellow Stripe	Yellow/Green Stripe	Green/Blue Stripe	Blue/Red Stripe	Red/Black Stripe
6 years and under	Male	Light/Heavy	Light/Heavy	Light/Heavy	Light/Heavy	Light/Heavy
	Female					
7 & 8	Male	Light/Heavy	Light/Heavy	Light/Heavy	Light/Heavy	Light/Heavy
	Female					
9 & 10	Male	Light/Heavy	Light/Heavy	Light/Heavy	Light/Heavy	Light/Heavy
	Female					
11 & 12	Male	Light/Heavy	Light/Heavy	Light/Heavy	Light/Heavy	Light/Heavy
	Female					
13 & 14	Male	Light/Heavy	Light/Heavy	Light/Heavy	Light/Heavy	Light/Heavy
	Female					
15 to 17	Male	Light/Heavy	Light/Heavy	Light/Heavy	Light/Heavy	Light/Heavy
	Female					
18 to 29	Male	Light/Heavy	Light/Heavy	Light/Heavy	Light/Heavy	Light/Heavy
	Female					
30 to 39	Male	Light/Heavy	Light/Heavy	Light/Heavy	Light/Heavy	Light/Heavy
	Female					
40 & up	Male	Light/Heavy	Light/Heavy	Light/Heavy	Light/Heavy	Light/Heavy
	Female					
Special Needs	Male	Light/Heavy	Light/Heavy	Light/Heavy	Light/Heavy	Light/Heavy
	Female					

Every Participant Will Be Awarded a Medal of Participation For Effort, Enthusiasm & Dedication



ELECTRONIC SCORING SYSTEM IN ALL 10 COMPETITION RINGS

Other Miscellaneous Rules For Color Belts Sparring

WTF/Ontario Taekwondo Association modified rules for color belts. Reference very detailed information on sparring rules on the website

www.tkdbattleofwarriors.com



www.taekwondo.on.ca



Mandatory Poomsae For Colour Belt Patterns Competition

Age	Male/Female Separate	10-9	8-7	6-5	4-3	2-1
		White/Yellow Stripe	Yellow/Green Stripe	Green/Blue Stripe	Blue/Red Stripe	Red/Black Stripe
6 years and under	Male					
	Female					
7 & 8	Male					
	Female					
9 & 10	Male					
	Female					
11 & 12	Male	Mandatory Pattern:	Mandatory Pattern:	Mandatory Pattern:	Mandatory Pattern:	Mandatory Pattern:
	Female					
13 & 14	Male	Taegeuk #1, #2 or #3	Taegeuk #1, #2 or #3	Taegeuk #3, #4, & #5	Taegeuk #6 or #7	Taegeuk #7 or #8
	Female					
15 to 17	Male					
	Female					
18 to 29	Male					
	Female					
30 to 39	Male					
	Female					
40 & up	Male					
	Female					
Special Needs	Male					
	Female					

The Greatest Awards in Taekwondo History



Medals are Gold, Silver, 2nd Place, Bronze, 3rd Place awarded on basis of Warrior International Technical Development

Other Miscellaneous Rules For Colour Belts Patterns

- Participants may only perform the mandatory Kukkiwon Approved Taegeuk Patterns as specified in the chart .
- Combinations and ITF Patterns are NOT allowed.
- Participants will either receive 1st, 2nd or one of two 3rd Place Awards
- The Tournament Host reserved the right to separate or combine divisions at their discretion based on age and weight or other discretionary factors.

HIGH PERFORMANCE DIVISIONS

COLOUR BELTS	BLACK BELT RECREATIONAL	BLACK BELT HIGH PERFORMANCE SPARRING
AGE	AGE	DIVISION
13 - 14 Years Old	13 - 14 Years Old	CADET MALE & FEMALE (12-14)
15 - 17 Years Old	15 - 17 Years Old	JUNIOR MALE & FEMALE (15-17)
18 - 29 Years Old	18 - 29 Years Old	

BLACK BELT HIGH PERFORMANCE DIVISIONS

Age	Male/Female	Weight				
Cadet						
12 - 14	Male	- 37 kg	37 kg - 45 kg	45 kg - 53 kg	53 kg - 61 kg	+61 kg
	Female	- 33 kg	33 kg - 41 kg	41 kg - 47 kg	47 kg - 55 kg	+55 kg
Junior						
15 - 17	Male	- 48 kg	48 kg - 55 kg	55 kg - 63 kg	63 kg - 73 kg	+73 kg
	Female	- 44 kg	44 kg - 49 kg	49 kg - 55 kg	55 kg - 63 kg	+63 kg
Senior						
18 - 29	Male	- 58 kg	58 kg - 68 kg	68 kg - 80 kg	80 kg - 87 kg	+87 kg
	Female	- 49 kg	49 kg - 57 kg	57 kg - 67 kg	67 kg - 73 kg	+73 kg

