

# 2019 KPNP OPEN

## TAEKWONDO CHAMPIONSHIP

**JANUARY 26, 2019**

MARKHAM PAN AM CENTRE  
16 MAIN ST. UNIONVILLE, MARKHAM



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**PRESENTS**



Sanctioned by Taekwondo Ontario, the Provincial Sport Organization (PSO) officially recognized by the Ontario Ministry of Tourism, Culture and Sports.

# 2019 KPNP OPEN TAEKWONDO CHAMPIONSHIP

**Dear Masters, Instructors, and Taekwondo Practitioners;**

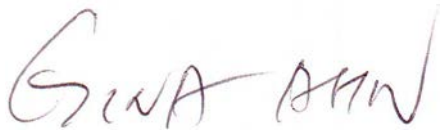
It is our great pleasure that we invite you to the 2019 KPNP Open Taekwondo Championship to be held at Markham Pan Am Centre in Markham, Ontario on January 26th, 2019. This is a fully sanctioned Taekwondo Ontario ("TO") event and as such World Taekwondo ("WT") competition rules will be in effect for all black belt divisions and TO competition rules for all color belt divisions. The main goal of the competition is to support of local athletes and grow the sport of Taekwondo throughout the province Ontario.

It takes considerable determination and discipline to participate and excel in Taekwondo. It is our objective for participants attending our championship not only to test their skills, knowledge and techniques against their fellow Taekwondo brothers and sisters, but to learn and grow from an enriching and positive experience in their personal quest for Taekwondo excellence.

Enclosed, please find the attached tournament package with details regarding registration methods, deadlines, tournament rules etc. should you have any questions or concerns, please do not hesitate to contact us.

We look forward to seeing you in January!!

Respectfully,



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*Gina Ahn / CEO  
Tournament Host*

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## INFORMATION SUMMARY

### Tournament Venue

**Markham PanAm Centre**  
16 Main St, Unionville, Markham  
Ontario, L3R 2E5, Canada

### ID Credentials

Saturday January 26<sup>th</sup>, 2019

### Pickup:

8:00 AM – 4:00 PM

### Start Time:

9:00 AM

### Registration:

**ONLINE REGISTRATION ONLY**

**Online:** <http://members.taekwondo-ontario.com/event/9/>

**\*Participants outside of Ontario, please contact us via email [knpnopen@gmail.com](mailto:knpnopen@gmail.com)\***

### Deadline:

All registrations must be received by January 24<sup>th</sup>, 2019. Please note that NO registrations will be accepted at the door the day of the tournament.

### Fees:

<b>Competitor:</b>	\$75.00 (one or two events) Color Belts
	\$75.00 (one or event) Recreational Black Belt
	\$85.00 (one event) HP Black Belt
	\$170.00 (two event) HP Black Belt
	\$100.00 (two event) HP Poomsae, Rec Sparring
	\$100.00 (two event) Rec Poomsae, HP Sparring
<b>Coach:</b>	\$25.00 (one free pass per school and \$25.00 per each additional coach pass up to a maximum of 5)
<b>Spectator:</b>	\$10.00 (Children 6 and under free)

### Insurance:

All participants must be members in good standing with the Taekwondo Ontario ("TO").

Non-residents of Ontario competitors must provide proof of insurance or purchase one day insurance from the TO at \$35.00.

Membership forms are included in the package or can be downloaded on the Taekwondo Ontario website.

<https://members.taekwondo-ontario.com/register/individual>

### Mandatory Equipment:

WT v-neck white uniform, head protector, chest protector, groin protector, forearm guards, shin guards, instep guards and mouth guard for all belts. KPNP Sensor Socks (Black Belt High Performance only)

### Cancellations:

Cancellations will not be accepted under any circumstances after the registration has been submitted and no refunds will be granted.

### General Inquiries:

Host:	Captain Sports
Phone:	905-946-0800
Email:	<a href="mailto:knpnopen@gmail.com">knpnopen@gmail.com</a>
Facebook:	<a href="https://www.facebook.com/CaptainSportsCo">https://www.facebook.com/CaptainSportsCo</a>

