



**SON'S PREMIER**

**TAEKWONDO**

**CHAMPIONSHIPS**

**SUNDAY MAY 3<sup>RD</sup> 2020**

**Brampton Soccer Centre  
1495 Sandalwood PKWY E  
Brampton, ON L6R 0K2**



THE TAEKWONDO ONTARIO ASSOCIATION IS OFFICIALLY RECOGNIZED BY THE MINISTRY OF HEALTH PROMOTION.

THIS CONTEST IS SANCTIONED BY TAEKWONDO ONTARIO, THE PROVINCIAL SPORT ORGANIZATION (PSO) OFFICIALLY RECOGNIZED BY THE PROVINCE OF ONTARIO.

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# SON'S PREMIER

# TAEKWONDO CHAMPIONSHIP 2020

Dear Master, Instructors, and Taekwondo Practitioners;

It is with great pleasure that we invite you to the 2020 Son's Premier Taekwondo Championship to be held at Brampton Soccer Centre in Brampton, Ontario on Sunday May, 3<sup>rd</sup>, 2020. This event is a fully sanctioned Taekwondo Ontario ("TO") event and as such, World Taekwondo ("WT") competition rules will be in effect for all black belt divisions and TO competition rules for all color belt divisions.

It takes considerable determination and discipline to participate and excel in Taekwondo. It is our objective for participants attending our championship not only to test their skills, knowledge and techniques against their fellow Taekwondo brothers and sisters, but to learn and grow from an enriching and positive experience in their personal quest for Taekwondo excellence.

Enclosed, please find the attached tournament package with details regarding registration methods, deadlines, tournament rule, etc. Should you have any questions or concerns, please do not hesitate to contact us.

We look forward to seeing you this May!

Respectfully,



*Grand Master Tae Hwan Son  
Tournament Host*

**Brampton Soccer Centre**  
**SUNDAY MAY 3, 2020**



## INFORMATION SUMMARY

|                               |  |
|-------------------------------|--|
| <b>Tournament Site</b>        | <b>Brampton Soccer Centre</b><br>1495 Sandalwood Pkwy E, Brampton<br>Ontario, L6R 0K2 Canada   |
| <b>ID Credentials Pickup:</b> | Sunday May 3 <sup>rd</sup> , 2020<br>8:00 AM – 4:00 PM   |
| <b>Start Time:</b>            | 8:45 AM  |
| <b>Registration:</b>          | <b>Mail / In-Person Drop Off:</b><br>Son's Taekwondo Academy<br>4600 Hwy 7, Suite 10 Lower Level Woodbridge,<br>Ontario L4L 4Y7<br><br><b>Online:</b> <a href="https://members.taekwondo-ontario.com/event/38/">https://members.taekwondo-ontario.com/event/38/</a>  |
| <b>Deadline:</b>              | All registrations must be received by Saturday April 25 <sup>th</sup> , 2020. Please note that NO registrations will be accepted at the door the day of the tournament.  |
| <b>Fees:</b>                  | <b>Competitor:</b> \$75.00 (one or two events) Color Belts<br>\$85.00 (one or two events) Black Belts<br><b>Coach:</b> \$20.00 (one free pass per school and \$20.00 per each additional coach pass up to a maximum of 5)<br><b>Spectator:</b> \$10.00 (Children 6 and under free)   |
| <b>Insurance:</b>             | All participants must be members in good standing with Taekwondo Ontario ("TO"). Non-residents of Ontario competing must provide proof of insurance or purchase one day insurance from the TO at \$35.00. Registration can be obtain via the link below by selecting Non-Ontario Resident / International Participant as the Club in the drop-down.<br><a href="https://members.taekwondo-ontario.com/register/individual">https://members.taekwondo-ontario.com/register/individual</a> |
| <b>Mandatory Equipment:</b>   | WT v-neck white uniform, head protector, chest protector, groin protector, forearm guards, shin guards, instep guards and mouth guard for all belts.   |
| <b>Cancellations:</b>         | Cancellations will not be accepted under any circumstances after the registration has been submitted and no refunds will be granted.   |
| <b>General Inquiries:</b>     | Phone: 647-409-1771<br>Email: <a href="mailto:sonstk@gmail.com">sonstk@gmail.com</a><br>Facebook: <a href="https://www.facebook.com/sonspc">https://www.facebook.com/sonspc</a>  |

