

“WHERE ART & SCIENCE MEET”
TorontoOpenTaekwondo@gmail.com

2024 TORONTO OPEN

TAEKWONDO CHAMPIONSHIPS

SUNDAY NOVEMBER 17
VARIETY VILLAGE
3701 Danforth Ave. Toronto, ON



This Contest Is Sanctioned by Taekwondo Ontario
The Provincial Sport Organization (PSO) Officially Recognized by The Province of Ontario.



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Dear Friends,

We are pleased to present 2024 TORONTO OPEN™ at the Variety Village Athletic Centre at 3701 Danforth Avenue, Scarborough, Toronto.

This event is to provide our community a safe and enjoyable contest adopting World Taekwondo™ standards. The 2024 TORONTO OPEN™ Taekwondo Championships will be on **SUNDAY NOVEMBER 17, 2024.**

Kindly read the attached instructions for all details regarding registration deadlines, tournament rules, terms and conditions of participation, & competition schedule.

Should you have any questions or concerns at any time regarding this competition please contact us. TorontoOpenTaekwondo@gmail.com

We look forward to seeing you soon.

Sincerely,

Grandmaster Young Su Choung

Host

Master Rommel Cabanatan, ChPC

Tournament Director



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INFORMATION SUMMARY

Tournament Site:	Variety Village Athletic Centre 3701 Danforth Avenue Scarborough, Ontario M1N 2G2
Date:	SUNDAY , NOVEMBER 17, 2024
Start Time:	Please arrive no earlier than 30 minutes before your call to staging time
Registration:	Online Registration Only Taekwondo Ontario Event Calendar (taekwondo-ontario.com) Participants outside Ontario, please contact us via email at TorontoOpenTaekwondo@gmail.com
Deadline:	All registrations must be received before November 13 th , 2024 NO REGISTRATION AT THE DOOR
Fees:	<ul style="list-style-type: none">▶ RECREATIONAL (colour belt & black belt) DIVISIONS<ul style="list-style-type: none">• \$80(+hst) for Patterns OR Sparring• \$120(+hst) (FOR BOTH EVENTS)▶ WORLD CLASS KYORUGI DIVISIONS<ul style="list-style-type: none">• \$150 (+hst) Sparring (Cadet, Jr, Sr)▶ COACHES<ul style="list-style-type: none">• Coach passes can be purchased at \$25 each• Teams with 5 or more registered athletes will receive 1 complimentary coaching pass to the field of play▶ SPECTATORS:<ul style="list-style-type: none">• \$10 ages 12 & Up• \$5 ages 7-11• Registered Coaches, Athletes & Children 6 & under: FREE
	1 st , 2 nd , or 3 rd place medals All awards will be received on the mat after completion of division.

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Insurance:	All participants must be current 2024-2025 members of Taekwondo Ontario. Non-residents of Ontario competing must provide proof of insurance or purchase one day insurance from Taekwondo Ontario at \$40.00. Non-members will not be permitted to participate and may result in loss of registration fee and/or disqualification.
Mandatory Equipment:	<ul style="list-style-type: none">• All Colour and Recreational Black Belt Kyorugi athletes must provide their own white WORLD TAEKWONDO (WT®) style uniform, helmet, shin guards, arm guards, instep protection, groin protector (worn inside of uniform), chest protectors, mouth guard. Equipment will be on sale, on site. • World Class Kyorugi Cadet, Junior & Senior athletes must provide their own white WORLD TAEKWONDO (WT®) style uniform/equipment. (e-Helmets will be provided), shin guards, arm guards, WT® approved sensor socks, groin protector (worn inside of uniform), hand protectors and white or transparent mouth guard. Equipment will be on sale, on site. Please note that approved KP&P Sensor Socks are required for World Class Cadet, Junior & Senior.
General Inquiries:	Facebook Event Page 2024 Toronto Open Taekwondo Championships TorontoOpenTaekwondo@gmail.com



