



ULTIMATE

TAEKWONDO CHAMPIONSHIP



DATE: SEPTEMBER 16, 2023

LOCATION: YORK UNIVERSITY TAIT MCKENZIE CENTRE (FIELD HOUSE)

1 THOMPSON ROAD, NORTH YORK, ON, M3J 1P3

FOR MORE INFO: 905.737.0881 OR MYUNGSTKD@GMAIL.COM

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SAM M. KHANG
Chartered Accountant




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This contest is sanctioned by Taekwondo Ontario, the provincial sport organization (PSO) officially recognized by the province of Ontario



To All Masters, Instructors and Students;

You are invited to participate in Master Myung's 2023 Ultimate Taekwondo Championship to be held on **Saturday September 16th, 2023 at York University Tait McKenzie Centre (Field House)** 1 Thompson Road, North York, Ontario. This Contest is **Sanctioned by Taekwondo Ontario, the Provincial Sport Organization (PSO) officially recognized by the Province of Ontario.**

The Championship's event will consist of:

- **Poomsae and Sparring Events**
- **Recreational Colour Belt and Black Belt Divisions (No High Performance)**
- **Medals and Participation Certificates**

Please note that all competitors must be current 2023-2024 members of Taekwondo Ontario.

Registration for Colour Belt & Recreational Black Belt competitors will be \$90 for 1 or more event(s). Each school will be granted one coach pass at no cost with at least 10 competitors. Each additional coach pass will be \$25. To register, please go login to your Taekwondo Ontario account by **September 10, 2023**. There will be no competitor or coach registrations on the day of the Championship.

All colour and black belt sparring athletes are required to have white WT style uniform/equipment, helmet, shin & arm guards, instep, groin protectors and mouth guard.

Enclosed, you will find your Championship package to include:

- Sponsors/Information Sheet
- Schedule / Competition Rules
- Divisions
- Directions & Hotel
- Registration Forms/
Parking Info

If you have any questions or concerns, please feel free to contact me at the number listed below. We look forward to seeing you at the Championship.

Sincerely,



Master Hwa Sun Myung
Championship Host



Master Edward Fong
Championship Director



Sponsors





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Thornhill, Ontario, L4J 1A1

Sonia Paik 백소열
(416)880-8693
Sales and Leasing Representative

SAM M. KHANG

Chartered Accountant



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Information Sheet

- Host:** Master Hwa-Sun Myung
- Venue:** York University Tait Mckenzie Centre (Field House Inside)
1 Thompson Road
North York, ON M3J 1P3
- Date:** Saturday September 16, 2023
- Time:** Championship begins @ 8:00 am
- Registration:** Deadline September 10, 2023
- Fees:** Athletes: \$90 - 1 or more events
Coaches: One Free coach pass for each school for every 10 athletes;
\$25 for each additional pass
- NO competitor or coach registrations will be available on Championship Day
- TO Membership:** All competitors must be current 2023-2024 members of the Taekwondo Ontario. Register at
<http://www.members.taekwondo-Ontario.com/register/individual>
- Spectator Fee:** Spectators over 6 years old: \$10; 5 years old and under: FREE
- Awards:** Poomsae Divisions: 1st, 2nd, 3rd, 3rd
Sparring Divisions: 1st, 2nd, 3rd, 3rd
Participation Certificates
- Mandatory Equipment:** All Colour and Black Belt sparring athletes : White WT style uniform/
equipment, helmet, shin & arm guards, instep, groin protectors and mouth
guard.
- GLASSES: SPORTS GOGGLES OR FACEMASK REQUIRED.
- BRACES: You must have UPPER AND LOWER MOUTHGUARD for top and
bottom Braces.
- General Inquiries:** **MASTER MYUNG'S TAEKWONDO ACADEMY**
Master Edward Fong – Championship Director
460 Elgin Mills Road East, #14, Richmond Hill, ON L4C 5E7
Tel. 905-737-0881 Fax. 905-471-5068
Email: myungstkd@gmail.com
Website: www.myungstkd.com



