



# SON'S PREMIER TAEKWONDO CHAMPIONSHIPS

SATURDAY MAY 7th 2022

Brampton Soccer Centre  
1495 Sandalwood PKWY E  
Brampton, ON L6R 0K2



THE TAEKWONDO ONTARIO ASSOCIATION IS OFFICIALLY RECOGNIZED  
BY THE MINISTRY OF HEALTH PROMOTION.

THIS CONTEST IS SANCTIONED BY TAEKWONDO ONTARIO, THE PROVINCIAL SPORT  
ORGANIZATION (PSO) OFFICIALLY RECOGNIZED BY THE PROVINCE OF ONTARIO.

[WWW.SONSTKD.COM](http://WWW.SONSTKD.COM)

# SON'S PREMIER TAEKWONDO CHAMPIONSHIP

Dear Masters, Instructors, and Taekwondo Practitioners;

It is with great pleasure that we invite you to the 2022 Son's Premier Taekwondo Championship to be held at Brampton Soccer Centre in Brampton, Ontario on Saturday, May 7<sup>th</sup>, 2022. This event is a fully sanctioned Taekwondo Ontario ("TO") event and as such, World Taekwondo ("WT") competition rules will be in effect for all black belt divisions and TO competition rules for all color belt divisions.

It takes considerable determination and discipline to participate and excel in Taekwondo. It is our objective for participants attending our championship not only to test their skills, knowledge and techniques against their fellow Taekwondo brothers and sisters, but to learn and grow from an enriching and positive experience in their personal quest for Taekwondo excellence.

Enclosed, please find the attached tournament package with details regarding registration methods, deadlines, tournament rules, etc. Should you have any questions or concerns, please do not hesitate to contact us.

We look forward to seeing you this May!

Respectfully,



*Grand Master Tae Hwan Son*  
*Tournament Host*

**Brampton Soccer Centre**  
**Saturday, May 7, 2022**



# SON'S PREMIER TAEKWONDO CHAMPIONSHIP

## INFORMATION SUMMARY

### Tournament Site

#### **Brampton Soccer Centre**

1495 Sandalwood Pkwy E, Brampton  
Ontario, L6R 0K2 Canada

### ID Credentials

#### **Pickup:**

Saturday, May 7th, 2022

8:00 AM – 4:00 PM

#### **Start Time:**

8:45 AM

#### **Registration:**

#### **Mail / In-Person Drop Off:**

Son's Taekwondo Academy  
4600 Hwy 7, Suite 10 Lower Level Woodbridge,  
Ontario L4L 4Y7

### Deadline:

**Online:** <https://members.taekwondo-ontario.com/event/42/>

All registrations must be received by Friday April 29<sup>th</sup>, 2022. Please note that NO registrations will be accepted at the door the day of the tournament.

### Fees:

#### **Competitor:**

\$75.00 (one or two events) Color Belts

\$85.00 (one or two events) Black Belts

#### **Coach:**

\$20.00 (one free pass per school and \$20.00 per each additional coach pass up to a maximum of 5)

#### **Spectator:**

\$10.00 (Children 6 and under free)

### Insurance:

All participants must be members in good standing with the Ontario Taekwondo Association ("OTA"). Non-residents of Ontario competing must provide proof of insurance or purchase one day insurance from the OTA at \$35.00. Membership forms are included in the package or can be downloaded on the OTA website.

<https://members.taekwondo-ontario.com/register/individual>

### Mandatory Equipment:

WTF v-neck white uniform, head protector, chest protector, groin protector, forearm guards, shin guards, instep guards and mouth guard for all belts.

### Cancellations:

Cancellations will not be accepted under any circumstances after the registration has been submitted and no refunds will be granted.

### General Inquiries:

#### **Phone:**

647-409-1771

#### **Email:**

[sonstkd@gmail.com](mailto:sonstkd@gmail.com)

