

# 2020 KPNP OPEN

## TAEKWONDO CHAMPIONSHIP

**JANUARY 25, 2020**  
MARKHAM PAN AM CENTRE  
16 MAIN ST UNIONVILLE, MARKHAM



**PRESENTS**



Sanctioned by Taekwondo Ontario, the Provincial Sport Organization (PSO) officially recognized by the Ontario Ministry of Tourism, Culture and Sports.

# 2020 KPNP OPEN TAEKWONDO CHAMPIONSHIP

Dear Masters, Instructors, and Taekwondo Practitioners;

It is our great pleasure that we invite you to the 2020 KPNP Open Taekwondo Championship to be held at Markham Pan Am Centre in Markham, Ontario on January 25th, 2020. This is a fully sanctioned Taekwondo Ontario ("TO") event and as such World Taekwondo ("WT") competition rules will be in effect for all black belt divisions and TO competition rules for all color belt divisions. The main goal of the competition is to support of local athletes and grow the sport of Taekwondo throughout the province Ontario.

It takes considerable determination and discipline to participate and excel in Taekwondo. It is our objective for participants attending our championship not only to test their skills, knowledge and techniques against their fellow Taekwondo brothers and sisters, but to learn and grow from an enriching and positive experience in their personal quest for Taekwondo excellence.

Enclosed, please find the attached tournament package with details regarding registration methods, deadlines, tournament rules etc. should you have any questions or concerns, please do not hesitate to contact us.

We look forward to seeing you in January!!

Respectfully,



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Gina Ahn / CEO  
Tournament Host

**MARKHAM PAN AM CENTRE**  
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## INFORMATION SUMMARY

### Tournament Venue

**Markham PanAm Centre**  
16 Main St, Unionville, Markham  
Ontario, L3R 2E5, Canada

### ID Credentials

Saturday January 25<sup>th</sup>, 2020

### Pickup:

8:00 AM – 4:00 PM

### Start Time:

9:00 AM

### Registration:

**Online:** <http://members.taekwondo-ontario.com/event/30/>

### Deadline:

All registrations must be received by **January 24th, 2020**. Please note that NO registrations will be accepted at the door the day of the tournament.

### Fees:

**Competitor:** \$75.00 (one or two events) Color Belts  
\$85.00 (one or two events) Black Belts  
**Coach:** \$25.00 (one free pass per school and \$25.00 per each additional coach pass up to a maximum of 5)  
**Spectator:** \$10.00 (Children 6 and under free)

### Insurance:

All participants must be members in good standing with the Taekwondo Ontario ("TO").

Non-residents of Ontario competitors must provide proof of insurance or purchase one day insurance from the TO at \$35.00.

Membership forms are included in the package or can be downloaded on the Taekwondo Ontario website.

<https://members.taekwondo-ontario.com/register/individual>

### Mandatory Equipment:

**All Recreational Color and Black Belt Sparring Athletes:** White WT style uniform / Head Protector, Chest Protector, Groin Protector, Forearm Protector, Shin Protector, Instep Protector, and Mouth Guard.

**All Black Belt High Performance Sparring Athletes:** White WT style uniform / KPNP Sensor Socks, Groin Protector, Forearm Protector, Shin Protector, Hand Protector, White or Transparent Mouth Guard.

**All High Performance Poomsae Athletes:** WT Approved Poomsae Uniform

### Cancellations:

Cancellations will not be accepted under any circumstances after the registration has been submitted and no refunds will be granted.

### General Inquiries:

Host: Captain Sports  
Phone: 905-946-0800  
Email: [kpnpopen@gmail.com](mailto:kpnpopen@gmail.com)  
Facebook: <https://www.facebook.com/CaptainSportsCo>

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## SCHEDULE 1 – COLOR BELTS

8:00 AM - 4:00 PM	ID Credentials Pickup			
8:15 AM - 8:30 AM	Referee Meeting			
8:30 AM - 8:45 AM	Coaches Meeting			
Time	Event	Age	Belt Division	Ring
09:00AM	Sparring Patterns	Special Needs	All Color Belts	On Deck
		6 & Under	All Color Belts	On Deck
09:30AM	Sparring Patterns	7 & 8 years old	All Color Belts	On Deck
11:00AM	Sparring Patterns	9 & 10 years old	All Color Belts	On Deck
01:30PM	Sparring Patterns	11 & 12 years old	All Color Belts	On Deck
03:30PM	Sparring Patterns	13 & 14 years old	All Color Belts	On Deck
04:30PM	Sparring Patterns	15 & 17 years old	All Color Belts	On Deck
	Sparring Patterns	18 & UP	All Color Belts	On Deck