**SCHEDULE PAGE 1**

| <b>8:00 AM - 4:00 PM</b>  | <b>ID Credentials Pickup</b> |   |                             |             |
|---------------------------|------------------------------|---|-----------------------------|-------------|
| <b>8:15 AM - 8:30 AM</b>  | <b>Referee Meeting</b>       |   |                             |             |
| <b>8:30 AM - 8:45 AM</b>  | <b>Coaches Meeting</b>       |   |                             |             |
| <b>COMPETITION BEGINS</b> |                              |   |                             |             |
| <b>Start Time</b>         | <b>Event</b>                 | <b>Age</b>  | <b>Belt Division</b>        | <b>Ring</b> |
| <b>08:45 AM</b>           | Sparring Patterns            | 6 & under   | All Belts                   | On deck     |
| <b>09:15 AM</b>           | Sparring Patterns            | 15 to 17 years old  | All Belts                   | On deck     |
| <b>09:30 AM</b>           | Sparring Patterns            | 18 to 29 years old<br>30 to 39 years old<br>40+ years old | All Belts                   | On deck     |
| <b>10:30 AM</b>           | Sparring Patterns            | 7 & 8 years old   | All Belts                   | On deck     |
| <b>12:00 PM</b>           | HP Sparring                  | Cadet (12 to 14)  | Black Belt High Performance | On deck     |
| <b>12:30 PM</b>           | Sparring Patterns            | 9 & 10 years old  | All Belts                   | On deck     |
| <b>02:30PM</b>            | Sparring Patterns            | 11 & 12 years old   | All Belts                   |             |
| <b>02:45 PM</b>           | HP Sparring                  | Junior (15 to 17)   | Black Belt High Performance | On deck     |
| <b>04:45 PM</b>           | Sparring Patterns            | 13 & 14 years old   | All Belts                   | On deck     |
| <b>05:15 PM</b>           | HP Sparring                  | Senior (15 to 17)   | Black Belt High Performance | On deck     |

### COLOR BELTS

#### Patterns

- Participants may only perform the recognized Kukkiwon approved Taegeuk patterns
- Combination movements and ITF patterns are NOT allowed
- Maximum of 4 participants per division with single elimination

#### Sparring

- 14 years old and under: 2 rounds x 45 seconds with 15 seconds rests
- 15 years old and over: 2 rounds x 1 minute with 15 seconds rests
- NO head contact will be permitted
- Maximum of 4 participants per division with single elimination
- Tournament Host reserves the right to separate or combine the divisions at their discretion based on age, weight, height and other discretionary factors

### BLACK BELTS

#### Patterns

- Participants may only perform the recognized Kukkiwon approved black belt patterns
- Executive Divisions will perform a second black belt pattern of their choice

#### Sparring

- Matches will consist of 3 rounds x 45 seconds with 15 seconds rest in-between with NO permitted head contact for the following divisions:
  - ✓ Recreational Black Belts – Youth (6 and Under) (7 & 8) (9 & 10) (11 & 12)
  - ✓ Recreational Black Belts – Cadet (13 to 14 years old)
  - ✓ Recreational Black Belts – Junior (15 to 17 years old)
  - ✓ Recreational Black Belts – Senior (18 to 29 years old)
  - ✓ Recreational Black Belts – Executive 1 (30 to 39 years old)
  - ✓ Recreational Black Belts – Executive 2 (40 years old +)
- Matches will consist of 3 rounds x 1 minutes with 30 seconds rest in-between with permitted head contact for the following divisions:
  - ✓ Black Belt High Performance – Cadet (12 to 14 years old)
  - ✓ Black Belt High Performance – Junior (15 to 17 years old)
  - ✓ Black Belt High Performance – Senior (18 to 29 years old)
- Tournament Host reserves the right to separate or combine the divisions at their discretion based on age, weight, height and other discretionary factors