#### **Facebook:**

<https://www.facebook.com/sonsptc>

**Brampton Soccer Centre**  
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# SON'S PREMIER TAEKWONDO CHAMPIONSHIP

## SCHEDULE PAGE 1

8:00 AM - 4:00 PM	ID Credentials Pickup – Weigh in			
8:15 AM - 8:30 AM	Referee Meeting			
8:30 AM - 8:45 AM	Coaches Meeting			
COMPETITION BEGINS				
Start Time	Event	Age	Belt Division	Ring
08:45 AM – 11:15 AM	Patterns Followed by Sparring	7 & 8 years old	All Belts	On deck
09:15 AM – 11:15 AM	Patterns Followed by Sparring	15 to 17 years old	All Belts	On deck
11:45 AM – 1:30 PM	Patterns Followed by Sparring	9 & 10 years old	All Color Belt	On deck
12:00 PM – 1:45 PM	Patterns Followed by Sparring	9 & 10 years old	All Black Belt	On deck
2:15 PM – 4:00 PM	Patterns Followed by Sparring	11 & 12 years old	All Color Belt	On deck
2:30 PM – 4:00 PM	Patterns Followed by Sparring	11 & 12 years old	All Black Belt	On deck
4:30 PM – 6:30 PM	Patterns Followed by Sparring	13 & 14 years old	All Belts	On deck
5:00 PM – 6:30 PM	Patterns Followed by Sparring	18 to 29 years old 30 to 39 years old 40+ years old	All Belts	On deck

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# SON'S PREMIER TAEKWONDO CHAMPIONSHIP

## COMPETITION RULES

### COLOR BELTS

#### Patterns

- Participants may only perform the recognized Kukkiwon approved Taegeuk patterns
- Combination movements and ITF patterns are NOT allowed
- Maximum of 4 participants per division with single elimination

#### Sparring

- 14 years old and under: 2 rounds x 45 seconds with 15 seconds rests
- 15 years old and over: 2 rounds x 1 minute with 15 seconds rests
- NO head contact will be permitted
- Maximum of 4 participants per division with single elimination
- Tournament Host reserves the right to separate or combine the divisions at their discretion based on age, weight, height and other discretionary factors

### BLACK BELTS

#### Patterns

- Participants may only perform the recognized Kukkiwon approved black belt patterns
- Executive Divisions will perform a second black belt pattern of their choice

#### Sparring

- Matches will consist of 3 rounds x 45 seconds with 15 seconds rest in-between with NO permitted head contact for the following divisions:
  - ✓ Recreational Black Belts – Youth (6 and Under) (7 & 8) (9 & 10) (11 & 12)
  - ✓ Recreational Black Belts – Cadet (13 to 14 years old)
  - ✓ Recreational Black Belts – Junior (15 to 17 years old)
  - ✓ Recreational Black Belts – Senior (18 to 29 years old)
  - ✓ Recreational Black Belts – Executive 1 (30 to 39 years old)
  - ✓ Recreational Black Belts – Executive 2 (40 years old +)
- No High Performance
- Tournament Host reserves the right to separate or combine the divisions at their discretion based on age, weight, height and other discretionary factors

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# SON'S PREMIER TAEKWONDO CHAMPIONSHIP

## PATTERNS DIVISIONS

COLOR BELT						
Mandatory Patterns		Taegeuk 1	Taegeuk 2 or 3	Taegeuk 4 or 5	Taegeuk 6 or 7	Taegeuk 7 or 8
Age	Male / Female	Belt	Belt	Belt	Belt	Belt
7 & 8	Separate	White / Yellow Stripe	Yellow / Green Stripe	Green / Blue Stripe	Blue / Red Stripe	Red / Black Stripe
9 & 10	Separate					
11 & 12	Separate					
13 & 14	Separate					
15 to 17	Separate					
18 to 29	Separate					
30 to 39	Separate					
40 +	Separate					

BLACK BELT			
Age	Male /Female	Mandatory Patterns	
7 & 8 9 & 10 11 & 12 Youth	Separate	1 <sup>ST</sup> DAN / POOM	KORYO
13 to 14 Cadet	Separate	2 <sup>ND</sup> DAN / POOM	GEUMGANG
15 to 17 Junior	Separate	3 <sup>RD</sup> DAN / POOM	TAEBAEK
18 to 29 Senior	Separate	4 <sup>TH</sup> DAN / POOM	PYONGWON
30 to 39 Executive 1	Separate	5 <sup>TH</sup> DAN	SIPJIN
40 + Executive 2	Separate	6 <sup>TH</sup> DAN	JITAE