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TOURNAMENT SCHEDULE

SATURDAY NOVEMBER 16, 2024	
5:00 PM	Early Accreditation & Pickup at Venue
6:00 PM-8:00 PM	Weigh Ins for World Class Divisions
SUNDAY NOVEMBER 17, 2024	
8:00 AM	Accreditation Area Opens
8:00 AM	Meeting of Officials
8:30 AM	<ul style="list-style-type: none"> ▶ <u>All</u> Colour Belts & Recreational Black Belts Ages 30 & Up ▶ World Class 15-17 Junior Sparring Divisions Begin (KPNP PSS)
9:00 AM	▶ <u>All</u> Colour Belts & Recreational Black Belts 6 & Under
9:30 AM	▶ <u>All</u> Colour Belts & Recreational Black Belts 7 & 8 Year Olds
10:30 AM	▶ 9 & 10 Year Olds White To Green Stripe
11:00 AM	▶ 9 & 10 Year Olds Green To Blue Stripe
11:30 AM	▶ 9 & 10 Year Olds Blue To Red Stripe
12:00 PM	<ul style="list-style-type: none"> ▶ 9 & 10 Year Olds Red To Black Stripe ▶ World Class 12-14 Cadet Sparring Divisions Begin (KPNP PSS)
12:30 PM	▶ 9 & 10 Year Olds Recreational Black Belts
1:30 PM	▶ 11 & 12 Year Olds White To Green Stripe
2:00 PM	▶ 11 & 12 Year Olds Green To Blue Stripe



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2:30 PM	▶ 11 & 12 Year Olds Blue To Red Stripe
3:00 PM	▶ 11 & 12 Year Olds Red To Black Stripe
3:30 PM	▶ 11 & 12 Year Olds Recreational Black Belts
4:00 PM	▶ 13 & 14 Year Olds White To Green Stripe ▶ World Class 17+ Senior Sparring Divisions Begin (KPNP PSS)
4:30 PM	▶ 13 & 14 Year Olds Green To Red Stripe
5:00 PM	▶ 13 & 14 Year Olds Red To Black Stripe
5:30 PM	▶ 13 & 14 Year Olds Recreational Black Belts
6:00 PM	▶ <u>All</u> Colour Belts & Recreational Black Belts 15-17 Year Olds
6:30 PM	▶ <u>All</u> Colour Belts & Recreational Black Belts 18-29 Year Olds

Times are approximate for calls to staging and are subject to change after registration deadline.

COMPETITION RULES

RECREATIONAL - COLOR BELT & BLACK BELT

Poomsae (Patterns)

- Participants may only perform mandatory Kukkiwon approved Black belt patterns
- **1st, 2nd, two 3rd place winners awarded for podium finish.**

Kyorugi (Sparring)

- **Single Elimination . Best of 3 rounds**
- **Manual Electronic Scoring System**
- **NO head contact**
- **1st, 2nd, two 3rd place winners awarded for podium finish.**

WORLD CLASS KYORUGI (SPARRING)

- **Cadet (12-14) Junior (15-17) & Senior Olympic (17+) •**
- **World Taekwondo® Rules. Head Contact Permitted.**
- **Single Elimination . Best of 3 rounds**
- **1st, 2nd, two 3rd place winners awarded for podium finish.**
- **KP&P® PSS e-Helmets, Body Protector & Scoring System will be used**
- *Tournament Host reserves the right to separate or combine the divisions at their discretion based on age, weight, height and other discretionary factors*

PATTERNS DIVISIONS

Colour Belt						
Mandatory Patterns		Taegeuk 1	Taegeuk 2 or 3	Taegeuk 4 or 5	Taegeuk 6 or 7	Taegeuk 7 or 8
Age	Male/Female	Belt	Belt	Belt	Belt	Belt
6 & under	Separate	White/ Yellow Stripe	Yellow / Green Stripe	Green/ Blue Stripe	Blue/ Red Stripe	Red/ Black Stripe
7 & 8	Separate					
9 & 10	Separate					
11 & 12	Separate					
13 & 14	Separate					
15 to 17	Separate					
18 to 29	Separate					
30 to 39	Separate					
40 +	Separate					

Black Belt			
Age	Male/Female	Mandatory Patterns	
6 & under	Separate	1 st Dan/Poom	Koryo
7 & 8	Separate	2 nd Dan/Poom	Geumgang
9 & 10	Separate	3 rd Dan/Poom	Taebaek
11 & 12	Separate	4 th Dan/Poom	Pyongwon
13 & 14	Separate	5 th Dan	Sipjin
15 to 17	Separate	6 th Dan	Jitae
18 to 29	Separate		
30 +	Separate		