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# TAEKWONDO CHAMPIONSHIP 2020

## PATTERNS DIVISIONS

| COLOR BELT         |               |                       |                       |                     |                   |                    |
|--------------------|---------------|-----------------------|-----------------------|---------------------|-------------------|--------------------|
| Mandatory Patterns |               | Taegeuk 1             | Taegeuk 2 or 3        | Taegeuk 4 or 5      | Taegeuk 6 or 7    | Taegeuk 7 or 8     |
| Age                | Male / Female | Belt                  | Belt                  | Belt                | Belt              | Belt               |
| 6 & Under          | Separate      | White / Yellow Stripe | Yellow / Green Stripe | Green / Blue Stripe | Blue / Red Stripe | Red / Black Stripe |
| 7 & 8              | Separate      |                       |                       |                     |                   |                    |
| 9 & 10             | Separate      |                       |                       |                     |                   |                    |
| 11 & 12            | Separate      |                       |                       |                     |                   |                    |
| 13 & 14            | Separate      |                       |                       |                     |                   |                    |
| 15 to 17           | Separate      |                       |                       |                     |                   |                    |
| 18 to 29           | Separate      |                       |                       |                     |                   |                    |
| 30 to 39           | Separate      |                       |                       |                     |                   |                    |
| 40 +               | Separate      |                       |                       |                     |                   |                    |

| BLACK BELT                                       |               |                            |          |
|--|---------------|----------------------------|----------|
| Age  | Male / Female | Mandatory Patterns         |          |
| 6 & Under<br>7 & 8<br>9 & 10<br>11 & 12<br>Youth | Separate      | 1 <sup>ST</sup> DAN / POOM | KORYO    |
| 13 to 14<br>Cadet                                | Separate      | 2 <sup>ND</sup> DAN / POOM | GEUMGANG |
| 15 to 17<br>Junior                               | Separate      | 3 <sup>RD</sup> DAN / POOM | TAEBAEK  |
| 18 to 29<br>Senior                               | Separate      | 4 <sup>TH</sup> DAN / POOM | PYONGWON |
| 30 to 39<br>Executive 1                          | Separate      | 5 <sup>TH</sup> DAN        | SIPJIN   |
| 40 +<br>Executive 2                              | Separate      | 6 <sup>TH</sup> DAN        | JITAE    |