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## SPARRING DIVISIONS

COLOR BELT							
Age	Male Female	Weight	Belt	Belt	Belt	Belt	Belt
7 & 8	Separate	Light/Heavy	White / Yellow Stripe	Yellow / Green Stripe	Green/ Blue Stripe	Blue / Red Stripe	Red / Black Stripe
9 & 10	Separate	Light/Heavy					
11 & 12	Separate	Light/Heavy					
13 & 14	Separate	Light/Heavy					
15 to 17	Separate	Light/Heavy					
18 to 29	Separate	Light/Heavy					
30 to 39	Separate	Light/Heavy					
40 +	Separate	Light/Heavy					
RECREATIONAL BLACK BELT (HIGH SECTION NOT PERMITTED)							
Age		Male / Female	Weight				
7 & 8		Separate	Light / Middle / Heavy				
9 & 10		Separate	Light / Middle / Heavy				
11 & 12		Separate	Light / Middle / Heavy				
13 & 14		Separate	Light / Middle / Heavy				
15 to 17 (Junior		Separate	Light / Middle / Heavy				
18 to 29 (Senior)		Separate	Light / Middle / Heavy				
30 to 39 (Executive 1)		Separate	Light / Middle / Heavy				
40 + (Executive 2)		Separate	Light / Middle / Heavy				

## COMPETITOR REGISTRATION FORM

Name:	E-Mail:
Address:	Phone Number:
Taekwondo School:	Master/Instructor:

Gender:  M / F	Age:	Height:	Weight:
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**Registration Fee:** \$75 (One or Two Events) Color Belt  
\$85 (One or Two Events) Black Belt  
☐ Patterns ☐ Sparring

**OTA Member:** Yes No

\*Please Note that if you are not a member of the Ontario Taekwondo Association ("OTA"), you must provide proof of insurance or purchase one day insurance from the OTA.

### Belt Category: (Select One)

- |  |   |
|--|---|
| <input type="radio"/> White- Yellow Stripe | <input type="radio"/> Black 1 <sup>st</sup> Dan |
| <input type="radio"/> Yellow –Green Stripe | <input type="radio"/> Black 2 <sup>nd</sup> Dan |
| <input type="radio"/> Green – Blue Stripe  | <input type="radio"/> Black 3 <sup>rd</sup> Dan |
| <input type="radio"/> Blue – Red Stripe    | <input type="radio"/> Black 4 <sup>th</sup> Dan |
| <input type="radio"/> Red- Black Stripe    | <input type="radio"/> Black 5 <sup>th</sup> Dan |

### Liability Waiver

I, \_\_\_\_\_ have read the rules and hereby submit my application for registration in the Son's Premier Taekwondo Championship on May 7<sup>th</sup>, 2022, hosted by Son's Taekwondo Academy.

I release, hold harmless and indemnify Son's Taekwondo from and against all claims, actions, costs and expenses and demand in respect to death, injury, loss or damage to my person or property, whosoever and howsoever caused, arising out of or in connection with my taking part in the event and notwithstanding that the same may have been contributed to or occasioned by any act or failure to connection with the said Challenge can be used by the Taekwondo Director for publicity or promotion without compensation at this or any other time.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Signature of Parent/Guardian (if under 18 years): \_\_\_\_\_

Poomsae	Sparring
Name: _____	Name: _____
TKD School: _____	TKD School: _____
Age: _____ Belt: _____	Age: _____ Belt: _____
Division: _____	Division: _____



## COACH REGISTRATION FORM

### COACHING PASS POLICY

Each registered Taekwondo school with competitors in Son's Premier Taekwondo Championship will receive 1 free coaching pass to the competition floor. Additional coaching passes can be purchased at \$20.00 CAD each with a maximum of 5 coaching passes per registered Taekwondo school. The Coach Registration Form must be completed and received by April 29<sup>th</sup>, 2022. All coaches must be black belts registered with Kukkiwon.

**Taekwondo School:** \_\_\_\_\_ **Master / Instructor:** \_\_\_\_\_

**Address:** \_\_\_\_\_ **Phone:** \_\_\_\_\_

**Coach Name #1:** \_\_\_\_\_ **Kukkiwon #:** \_\_\_\_\_

**Coach Name #2:** \_\_\_\_\_ **Kukkiwon #:** \_\_\_\_\_

**Coach Name #3:** \_\_\_\_\_ **Kukkiwon #:** \_\_\_\_\_

**Coach Name #4:** \_\_\_\_\_ **Kukkiwon #:** \_\_\_\_\_

**Coach Name #5:** \_\_\_\_\_ **Kukkiwon #:** \_\_\_\_\_