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Schedule/Competition Rules

7:45	Official's Meeting
8:00	Opening Ceremonies/Championship Begins
8:10	6 & Under; 18+ (All Colour & Black Belts)
TBA	7 & 8 White/Yellow/Green
TBA	7 & 8 Blue/Red/Black
TBA	9 & 10 White/Yellow/Green
TBA	9 & 10 Blue/Red/Black
TBA	11 & 12 White/Yellow/Green
TBA	11 & 12 Blue/Red/Black
TBA	13 & 14 (All Colour & Black Belts)
TBA	15 & 17 (All Colour & Black Belts)

*****Times can be changed and is to be used as a general guideline. Divisions will not start anytime before the time slots above. Times will be provided once registration closes. Will be Posted on September 12, 2023 our Social Media (Facebook and Instagram)***

SPARRING COMPETITION RULES

Colour and Black Belt Divisions

- Taekwondo Ontario competition rules; Age & weight divisions will be applied accordingly; No Head Contact
- Best 2 out of 3 format
- Colour Belts: 6 & Under – 2 rounds x 45 sec; 7 & Up – 2 rounds x 1 minute
- All Black Belts: 2 rounds x 1 minutes
- Electronic scoring system will be used

POOMSAE COMPETITION RULES

Colour and Black Belt Divisions

- Mandatory WT Colour and Black Belt Poomsae will be followed
- Point Scoring Method



Championship Divisions

World Taekwondo Poomsae – <u>Mandatory</u> Colour Belt Divisions							
Age	Male/ Female	Taegeuk 1 or 2	Taegeuk 2 or 3	Taegeuk 4 or 5	Taegeuk 6 or 7	Taegeuk 7 or 8	See Below
6 & Under	Separate	White – Yellow Stripe Gup 10-9	Yellow – Green Stripe Gup 8-7	Green – Blue Stripe Gup 6-5	Blue– Red Stripe Gup 4-3	Red – Black Stripe Gup 2-1	Black Belt and up
7 & 8	Separate						
9 & 10	Separate						
11 & 12	Separate						
13 to 14	Separate						
15 to 17	Separate						
18 to 30	Separate						
31 to 40	Separate						
41 & Up	Separate						
World Taekwondo Poomsae – Black Belt <u>Recommended</u> Poomsae							

1st Dan/Poom
 2nd Dan/Poom
 3rd Dan/Poom
 4th Dan/Poom
 5th Dan
 6th Dan
 7th Dan
 8th Dan

