

**SATURDAY**

**MAY 11, 2024**

**SAVE MAX SPORTS CENTRE**

1495 SANDALWOOD PKWY E,

BRAMPTON, ON L6R 0K2

**SON'S  
PREMIER**

**TAEKWONDO  
CHAMPIONSHIP**

**SON'S**



**TAEKWONDO  
ONTARIO**



THE TAEKWONDO ONTARIO ASSOCIATION IS  
OFFICIALLY RECOGNIZED BY THE MINISTRY OF HEALTH PROMOTION.  
THIS CONTEST IS SANCTIONED BY TAEKWONDO ONTARIO, THE PROVINCIAL SPORT-  
ORGANIZATION (PSO) OFFICIALLY RECOGNIZED BY THE PROVINCE OF ONTARIO.

Dear Master, Instructors, and Taekwondo Practitioners;

It is with great pleasure that we invite you to the 2024 Son's Premier Taekwondo Championship to be held at Brampton Soccer Centre in Brampton, Ontario on Saturday, May 11<sup>th</sup>, 2024. This event is a fully sanctioned Taekwondo Ontario ("TO") event and as such, World Taekwondo ("WT") competition rules will be in effect for all black belt divisions and TO competition rules for all color belt divisions.

It takes considerable determination and discipline to participate and excel in Taekwondo. It is our objective for participants attending our championship not only to test their skills, knowledge and techniques against their fellow Taekwondo brothers and sisters, but to learn and grow from an enriching and positive experience in their personal quest for Taekwondo excellence.

Enclosed, please find the attached tournament package with details regarding registration methods, deadlines, tournament rule, etc. Should you have any questions or concerns, please do not hesitate to contact us.

We look forward to seeing you this May!

Respectfully,

A handwritten signature in black ink, appearing to read 'Tae Hwan Son', with a long horizontal flourish extending to the right.

*Grand Master Tae Hwan Son*  
*Tournament Host*

## INFORMATION SUMMARY

<b>Tournament Site</b>	<b>Brampton Soccer Centre / Safe Max Sports Centre</b> 1495 Sandalwood Pkwy E, Brampton Ontario, L6R 0K2 Canada
<b>ID Credentials Pickup:</b>	Saturday, May 11th, 2024 8:00 AM – 4:00 PM
<b>Start Time:</b>	8:45 AM
<b>Registration:</b>	<b>Mail / In-Person Drop Off:</b> Son's Taekwondo Academy 4600 Hwy 7, Suite 10 Lower Level Woodbridge, Ontario L4L 4Y7  <b>Online:</b> <a href="https://members.taekwondo-ontario.com/event/91/">https://members.taekwondo-ontario.com/event/91/</a>
<b>Deadline:</b>	All registrations must be received by Monday, April 29 <sup>th</sup> , 2024. Please note that NO registrations will be accepted at the door the day of the tournament.  <b>Athlete Cap:</b> 800 Athletes – Registration will be closed once cap has been reached
<b>Fees:</b>	<b>Competitor:</b> \$100.00 (One or Two events) Color Belts or Black Belts  <b>Coach:</b> \$20.00 (one free pass per school and \$20.00 per each additional coach pass up to a maximum of 5)  <b>Spectator:</b> \$10.00 (Children 6 and under free)
<b>Insurance:</b>	All participants must be members in good standing with the Ontario Taekwondo Association ("OTA"). Non-residents of Ontario competing must provide proof of insurance or purchase one day insurance from the OTA at \$41.46. Membership forms are included in the package or can be downloaded on the OTA website. <a href="https://members.taekwondo-ontario.com/register/individual">https://members.taekwondo-ontario.com/register/individual</a>
<b>Mandatory Equipment:</b>	WT v-neck white uniform, head protector, chest protector, groin protector, forearm guards, shin guards, instep guards and mouth guard for all belts.
<b>Cancellations:</b>	Cancellations will not be accepted under any circumstances after the registration has been submitted and no refunds will be granted.
<b>General Inquiries:</b>	Phone: 647-409-1771 Email: <a href="mailto:sonstkd@gmail.com">sonstkd@gmail.com</a>

## SCHEDULE PAGE 1

8:00 AM - 4:00 PM	ID Credentials Pickup – Weigh in			
8:15 AM - 8:30 AM	Referee Meeting			
8:30 AM - 8:45 AM	Coaches Meeting			
<b>COMPETITION BEGINS</b>				
Start Time	Event	Age	Belt Division	Ring
8:45 AM	Patterns Followed by Sparring	7 & 8 years old 6 & under	All Belts	On Deck
9:45 AM	Patterns Followed by Sparring	6 & under	All Belts	On Deck
10:45 AM	Patterns Followed by Sparring	15 to 17 years old	All Blackbelts	On deck
11:45 AM	Patterns Followed by Sparring	9 & 10 years old	All Color Belt -Males	On Deck
1:15PM	Patterns Followed by Sparring	9 & 10 years old	All Black Belt - Females All Black Belts	On Deck
3:00 PM	Patterns Followed by Sparring	11 & 12 years old	All Color Belt	On Deck
4:00 PM	Patterns Followed by Sparring	11 & 12 years old	All Black Belt	On Deck
4:45 PM	Patterns Followed by Sparring	13 & 14 years old	All Belts	On Deck
5:15 PM	Patterns Followed by Sparring	15 to 17 years old	All Color Belts	On Deck
5:30 PM	Patterns Followed by Sparring	18 to 29 years old 30 to 39 years old 40+ years old	All Belts	On Deck

Please Arrive \* 30mins prior to **your own** division start time!!