## SCHEDULE 2 – BLACK BELTS

Time	Event	Age	Belt Division	Ring
09:00AM	H.P Poomsae	All Divisions	Black Belt High Performance	On Deck
10:30AM	Sparring Patterns	11 & 10 years old (Youth)	Black Belt Recreational	On Deck
	Sparring Patterns	8 to 9 years old	Black Belt Recreational	On Deck
	Sparring Patterns	7 & under years old	Black Belt Recreational	On Deck
01:00PM	H.P Sparring	12 to 14 years old (Cadet)	Black Belt High Performance	On Deck
01:30PM	Sparring Patterns	12 to 14 years old	Black Belt Recreational	On Deck
03:00PM	Sparring Patterns	15 to 17 years old	Black Belt Recreational	On Deck
04:00PM	H.P Sparring	15 to 17 years old (Junior)	Black Belt High Performance	On Deck
	H.P Sparring	18 to 30 years old (Senior)	Black Belt High Performance	On Deck

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## COMPETITION RULES

COLOR BELTS	
Patterns	<ul style="list-style-type: none"><li>Participants may only perform the recognized Kukkiwon approved Taegeuk patterns</li><li>Combination movements and ITF patterns are NOT allowed</li><li>Maximum of 4 participants per division with single elimination</li></ul>
Sparring	<ul style="list-style-type: none"><li>14 years old and under: <b>2 rounds x 45 seconds with 15 seconds rests</b></li><li>15 years old and over: <b>2 rounds x 1 minute with 15 seconds rests</b></li><li>NO head contact will be permitted</li><li>Maximum of 4 participants per division with single elimination</li><li>Tournament Host reserves the right to separate or combine the divisions at their discretion based on age, weight, height and other discretionary factors</li></ul>

BLACK BELTS	
Patterns	<ul style="list-style-type: none"><li>Participants may only perform the recognized Kukkiwon approved black belt patterns</li><li>KPNP Poomsae Scoring instrument (All H.P Poomsae Divisions)</li><li>Executive Divisions will perform a second black belt pattern of their choice</li></ul>
Sparring	<ul style="list-style-type: none"><li>Matches will consist of <b>3 rounds x 45 seconds with 15 seconds rest</b> in-between with NO permitted head contact for the following divisions:<ul style="list-style-type: none"><li>✓ Youth Black Belts (11&amp; under)</li><li>✓ Recreational Black Belts – Cadet (12 to 14 years old)</li><li>✓ Recreational Black Belts – Junior (15 to 17 years old)</li><li>✓ Recreational Black Belts – Senior (18 to 29 years old)</li><li>✓ Recreational Black Belts – Executive 1 (30 to 39 years old)</li><li>✓ Recreational Black Belts – Executive 2 (40 years old +)</li></ul></li><li>Matches will consist of <b>3 rounds x 1 minutes with 30 seconds rest</b> in-between with permitted head contact for the following divisions:<ul style="list-style-type: none"><li>✓ Black Belt High Performance – Cadet (12 to 14 years old)</li><li>✓ Black Belt High Performance – Junior (15 to 17 years old)</li><li>✓ Black Belt High Performance – Senior (18 to 29 years old)</li></ul></li><li>Tournament Host reserves the right to separate or combine the divisions at their discretion based on age, weight, height and other discretionary factors</li></ul>

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## PATTERNS DIVISIONS

COLOR BELT						
Mandatory Patterns		Taegeuk 1	Taegeuk 2 or 3	Taegeuk 4 or 5	Taegeuk 6 or 7	Taegeuk 7 or 8
Age	Male / Female	Belt	Belt	Belt	Belt	Belt
6 & Under	Separate	White / Yellow Stripe	Yellow / Green Stripe	Green/ Blue Stripe	Blue / Red Stripe	Red / Black Stripe
7 & 8	Separate					
9 & 10	Separate					
11 & 12	Separate					
13 & 14	Separate					
15 to 17	Separate					
18 to 30	Separate					
31 to 40	Separate					
41 to 50	Separate					