Koryo
 Geumgang
 Taebaek
 Pyongwon
 Sipjin
 Jitae
 Chonkwon
 Hansoo

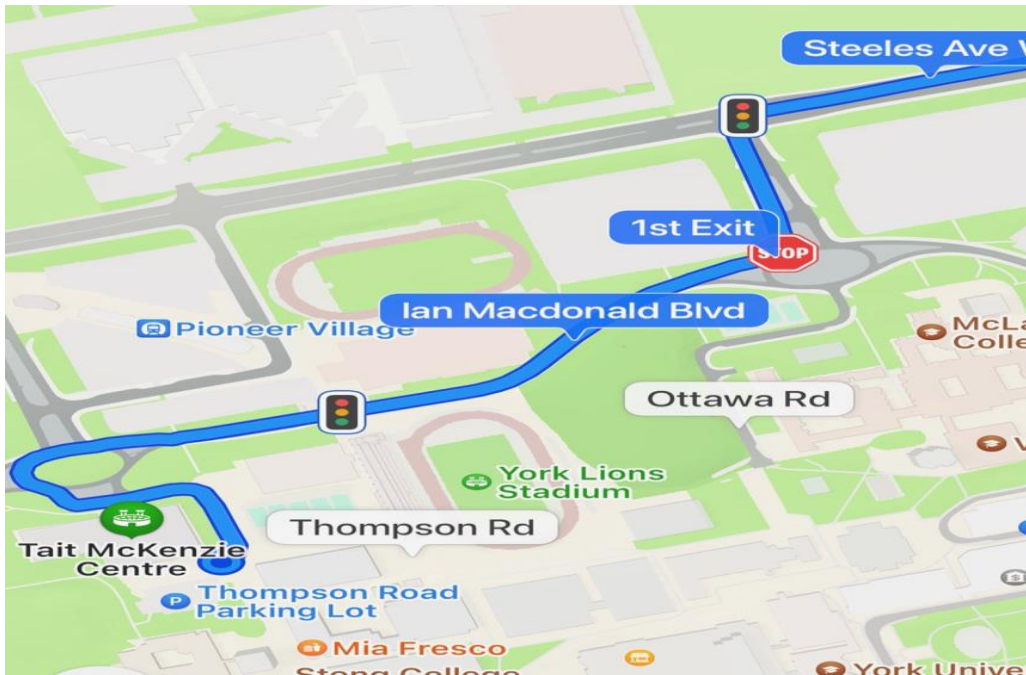


Championship Divisions

Sparring – Colour Belt and Black Belt Divisions								
Age	Male/Female	Weight	Belt	Belt	Belt	Belt	Belt	Belt
6 & Under	Separate	Light/ Heavy	White – Yellow Stripe Gup 10-9	Yellow – Green Stripe Gup 8-7	Green – Blue Stripe Gup 6-5	Blue– Red Stripe Gup 4-3	Red – Black Stripe Gup 2-1	Black Belt and Up
7 & 8	Separate	Light/Heavy						
9 & 10	Separate	Light/Heavy						
11 & 12	Separate	Light/Heavy						
13 to 14	Separate	Light/Heavy						
15 to 17	Separate	Light/Heavy						
18 to 30	Separate	Light/Heavy						
31 to 40	Separate	Light/Heavy						
41 & Up	Separate	Light/Heavy						



Directions & Hotel



YORK UNIVERSITY TAIT MCKENZIE CENTRE (FIELD HOUSE)
1 THOMPSON ROAD, NORTH YORK

Hotels nearby, No Block reserved.



**Best Western Toronto North York
Hotel and Suites 50 Norfinch Drive
North York, ON M3N 1X1
Phone: 416-663-9500**



**Holiday Inn Express
30 Norfinch Drive North York, ON
M3N 1X1 Phone: 416-665-3500**



Athlete Registration

Name: _____

E-mail: _____

Phone #: _____

Age:

Sex:

Belt Colour:

Taekwondo School: _____

Coach: _____

Fee: \$90 - 1 or 2 events: Poomsae Sparring

TO Member:

Age Division (select one)

6 & under

15 to 17

7 & 8

18 to 30

9 & 10

31 to 40

11 & 12

41 & up

13 & 14

Belt Rank (Circle one)

White-Yellow Stripe (Gup 10-9)

Yellow to Green Stripe (Gup 8-7)

Green to Blue Stripe (Gup 6-5)

Blue to Red Stripe (Gup 4-3)

Red to Black Stripe (Gup 2-1)

Black Belt +

Liability Waiver: I, _____ have read the rules and hereby submit my application for registration in Myung's 2023 Ultimate Taekwondo Championship on September 16, 2023, hosted by Master Myung's Taekwondo Academy.

I release, hold harmless and indemnify Master Myung's Taekwondo Academy from and against all claims, actions, costs and expenses and demand in respect to death, injury, loss or damage to my person or property, whosoever and howsoever caused, arising out of or in connection with my taking part in the event and notwithstanding that the same may have been contributed to or occasioned by any act or failure to act including, without limitation, of Master Myung's Taekwondo Academy or any of its staff. I further agree, that any pictures taken of or by me in connection with the said Championship can be used by the Championship Director for publicity or promotion without compensation at this or any other time.

Signature or Signature Parent/Guardian (if under 18 years): _____

Date: _____

POOMSAE

Name: _____

TKD School: _____

Age Division: _____

Belt: _____ Poomsae: _____

Points: _____

Place: _____

SPARRING

Name: _____

TKD School: _____

Age Division: _____

Belt: _____ Weight: _____

Place: _____



Coach's Registration

2023 Ultimate Taekwondo Championship

September 16, 2023

Each Taekwondo school participating in Myung's 2023 Ultimate Taekwondo Championship will be granted one free coach pass for every 10 athletes by registering before September 10, 2023.

Additional coach passes will cost \$25. There is **NO COACH REGISTRATION ON CHAMPIONSHIP DAY!** All coaches must be black belts and registered with Kukkiwon and a member of the Taekwondo Ontario in good standing. No one will be allowed on the floor without a coach's pass. **NO EXCEPTIONS!**

Name: _____

E-mail: _____ Phone No. _____

Black Belt Level: Dan/Poom Kukkiwon Certificate No.

