



THIS CONTEST IS SANCTIONED BY TAEKWONDO ONTARIO, THE PROVINCIAL ORGANIZATION (PSO) OFFICIALLY RECOGNIZED BY THE PROVINCE OF ONTARIO PRESENTS



2023 CANADIAN

# SPORT TKD

## OPEN CHAMPIONSHIP

**MARCH 11<sup>TH</sup>**

2023 - 8AM-9PM

TOURNAMENT SITE :  
**MARKHAM PAN AM CENTRE**

16 MAIN ST UNIONVILLE, ON L3R 2E4

HOSTED BY :  
**SPORT TKD INC.**



HOST

**MASTER IN KYUNG KIM**  
TAEKWONDO ONTARIO ASSOCIATION PRESIDENT

FOR MORE INFO

604 COLLEGE STREET TORONTO  
ONTARIO, M6G 1B4

TEL : 416.536.8787  
ONTWORLDTKD@GMAIL.COM



**Dear Masters, Instructors, and Taekwondo Practitioners;**

It is our pleasure to invite you to the 2023 Sport Taekwondo Open Championship to be held at Markham Pan Am Centre in Markham, Ontario on March 11<sup>th</sup>, 2023. This is a fully sanctioned Taekwondo Ontario (“TO”) event and TO competition rules will be in effect for all color belt and recreational black belt divisions.

The main goal of the competition is to provide athletes of all abilities an opportunity to compete and develop their abilities in a competitive and nurturing environment.

Enclosed, please find the attached tournament package with details regarding registration methods, deadlines, tournament rules etc. Should you have any questions or concerns, please do not hesitate to contact us.

We look forward to seeing you in March!!

Respectfully,

Master In Kyung Kim  
Tournament Host





## INFORMATION SUMMARY

### Tournament Venue

**Markham Pan Am Centre**  
16 Main Street, Unionville, Markham  
Ontario, L3R 2E5, Canada

### ID Credentials

Saturday March 11, 2023

### Pickup:

8:00 AM – 5:00 PM

### Start Time:

Saturday March 11, 2023 – Competition Starts – 9:00 AM

### Registration:

#### ONLINE REGISTRATION ONLY

Online: <http://members.taekwondo-ontario.com/event/XX/>

\*Participants outside of Ontario, please contact us via email [worldtkd@yahoo.com](mailto:worldtkd@yahoo.com)\*

### Deadline:

All registrations must be received by March 11<sup>th</sup>, 2023. Please note that NO registrations will be accepted at the door the day of the tournament.

### Fees:

**Competitor:** \$90.00 (one or two events) – Color Belts / Recreational Black Belts

**Coach:** \$25.00 (one free pass per school and \$25.00 per each additional coach pass up to a maximum of 5)

**Spectator:** \$10.00 (Children 6 and under free)

### Insurance:

All participants must be members in good standing with the Taekwondo Ontario ("TO"). Non-residents of Ontario competitors must provide proof of insurance or purchase one day insurance from TO at \$36.32. Ontario residents can obtain membership through the link below

<https://members.taekwondo-ontario.com/register/individual>

### Mandatory Equipment:

WT V-neck white uniform, head protector, chest protector, groin protector, forearm guards, shin guards, instep guards and mouth guard for all belts. KPNP Sensor Socks (Black Belt High Performance only)

### Cancellations:

Cancellations will not be accepted under any circumstances after the registration has been submitted and no refunds will be granted.