BLACK BELT MANDATORY POOMSAE (PATTERNS COMPETITION)

Age	Gender	1st Poom/Dan	2nd Poom/Dan	3rd Poom/Dan	4th Poom/Dan	5th Dan	6th Dan
10 years & under	Male	Mandatory Pattern: Koryo	Mandatory Pattern: Geumgang	Mandatory Pattern: Taebek	Mandatory Pattern: Pyongwon	Mandatory Pattern: Sipjin	Mandatory Pattern: Jitae
	Female						
11 & 12	Male						
	Female						
13 & 14	Male						
	Female						
15 to 17	Male						
	Female						
18 to 29	Male						
	Female						
30 to 39	Male						
	Female						
40 & up	Male						
	Female						

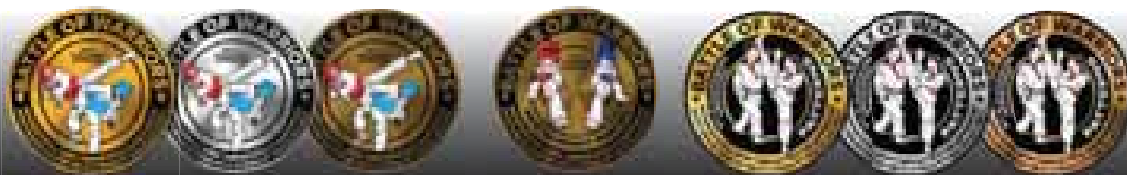
Black Belts Special Creative Poomsae (Patterns Competition)

Junior Division
11 - 14 yrs

Intermediate Division
15 - 17 yrs

Senior Division
18 - 29 yrs

Executive Division
30 yrs & over



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Sunday, March 23rd, 2025 Tait McKenzie Center
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Coach Registration Form

- Each registered Taekwondo School with competitors in Battle of Warriors Taekwondo Championships will receive 1 free coaching pass to the competition floor. Additional coach passes can be purchased at \$20 each with a maximum of 5 coaching passes per registered Taekwondo School.
- **NO COACH REGISTRATION ON TOURNAMENT DAYS!**
Please send us coaches list to info@tkdbattleofwarriors.com by Thursday March 23rd, 2025.
- All coaches must be black belts and registered with Kukkiwon and must be a good standing member of Taekwondo Ontario.
- No one will be allowed on the floor without a coach's pass.

Name:	Email:
Address:	Phone #:
Taekwondo School:	Kukkiwon (Poom/Dan)
1. Coach Name	Kukkiwon No (Poom / Dan)
2. Coach Name:	Kukkiwon No (Poom / Dan)
3. Coach Name	Kukkiwon No (Poom / Dan)
4. Coach Name	Kukkiwon No (Poom / Dan)
5. Coach Name	Kukkiwon No (Poom / Dan)



BATTLE OF WARRIORS OPEN TAEKWONDO CHAMPIONSHIPS

Sunday, March 23rd, 2025 Tait McKenzie Center
York University

Tournament Schedule

8:00 AM	Doors open at 8AM				
8:15 AM	Referee Meeting				
8:30 AM	Coaches Meeting				
COMPETITION BEGINS					
<p>Please arrive at 30 minutes before scheduled time. Avoid coming early to prevent crowding & long wait times.</p>					
START TIME	AGE GROUP	GENDER	BELT DIVISION	EVENT	RING
9:00 AM	7-8 years old	Male	All Belts	Patterns Followed by Sparring	On Deck
10:45 AM	7-8 years old	Female	All Belts	Patterns Followed by Sparring	On Deck
11:15 AM	6 & under	Male/Female	All Belts	Patterns Followed by Sparring	On Deck
12:30 PM	9-10 years old	Male	All Belts	Patterns Followed by Sparring	On Deck
2:00 PM	9-10 years old	Female	All Belts	Patterns Followed by Sparring	On Deck
3:30 PM	11-12 years old	Male	All Belts	Patterns Followed by Sparring	On Deck
5:00 PM	11-12 years old	Female	All Belts	Patterns Followed by Sparring	On Deck
6:00 PM	13-14 years old	Male/Female	All Belts	Patterns Followed by Sparring	On Deck
6:45 PM	15 to 17 years old 18 to 29 years old 30 to 39 years old 40+ years old	Male/Female	All Belts	Patterns Followed by Sparring	On Deck

***Times are approximate and are subject to change. Athletes should be On Deck 30 minutes prior to their start time. No Divisions will start before the scheduled times.**