Taekwondo School: _____

Master or Instructor: _____

Fee: \$25 (Registration fees are non-refundable)

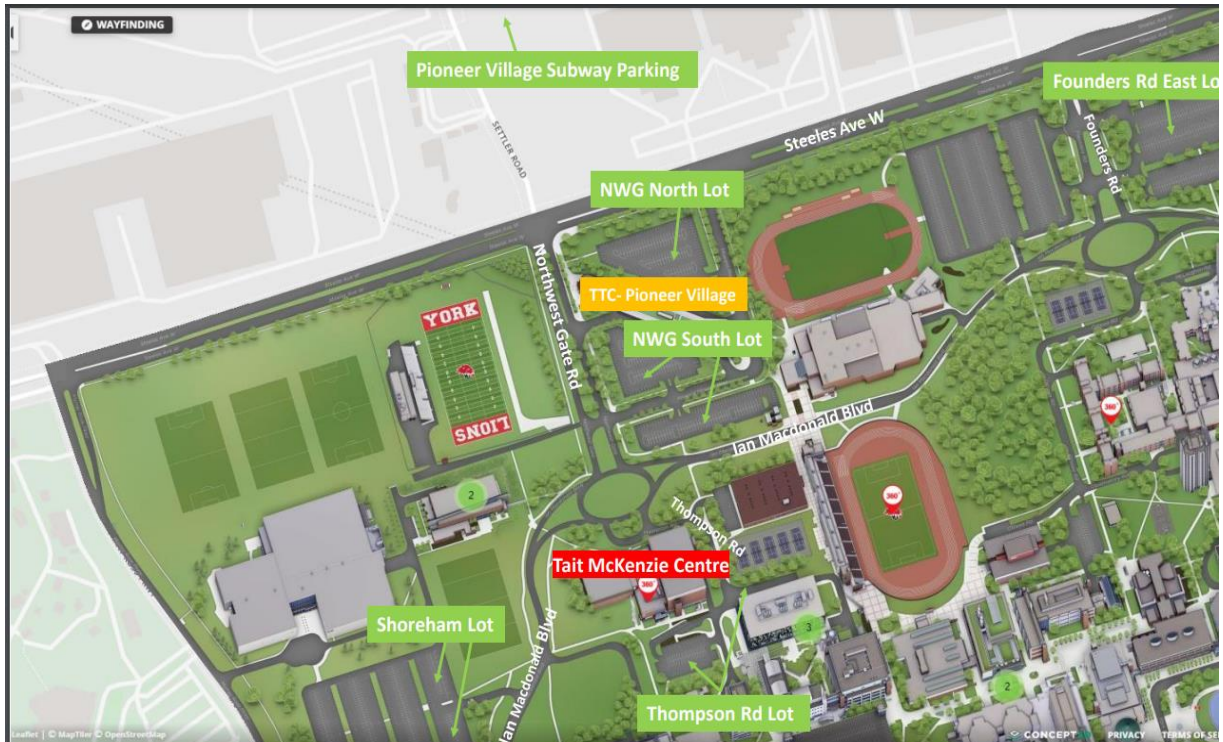
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I release, hold harmless and indemnify Master Myung's Taekwondo Academy from and against all claims, actions, costs and expenses and demand in respect to death, injury, loss or damage to my person or property, whosoever and howsoever caused, arising out of or in connection with my taking part in the event and notwithstanding that the same may have been contributed to or occasioned by any act or failure to act including, without limitation, of Master Myung's Taekwondo Academy or any of its staff. I further agree, that any pictures taken of or by me in connection with the said Championship can be used by the Championship Director for publicity or promotion without compensation at this or any other time.

Signature or Signature Parent/Guardian (if under 18 years): _____

Date: _____



Lot Prices

\$10/day on Weekdays, \$7/day on Saturdays and \$5/day on Sundays

- Thompson Rd Lots
- North West Gate North & South Lots
- Founders East Lot

\$10/day

- Shoreham Lot (Beside Canlan Ice Sports)
- Pioneer Subway Station FREE

All patrons are expected to pay for parking. Failure to comply with the York University Parking & Traffic Rules and Regulations, may result in the issuance of a City of Toronto parking violation.