### General Inquiries:

**Host:** Master In Kyung Kim  
Taekwondo Ontario President

**Phone:** 416-536-8787

**Email:** [worldtkd@yahoo.com](mailto:worldtkd@yahoo.com)







## SCHEDULE PAGE 1

8:00 AM - 4:00 PM	ID Credentials Pickup			
8:15 AM - 8:30 AM	Referee Meeting			
8:30 AM - 8:45 AM	Coaches Meeting			
<b>COMPETITION BEGINS</b>				
Time	Event	Age	Belt Division	Ring
09:00 to 10:30 AM	Patterns	6 & under	All Colour Belts	On deck
		7 & 8 years old	White / Yellow Stripe Yellow / Green Stripe	On deck
10:00 to 10:45 AM	Patterns	7 & 8 years old	Green / Blue Stripe Blue / Red Stripe Red / Black Stripe	On deck
10:30 to 11:20 AM	Sparring	10 & under (Youth)	Black Belt Recreational	On deck
10:50 to 11:30 AM	Sparring	6 & under	All Colour Belts	On deck
11:00 to 12:00 PM	Sparring	7 & 8 years old	White / Yellow Stripe Yellow / Green Stripe / Green Blue Stripe / Blue / Red Stripe Red / Black Stripe	On deck
11:45 to 12:30 PM	Patterns	10 & under (Youth)	Black Belt Recreational	On deck
01:00 to 02:00 PM	Sparring	11 to 12 years old 13 to 14 years old	Black Belt Recreational	On deck
01:15 to 01:45 PM	Patterns	9 & 10 years old	White / Yellow Stripe Yellow / Green Stripe Green / Blue Stripe	On deck
01:30 to 02:15 PM	Patterns	9 & 10 years old	Blue / Red Stripe Red / Black Stripe	On deck
02:00 to 03:00 PM	Patterns	11 to 12 years old 13 to 14 years old	Black Belt Recreational	On deck
01:45 to 02:30 PM	Sparring	9 & 10 years old	White / Yellow Stripe Yellow / Green Stripe Green / Blue Stripe	On deck
02:20 to 03:15 PM	Sparring	9 & 10 years old	Blue / Red Stripe Red / Black Stripe	On deck
02:30 to 05:00 PM	Patterns	15 to 17 years old (Junior)	Black Belt Recreational	On deck
	Sparring	15 to 17 years old (Junior)	Black Belt Recreational	On deck





## SCHEDULE PAGE 2

Time	Event	Age	Belt Division	Ring
03:15 to 04:00 PM	Patterns	11 to 12 years old	White / Yellow Stripe Yellow / Green Stripe Green / Blue Stripe	On deck
03:35 to 04:25 PM	Patterns	11 to 12 years old	Blue / Red Stripe Red / Black Stripe	On deck
04:15 to 05:15 PM	Sparring	11 to 12 years old	White / Yellow Stripe Yellow / Green Stripe Green / Blue Stripe	On deck
05:05 to 05:55 PM	Sparring	11 to 12 years old	Blue / Red Stripe Red / Black Stripe	On deck
04:15 to 05:20 PM	Patterns	13 to 14 years old	All Colour Belts	On deck
	Sparring			
05:15 to 06:30 PM	Patterns	15 to 17 years old	All Colour Belts	On deck
	Sparring			
	Patterns	18 to 30 years old	All Colour Belts	On deck
	Patterns	31 to 40 years old	All Colour Belts	On deck
	Patterns	41+ years old	All Colour Belts	On deck
	Sparring	18+ years old	All Colour Belts	On deck
05:00 PM – 09:00 PM	Patterns	18 to 30 years old	Black Belt Recreational	On deck
	Patterns	31 to 40 years old	Black Belt Recreational	On deck
	Sparring			
	Patterns	41+ years old	Black Belt Recreational	On deck
Sparring				





## COMPETITION RULES

### COLOR BELTS

#### Patterns

- Participants may only perform the recognized Kukkiwon approved Taegeuk patterns
- Combination movements and ITF patterns are NOT allowed
- Maximum of 4 participants per division with single elimination

#### Sparring

- All matches will be best 2 out of 3 rounds to determine the winner
- Rounds will be 45 seconds with 15 seconds rest.
- NO head contact will be permitted
- Maximum of 4 participants per division with single elimination
- Tournament Host reserves the right to separate or combine the divisions at their discretion based on age, weight, height and other discretionary factors