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## SCHEDULE PAGE 1

8:00 AM - 4:00 PM	ID Credentials Pickup			
8:15 AM - 8:30 AM	Referee Meeting			
8:30 AM - 8:45 AM	Coaches Meeting			
COMPETITION BEGINS				
Time	Event	Age	Belt Division	Ring
09:00 to 10:30 AM	Patterns	6 & under	All Colour Belts	On deck
		7 & 8 years old	White / Yellow Stripe Yellow / Green Stripe	On deck
10:00 to 10:45 AM	Patterns	7 & 8 years old	Green / Blue Stripe Blue / Red Stripe Red / Black Stripe	On deck
10:30 to 11:20 AM	Sparring	10 & under (Youth)	Black Belt Recreational	On deck
10:50 to 11:30 AM	Sparring	6 & under	All Colour Belts	On deck
11:00 to 12:00 PM	Sparring	7 & 8 years old	White / Yellow Stripe Yellow / Green Stripe / Green Blue Stripe / Blue / Red Stripe Red / Black Stripe	On deck
11:45 to 12:30 PM	Patterns	10 & under (Youth)	Black Belt Recreational	On deck
01:00 to 02:00 PM	Sparring	11 to 12 years old	Black Belt Recreational	On deck
		13 to 14 years old		
		12 to 14 (Cadet)	Black Belt High Performance	
01:15 to 01:45 PM	Patterns	9 & 10 years old	White / Yellow Stripe Yellow / Green Stripe Green / Blue Stripe	On deck
01:30 to 02:15 PM	Patterns	9 & 10 years old	Blue / Red Stripe Red / Black Stripe	On deck
02:00 to 03:00 PM	Patterns	11 to 12 years old	Black Belt Recreational	On deck
		13 to 14 years old		
		12 to 14 (Cadet)	Black Belt High Performance	
01:45 to 02:30 PM	Sparring	9 & 10 years old	White / Yellow Stripe Yellow / Green Stripe Green / Blue Stripe	On deck
02:20 to 03:15 PM	Sparring	9 & 10 years old	Blue / Red Stripe Red / Black Stripe	On deck
02:30 to 05:00 PM	Patterns	15 to 17 years old (Junior)	Black Belt Recreational Black Belt High Performance	On deck
	Sparring	15 to 17 years old (Junior)	Black Belt Recreational Black Belt High Performance	On deck

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## SCHEDULE PAGE 2

Time	Event	Age	Belt Division	Ring
03:15 to 04:00 PM	Patterns	11 to 12 years old	White / Yellow Stripe Yellow / Green Stripe Green / Blue Stripe	On deck
03:35 to 04:25 PM	Patterns	11 to 12 years old	Blue / Red Stripe Red / Black Stripe	On deck
04:15 to 05:15 PM	Sparring	11 to 12 years old	White / Yellow Stripe Yellow / Green Stripe Green / Blue Stripe	On deck
05:05 to 05:55 PM	Sparring	11 to 12 years old	Blue / Red Stripe Red / Black Stripe	On deck
04:15 to 05:20 PM	Patterns	13 to 14 years old	All Colour Belts	On deck
	Sparring			
05:15 to 06:30 PM	Patterns	15 to 17 years old	All Colour Belts	On deck
	Patterns	18 to 30 years old	All Colour Belts	On deck
	Patterns	31 to 40 years old	All Colour Belts	On deck
	Patterns	41+ years old	All Colour Belts	On deck
	Sparring	18+ years old	All Colour Belts	On deck
05:30 PM – 07:00 PM	Patterns	18 to 30 years old	Black Belt Recreational	On deck
		18 + (Senior)	Black Belt High Performance	
	Sparring	18 + (Senior)	Black Belt High Performance	On deck
	Patterns	31 to 40 years old	Black Belt Recreational	On deck
	Sparring			
	Patterns	41+ years old	Black Belt Recreational	On deck
	Sparring			

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# 2019 KPNP OPEN TAEKWONDO CHAMPIONSHIP

## COMPETITION RULES

### COLOR BELTS

#### Patterns

- Participants may only perform the recognized Kukkiwon approved Taegeuk patterns
- Combination movements and ITF patterns are NOT allowed
- Maximum of 4 participants per division with single elimination

#### Sparring

- 14 years old and under: 2 rounds x 45 seconds with 15 seconds rests
- 15 years old and over: 2 rounds x 1 minute with 15 seconds rests
- NO head contact will be permitted
- Maximum of 4 participants per division with single elimination
- Tournament Host reserves the right to separate or combine the divisions at their discretion based on age, weight, height and other discretionary factors

### BLACK BELTS

#### Patterns

- Mandatory WT Black Belt Poomsae will be followed
  - ✓ Black Belt Recreational – All Divisions
- Black Belts High Performance
  - ✓ World Taekwondo® Rules
  - ✓ Electronic Scoring Instrument
  - ✓ Two required Poomsae, announced by Friday Jan 25th.
  - ✓ 1st, 2nd, 3rd & 4th place awards

#### Sparring

- Matches will consist of 3 rounds x 45 seconds with 15 seconds rest in-between with NO permitted head contact for the following divisions:
  - ✓ Recreational Black Belts – All Divisions
- Matches will consist of 3 rounds x 1 minutes with 30 seconds rest in-between with permitted head contact for the following divisions:
  - ✓ Black Belt High Performance – Cadet (12 to 14 years old)
  - ✓ Black Belt High Performance – Junior (15 to 17 years old)
  - ✓ Black Belt High Performance – Senior (18 + years old)
- Tournament Host reserves the right to separate or combine the divisions at their discretion based on age, weight, height and other discretionary factors