**Brampton Soccer Centre**  
**SUNDAY MAY 3, 2020**



## SPARRING DIVISIONS

| COLOR BELT   |                      |                |                             |                             |                          |                         |                          |
|--|----------------------|----------------|-----------------------------|-----------------------------|--------------------------|-------------------------|--------------------------|
| Age  | Male<br>Female       | Weight         | Belt                        | Belt                        | Belt                     | Belt                    | Belt                     |
| 6 & under  | Separate             | Light/Heavy    | White /<br>Yellow<br>Stripe | Yellow /<br>Green<br>Stripe | Green/<br>Blue<br>Stripe | Blue /<br>Red<br>Stripe | Red /<br>Black<br>Stripe |
| 7 & 8  | Separate             | Light/Heavy    |                             |                             |                          |                         |                          |
| 9 & 10   | Separate             | Light/Heavy    |                             |                             |                          |                         |                          |
| 11 & 12  | Separate             | Light/Heavy    |                             |                             |                          |                         |                          |
| 13 & 14  | Separate             | Light/Heavy    |                             |                             |                          |                         |                          |
| 15 to 17   | Separate             | Light/Heavy    |                             |                             |                          |                         |                          |
| 18 to 29   | Separate             | Light/Heavy    |                             |                             |                          |                         |                          |
| 30 to 39   | Separate             | Light/Heavy    |                             |                             |                          |                         |                          |
| 40 +   | Separate             | Light/Heavy    |                             |                             |                          |                         |                          |
| RECREATIONAL BLACK BELT (HIGH SECTION NOT PERMITTED) |                      |                |                             |                             |                          |                         |                          |
| Age  |                      | Male / Female  | Weight                      |                             |                          |                         |                          |
| 7 & 8  |                      | Separate       | Light / Middle / Heavy      |                             |                          |                         |                          |
| 9 & 10   |                      | Separate       | Light / Middle / Heavy      |                             |                          |                         |                          |
| 11 & 12  |                      | Separate       | Light / Middle / Heavy      |                             |                          |                         |                          |
| 13 & 14  |                      | Separate       | Light / Middle / Heavy      |                             |                          |                         |                          |
| 15 to 17 (Junior)                                    |                      | Separate       | Light / Middle / Heavy      |                             |                          |                         |                          |
| 18 to 29 (Senior)                                    |                      | Separate       | Light / Middle / Heavy      |                             |                          |                         |                          |
| 30 to 39 (Executive 1)                               |                      | Separate       | Light / Middle / Heavy      |                             |                          |                         |                          |
| 40 + (Executive 2)                                   |                      | Separate       | Light / Middle / Heavy      |                             |                          |                         |                          |
| HIGH PERFORMANCE BLACK BELT (HIGH SECTION PERMITTED) |                      |                |                             |                             |                          |                         |                          |
| Age  | Division             | Male           |                             | Female                      |                          |                         |                          |
| 12 to 14<br>Cadet                                    | Fin/Fly              | Under 37 kg    |                             | Under 33 kg                 |                          |                         |                          |
|  | Bantam/Feather       | 37 kg – 45 kg  |                             | 33 kg – 41 kg               |                          |                         |                          |
|  | Light/Welter Light   | 45 kg – 53 kg  |                             | 41 kg – 47 kg               |                          |                         |                          |
|  | Middle/ Middle Light | 53 kg – 61 kg  |                             | 47 kg – 55 kg               |                          |                         |                          |
|  | Heavy/Heavy          | 55 kg and over |                             | 55 kg and over              |                          |                         |                          |
| 15 to 17<br>Junior                                   | Fin/Fly              | Under 48 kg    |                             | Under 44 kg                 |                          |                         |                          |
|  | Bantam/Feather       | 48 kg – 55 kg  |                             | 44 kg – 49 kg               |                          |                         |                          |
|  | Light/Welter Light   | 55 kg – 63 kg  |                             | 49 kg – 55 kg               |                          |                         |                          |
|  | Middle/ Middle Light | 63 kg – 73 kg  |                             | 55 kg – 63 kg               |                          |                         |                          |
|  | Heavy/Heavy          | 73 kg and over |                             | 63 kg and over              |                          |                         |                          |
| 18 to 29<br>Senior                                   | Fin/Fly              | Under 58kg     |                             | Under 49 kg                 |                          |                         |                          |
|  | Bantam/Feather       | 58 kg – 68 kg  |                             | 49 kg – 57 kg               |                          |                         |                          |
|  | Light/Welter         | 68 kg – 80 kg  |                             | 57 kg – 67 kg               |                          |                         |                          |
|  | Middle/ Heavy        | 80kg and over  |                             | 67kg and Over               |                          |                         |                          |

## COACH REGISTRATION FORM

### COACHING PASS POLICY

Each registered Taekwondo school with competitors in Son's Premier Taekwondo Championship will receive 1 free coaching pass to the competition floor. Additional coaching passes can be purchased at \$20.00 CAD each with a maximum of 5 coaching passes per registered Taekwondo school. The Coach Registration Form must be completed and received by April 30<sup>th</sup>, 2020. All coaches must be black belts registered with Kukkiwon.

Taekwondo School: \_\_\_\_\_ Master / Instructor: \_\_\_\_\_

Address: \_\_\_\_\_ Phone: \_\_\_\_\_

Coach Name #1: \_\_\_\_\_ Kukkiwon #: \_\_\_\_\_

Coach Name #2: \_\_\_\_\_ Kukkiwon #: \_\_\_\_\_

Coach Name #3: \_\_\_\_\_ Kukkiwon #: \_\_\_\_\_

Coach Name #4: \_\_\_\_\_ Kukkiwon #: \_\_\_\_\_

Coach Name #5: \_\_\_\_\_ Kukkiwon #: \_\_\_\_\_