**COMPETITION RULES****COLOR BELTS****Patterns**

- Participants may only perform the recognized Kukkiwon approved Taegeuk patterns
- Combination movements and ITF patterns are NOT allowed
- Maximum of 8 participants per division with single elimination

**Sparring**

- Matches will consist of 2 Rounds with Sudden Death if necessary. – 45 seconds with 15 second break (Previous World Taekwondo Rules)
- NO head contact will be permitted
- Maximum of 8 participants per division with single elimination

Tournament Host reserves the right to separate or combine the divisions at their discretion based on age, weight, height and other discretionary factors

**BLACK BELTS****Patterns**

- Participants may only perform the recognized Kukkiwon approved black belt patterns
- Executive Divisions will perform a second black belt pattern of their choice

**Sparring**

- Matches will consist of 2 Rounds with Sudden Death if necessary – 45 seconds with 15 second break (Previous World Taekwondo Rules)
- No High Performance
- Tournament Host reserves the right to separate or combine the divisions at their discretion based on age, weight, height and other discretionary factors

## PATTERNS DIVISIONS

COLOR BELT						
Mandatory Patterns		Taegeuk 1	Taegeuk 2 or 3	Taegeuk 4 or 5	Taegeuk 6 or 7	Taegeuk 7 or 8
Age	Male / Female	Belt	Belt	Belt	Belt	Belt
6 & Under	Separate	White / Yellow Stripe	Yellow / Green Stripe	Green / Blue Stripe	Blue / Red Stripe	Red / Black Stripe
7 & 8	Separate					
9 & 10	Separate					
11 & 12	Separate					
13 & 14	Separate					
15 to 17	Separate					
18 to 29	Separate					
30 to 39	Separate					
40 +	Separate					

BLACK BELT		
Age	Male /Female	Mandatory Patterns
6 & Under 7 & 8 9 & 10 11 & 12 Youth	Separate	1 <sup>ST</sup> DAN / POOM KORYO
13 to 14 Cadet	Separate	2 <sup>ND</sup> DAN / POOM GEUMGANG
15 to 17 Junior	Separate	3 <sup>RD</sup> DAN / POOM TAEBAEK
18 to 29 Senior	Separate	4 <sup>TH</sup> DAN / POOM PYONGWON
30 to 39 Executive 1	Separate	5 <sup>TH</sup> DAN SIPJIN
40 + Executive 2	Separate	6 <sup>TH</sup> DAN JITAE

## SPARRING DIVISIONS

COLOR BELT							
Age	Male Female	Weight	Belt	Belt	Belt	Belt	Belt
6 & Under	Separate	Light/Heavy	White / Yellow Stripe	Yellow / Green Stripe	Green/ Blue Stripe	Blue / Red Stripe	Red / Black Stripe
7 & 8	Separate	Light/Heavy					
9 & 10	Separate	Light/Heavy					
11 & 12	Separate	Light/Heavy					
13 & 14	Separate	Light/Heavy					
15 to 17	Separate	Light/Heavy					
18 to 29	Separate	Light/Heavy					
30 to 39	Separate	Light/Heavy					
40 +	Separate	Light/Heavy					
RECREATIONAL BLACK BELT (HIGH SECTION NOT PERMITTED)							
Age		Male / Female	Weight				
7 & 8		Separate	Light / Middle / Heavy				
9 & 10		Separate	Light / Middle / Heavy				
11 & 12		Separate	Light / Middle / Heavy				
13 & 14		Separate	Light / Middle / Heavy				
15 to 17 (Junior)		Separate	Light / Middle / Heavy				
18 to 29 (Senior)		Separate	Light / Middle / Heavy				
30 to 39 (Executive 1)		Separate	Light / Middle / Heavy				
40 + (Executive 2)		Separate	Light / Middle / Heavy				

## COACH REGISTRATION FORM

### COACHING PASS POLICY

Each registered Taekwondo school with competitors in Son's Premier Taekwondo Championship will receive 1 free coaching pass to the competition floor. Additional coaching passes can be purchased at \$20.00 CAD each with a maximum of 5 coaching passes per registered Taekwondo school. The Coach Registration Form must be completed and received by Monday April 29<sup>th</sup>, 2024. All coaches must be black belts registered with Kukkiwon.

**Taekwondo School:** \_\_\_\_\_ **Master / Instructor:** \_\_\_\_\_

**Address:** \_\_\_\_\_ **Phone:** \_\_\_\_\_

**Coach Name #1:** \_\_\_\_\_ **Kukkiwon #:** \_\_\_\_\_

**Coach Name #2:** \_\_\_\_\_ **Kukkiwon #:** \_\_\_\_\_

**Coach Name #3:** \_\_\_\_\_ **Kukkiwon #:** \_\_\_\_\_

**Coach Name #4:** \_\_\_\_\_ **Kukkiwon #:** \_\_\_\_\_

**Coach Name #5:** \_\_\_\_\_ **Kukkiwon #:** \_\_\_\_\_