BLACK BELT			
Age	Male /Female	Mandatory Patterns	
10 & Under U-10	Separate	1 <sup>ST</sup> DAN / POOM	KORYO
10 to 11 Youth	Separate	2 <sup>ND</sup> DAN / POOM	GEUMGANG
12 to 14 Cadet	Separate	3 <sup>RD</sup> DAN/ POOM	TAEBAEK
15 to 17 Junior	Separate	4 <sup>TH</sup> DAN/ POOM	PYONGWON
18 to 30 Executive 1	Separate	5 <sup>TH</sup> DAN	SIPJIN
31 to 40 Executive 2	Separate	6 <sup>TH</sup> DAN	JITAE

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## SPARRING DIVISIONS

COLOR BELT							
Age	Male Female	Weight	Belt	Belt	Belt	Belt	Belt
6 & under	Separate	Light/Heavy	White / Yellow Stripe	Yellow / Green Stripe	Green/ Blue Stripe	Blue / Red Stripe	Red / Black Stripe
7 & 8	Separate	Light/Heavy					
9 & 10	Separate	Light/Heavy					
11 & 12	Separate	Light/Heavy					
13 & 14	Separate	Light/Heavy					
15 to 17	Separate	Light/Heavy					
18 to 30	Separate	Light/Heavy					
31 to 40	Separate	Light/Heavy					
41 to 50	Separate	Light/Heavy					
RECREATIONAL BLACK BELT (HIGH SECTION NOT PERMITTED)							
Age	Male / Female	Weight					
10 under (U-10)	Separate	Light / Middle / Heavy					
10 to 11 (Youth)	Separate	Light / Middle / Heavy					
12 to 14 (Cadet)	Separate	Light / Middle / Heavy					
15 to 17 (Junior)	Separate	Light / Middle / Heavy					
18 to 30 (Senior)	Separate	Light / Middle / Heavy					
31 to 40 (Executive 1)	Separate	Light / Middle / Heavy					
41 + (Executive 2)	Separate	Light / Middle / Heavy					
HIGH PERFORMANCE BLACK BELT (HIGH SECTION PERMITTED)							
Age	Division	Male	Female				
12 to 14 Cadet	Fin/Fly	Under 37 kg	Under 33 kg				
	Bantam/Feather	37 kg – 45 kg	33 kg – 41 kg				
	Light/Welter Light	45 kg – 53 kg	41 kg – 47 kg				
	Middle/ Middle Light	53 kg – 61 kg	47 kg – 55 kg				
	Heavy/Heavy	55 kg and over	55 kg and over				
15 to 17 Junior	Fin/Fly	Under 48 kg	Under 44 kg				
	Bantam/Feather	48 kg – 55 kg	44 kg – 49 kg				
	Light/Welter Light	55 kg – 63 kg	49 kg – 55 kg				
	Middle/ Middle Light	63 kg – 73 kg	55 kg – 63 kg				
	Heavy/Heavy	73 kg and over	63 kg and over				
18 to 30 Senior	Fin/Fly	Under 58kg	Under 49 kg				
	Bantam/Feather	58 kg – 68 kg	49 kg – 57 kg				
	Light/Welter	68 kg – 80 kg	57 kg – 67 kg				
	Middle/ Heavy	80kg and over	67kg and Over				

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## COACH REGISTRATION FORM

### COACHING PASS POLICY

Each registered Taekwondo school with competitors in 2020 KPNP OPEN Taekwondo Championship will receive 1 free coaching pass to the competition floor. Additional coaching passes can be purchased at \$25.00 CAD each with a maximum of 5 coaching passes per registered Taekwondo school. The Coach Registration Form must be completed and received by January 23<sup>th</sup>, 2020. All coaches must be black belts registered with Kukkiwon.

Taekwondo School: \_\_\_\_\_ Master / Instructor: \_\_\_\_\_

Address: \_\_\_\_\_ Phone: \_\_\_\_\_

Coach Name #1: \_\_\_\_\_ Kukkiwon #: \_\_\_\_\_

Coach Name #2: \_\_\_\_\_ Kukkiwon #: \_\_\_\_\_

Coach Name #3: \_\_\_\_\_ Kukkiwon #: \_\_\_\_\_

Coach Name #4: \_\_\_\_\_ Kukkiwon #: \_\_\_\_\_

Coach Name #5: \_\_\_\_\_ Kukkiwon #: \_\_\_\_\_





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## PARKING AND DIRECTION



**MARKHAM PAN AM CENTRE**  
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**CAPTAIN  
SPORTS**



OFFICIAL DISTRIBUTOR

**KPNP** **ZEMITA**  
captainsports.ca