SPARRING DIVISIONS

Colour Belt							
Age	Male/Female	Weight	Belt	Belt	Belt	Belt	Belt
6 & under	Separate	Light/Heavy	White/ Yellow Stripe	Yellow / Green Stripe	Green/ Blue Stripe	Blue/ Red Stripe	Red/ Black Stripe
7 & 8	Separate	Light/Heavy					
9&10	Separate	Light/Heavy					
11 & 12	Separate	Light/Heavy					
13 & 14	Separate	Light/Heavy					
15 to 17	Separate	Light/Heavy					
18 to 29	Separate	Light/Heavy					
30 to 39	Separate	Light/Heavy					
40 +	Separate	Light/Heavy					

Recreational Black Belt (High Section not permitted)		
Age	Male/Female	Weight
6 & under	Separate	Light / Middle / Heavy
7 & 8	Separate	
9&10	Separate	
11 & 12	Separate	
13 & 14	Separate	
15 to 17	Separate	
18 to 29	Separate	
30 to 39	Separate	
40 +	Separate	

World Class Sparring (WT Rules)

Senior	World Class	MALE	Under 58kg	Under 68kg		Under 80kg	Over 80kg
	World Class	FEMALE	Under 49kg	Under 57kg		Under 67kg	Over 67kg
Junior	World Class	MALE	Under 48kg	Under 55kg	Under 63kg	Under 73k	Over 73kg
	World Class	FEMALE	Under 44kg	Under 49kg	Under 55kg	Under 63kg	Over 63kg
Cadet	World Class	MALE	Under 37kg	Under 45kg	Under 53kg	Under 61kg	Over 61kg
	World Class	FEMALE	Under 33kg	Under 41kg	Under 47kg	Under 55kg	Over 55kg

COACH REGISTRATION FORM

Coaching Pass Policy

- Taekwondo school with five (5) or more competitors at 2024 Toronto Open Taekwondo Championships will receive 1 complimentary Coach accreditation to the field of play.
- Additional coach passes can be purchased at \$25 each
- **NO COACH REGISTRATION ON TOURNAMENT DAYS!**
- Please send us coaches list of names by Nov 13, 2024 TorontoOpenTaekwondo@gmail.com for accreditation.
- All coaches must be black belts and a good standing member of Taekwondo Ontario
- No one will be allowed on the floor without a coach's pass.

Name:	E-Mail:
Address:	Phone #:
Taekwondo School:	Kukkiwon (Poom/Dan):
1. Coach Name:	Kukkiwon No (Poom/Dan)
2. Coach Name:	Kukkiwon No (Poom/Dan)
3. Coach Name:	Kukkiwon No (Poom/Dan)
4. Coach Name:	Kukkiwon No (Poom/Dan)
5. Coach Name:	Kukkiwon No (Poom/Dan)

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► PLEASE READ CAREFULLY

Thank you for your interest in the Toronto Open 2024 Taekwondo Championships. As a requirement for event registration, I agree to the following terms and conditions:

1. I declare that I am over the age of 18 years old or I am a parent/guardian of a participant under the age of 18 years old.
2. I agree to allow Toronto Open 2024 Taekwondo Championships and their agents to capture myself on still image or video for the purposes of promoting the Toronto Open 2024 “Taekwondo Championships”
3. I understand that Divisions may be separated or combined at the discretion of the Tournament Director / Event Staff due to the number of participants and/or for safety reasons.
4. I understand for Insurance requirements for Ontario residents, participant must be a current Member of Taekwondo Ontario (Annual dues for \$45) <http://taekwondo-ontario.com/>
5. As a condition of participation in this Taekwondo Championships I declare I am “fit to engage at THE 2024 TORONTO OPEN “Taekwondo Championships”.
7. I, have read the rules and hereby submit my application for registration in the 2024 Toronto Open Taekwondo Championship on November 17th 2024, hosted by Young Choung Taekwondo Academy at Variety Village Athletic Centre, Scarborough

I release, hold harmless and indemnify Young Choung Taekwondo Academy from and against all claims, actions, costs and expenses and demand in respect to death, injury, loss or damage to my person or property, whosoever and howsoever caused, arising out of or in connection with my taking part in the event and notwithstanding that the same may have been contributed to or occasioned by any act or failure to act including, without limitation, of Young Choung Taekwondo Academy or any of its staff. I further agree, that any pictures or videos taken of or by me in connection with the said Challenge can be used by the Tournament Director for publicity or promotion without compensation at this or any other time.

I acknowledge that I have read and agree to the above Terms and Conditions.

Name

Signature

Date

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