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## PATTERNS DIVISIONS

COLOR BELT						
Mandatory Patterns		Taegeuk 1	Taegeuk 2 or 3	Taegeuk 4 or 5	Taegeuk 6 or 7	Taegeuk 7 or 8
Age	Male / Female	Belt	Belt	Belt	Belt	Belt
6 & Under	Separate	White / Yellow Stripe	Yellow / Green Stripe	Green/ Blue Stripe	Blue / Red Stripe	Red / Black Stripe
7 & 8	Separate					
9 & 10	Separate					
11 & 12	Separate					
13 & 14	Separate					
15 to 17	Separate					
18 to 30	Separate					
31 to 40	Separate					
41 +	Separate					

BLACK BELT			
Age	Male /Female	Mandatory Patterns	
6 & Under	Separate	1ST DAN / POOM	KORYO
7 & 8	Separate	2ND DAN / POOM	GEUMGANG
9 & 10	Separate	3RD DAN/ POOM	TAEBAEK
11 & 12	Separate	4TH DAN/ POOM	PYONGWON
13 & 14	Separate	5TH DAN/ POOM	SIPJIN
15 to 17	Separate	6TH DAN/ POOM	JITAE
18 to 30	Separate		
31 to 40	Separate		
41 +	Separate		

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## SPARRING DIVISIONS

COLOR BELT							
Age	Male Female	Weight	Belt	Belt	Belt	Belt	Belt
6 & under	Separate	Light/Heavy	White / Yellow Stripe	Yellow / Green Stripe	Green/ Blue Stripe	Blue / Red Stripe	Red / Black Stripe
7 & 8	Separate	Light/Heavy					
9 & 10	Separate	Light/Heavy					
11 & 12	Separate	Light/Heavy					
13 & 14	Separate	Light/Heavy					
15 to 17	Separate	Light/Heavy					
18 +	Separate	Light/Heavy					
RECREATIONAL BLACK BELT (HIGH SECTION NOT PERMITTED)							
Age		Male / Female	Weight				
6 & under		Separate	Light / Middle / Heavy				
7 & 8		Separate	Light / Middle / Heavy				
9 & 10		Separate	Light / Middle / Heavy				
11 & 12		Separate	Light / Middle / Heavy				
13 & 14		Separate	Light / Middle / Heavy				
15 to 17		Separate	Light / Middle / Heavy				
18 +		Separate	Light / Middle / Heavy				
HIGH PERFORMANCE BLACK BELT (HIGH SECTION PERMITTED)							
Age	Division	Male		Female			
12 to 14 Cadet	Fin/Fly	Under 37 kg		Under 33 kg			
	Bantam/Feather	37 kg – 45 kg		33 kg – 41 kg			
	Light/Welter Light	45 kg – 53 kg		41 kg – 47 kg			
	Middle/ Middle Light	53 kg – 61 kg		47 kg – 55 kg			
	Heavy/Heavy	55 kg and over		55 kg and over			
15 to 17 Junior	Fin/Fly	Under 48 kg		Under 44 kg			
	Bantam/Feather	48 kg – 55 kg		44 kg – 49 kg			
	Light/Welter Light	55 kg – 63 kg		49 kg – 55 kg			
	Middle/ Middle Light	63 kg – 73 kg		55 kg – 63 kg			
	Heavy/Heavy	73 kg and over		63 kg and over			
18 + Senior	Fin/Fly	Under 58kg		Under 49 kg			
	Bantam/Feather	58 kg – 68 kg		49 kg – 57 kg			
	Light/Welter	68 kg – 80 kg		57 kg – 67 kg			
	Middle/ Heavy	80kg and over		67kg and Over			

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# 2019 KPNP OPEN TAEKWONDO CHAMPIONSHIP

## COACH REGISTRATION FORM

### COACHING PASS POLICY

Each registered Taekwondo school with competitors in 2019 KPNP OPEN Taekwondo Championship will receive 1 free coaching pass to the competition floor. Additional coaching passes can be purchased at \$25.00 CAD each with a maximum of 5 coaching passes per registered Taekwondo school. The Coach Registration Form must be completed and received by January 24<sup>th</sup>, 2019. All coaches must be black belts registered with Kukkiwon.

Taekwondo School: \_\_\_\_\_ Master / Instructor: \_\_\_\_\_

Address: \_\_\_\_\_ Phone: \_\_\_\_\_

Coach Name #1: \_\_\_\_\_ Kukkiwon #: \_\_\_\_\_

Coach Name #2: \_\_\_\_\_ Kukkiwon #: \_\_\_\_\_

Coach Name #3: \_\_\_\_\_ Kukkiwon #: \_\_\_\_\_

Coach Name #4: \_\_\_\_\_ Kukkiwon #: \_\_\_\_\_

Coach Name #5: \_\_\_\_\_ Kukkiwon #: \_\_\_\_\_

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## PARKING AND DIRECTIONS



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