### BLACK BELTS

#### Patterns

- Participants may only perform mandatory Kukkiwon approved Black belt patterns

#### Sparring

- All matches will be best 2 out of 3 rounds to determine the winner
- Rounds will be 45 seconds with 15 seconds rest
- NO head contact will be permitted
- Maximum of 4 participants per division with single elimination
- Tournament Host reserves the right to separate or combine the divisions at their discretion based on age, weight, height and other discretionary factors





## PATTERNS DIVISIONS

COLOR BELT						
Mandatory Patterns		Taegeuk 1	Taegeuk 2 or 3	Taegeuk 4 or 5	Taegeuk 6 or 7	Taegeuk 7 or 8
Age	Male / Female	Belt	Belt	Belt	Belt	Belt
6 & Under	Separate	White / Yellow Stripe	Yellow / Green Stripe	Green / Blue Stripe	Blue / Red Stripe	Red / Black Stripe
7 & 8	Separate					
9 & 10	Separate					
11 & 12	Separate					
13 & 14	Separate					
15 to 17	Separate					
18 to 30	Separate					
31 to 40	Separate					
41 +	Separate					

BLACK BELT			
Age	Male /Female	Mandatory Patterns	
6 & Under	Separate	1ST DAN / POOM	KORYO
7 & 8	Separate	2ND DAN / POOM	GEUMGANG
9 & 10	Separate	3RD DAN / POOM	TAEBAEK
11 & 12	Separate	4TH DAN / POOM	PYONGWON
13 & 14	Separate	5TH DAN / POOM	SIPJIN
15 to 17	Separate	6TH DAN / POOM	JITAE
18 to 30	Separate		
31 to 40	Separate		
41 +	Separate		





## SPARRING DIVISIONS

COLOR BELT							
Age	Male Female	Weight	Belt	Belt	Belt	Belt	Belt
6 & under	Separate	Light/Heavy	White / Yellow Stripe	Yellow / Green Stripe	Green/ Blue Stripe	Blue / Red Stripe	Red / Black Stripe
7 & 8	Separate	Light/Heavy					
9 & 10	Separate	Light/Heavy					
11 & 12	Separate	Light/Heavy					
13 & 14	Separate	Light/Heavy					
15 to 17	Separate	Light/Heavy					
18 +	Separate	Light/Heavy					
RECREATIONAL BLACK BELT (HIGH SECTION NOT PERMITTED)							
Age	Male / Female	Weight					
6 & under	Separate	Light / Middle / Heavy					
7 & 8	Separate	Light / Middle / Heavy					
9 & 10	Separate	Light / Middle / Heavy					
11 & 12	Separate	Light / Middle / Heavy					
13 & 14	Separate	Light / Middle / Heavy					
15 to 17	Separate	Light / Middle / Heavy					
18 +	Separate	Light / Middle / Heavy					







## COACH REGISTRATION FORM

### COACHING PASS POLICY

Each registered Taekwondo school with competitors in 2023 Sport Taekwondo Open Championship will receive 1 free coaching pass to the competition floor. Additional coaching passes can be purchased at \$25.00 CAD each with a maximum of 5 coaching passes per registered Taekwondo school. The Coach Registration Form must be completed and received by March 06, 2023. All coaches must be black belts registered with Kukkiwon.

Taekwondo School: \_\_\_\_\_ Master / Instructor: \_\_\_\_\_

Address: \_\_\_\_\_ Phone: \_\_\_\_\_

Coach Name #1: \_\_\_\_\_ Kukkiwon #: \_\_\_\_\_

Coach Name #2: \_\_\_\_\_ Kukkiwon #: \_\_\_\_\_

Coach Name #3: \_\_\_\_\_ Kukkiwon #: \_\_\_\_\_

Coach Name #4: \_\_\_\_\_ Kukkiwon #: \_\_\_\_\_

Coach Name #5: \_\_\_\_\_ Kukkiwon #: \_\_\_\_\_





## PARKING AND DIRECTIONS

