



TORONTO OPEN 2018

TAEKWONDO CHAMPIONSHIPS

"WHERE ART & SCIENCE MEET"
VARIETY VILLAGE , TORONTO, CANADA
TorontoOpenTaekwondo@gmail.com

NOVEMBER 17TH RECREATIONAL
NOVEMBER 18TH WORLD CLASS

This contest is sanctioned by an organization officially recognized by the Province of Ontario

Variety Village Athletic Centre
3701 Danforth Avenue
Scarborough, Ontario

EVENT INFORMATION

www.taekwondo-ontario.com

TorontoOpenTaekwondo@gmail.com

Spectator Fee: \$10

Registered Coaches, Athletes & Children 6 & under: FREE



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► Dear Friends,

You are cordially invited to the TORONTO OPEN™ **2018** TAEKWONDO CHAMPIONSHIPS, at the Variety Village Athletic Centre at 3701 Danforth Avenue, Toronto, Ontario on **November 17 & 18 2018** . This is the 35th Edition of Young Choung Taekwondo Academy's annual tournament that was established in 1983.

Thank you for your continued support of this tournament. Our aim is to give all developing participants an opportunity to compete and meet with many other TKD practitioners. The Toronto Open has always been the event to celebrate and showcase Taekwondo for athletes of ALL abilities.

Last year's event attracted World Class Athletes, Coaches and Referees! Many of our domestic players were tested, inspired, and realize their own potential. The quality of the competitors and teams continually define the credibility of this long running event.

Kindly read the attached tournament package carefully for all details regarding registration deadlines, tournament rules, ***new age and weight guidelines**, terms and conditions of participation, competition schedule, weigh-in times, and contest procedures.

NEW REQUIREMENT FOR NOV 18 WORLD CLASS SPARRING CONTESTANTS

**All amateur combative sport contestants participating in a contest that permits full contact strikes to the head, must annually submit medical examination forms to the PSO (Taekwondo Ontario) for their respective sport. *Out-of-province contestants may submit a letter from a physician, indicating they are fit to compete for a specific event.*

***Medical Declaration Forms** will be accepted in lieu of above requirements (on page 14) and shall be submitted at Weigh In.

*Taekwondo Ontario™ membership registration for residents of Ontario:

<https://members.taekwondo-ontario.com/register/individual>

Should you have any questions or concerns at any time regarding the tournament, please contact us. We look forward to seeing you soon.

Sincerely,

Grandmaster Young Su Choung
Toronto Open Host

Master Rommel Cabanatan
Tournament Director



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► **PLEASE READ CAREFULLY**

Thank you for your interest in the 2018 Toronto Open. As a requirement for event registration, I agree to the following terms and conditions:

1. I declare that I am over the age of 18 years old or I am a parent/guardian of a participant under the age of 18 years old.
2. Choose **One**:
 - As a **RESIDENT OF ONTARIO** - I understand as a condition of event participation athlete, I and my club must be a current member of the Taekwondo Ontario **OR** must purchase a **\$35 Taekwondo Ontario (TO) COMPETITOR DAY PASS** to the event organizers as a condition of participation and event insurance.
 - As a **NON-RESIDENT of ONTARIO** I understand as a condition of event participation I must purchase a **\$35 Taekwondo Ontario (TO) COMPETITOR DAY PASS OR** provide **proof of my insurance information** to the event organizers as a condition of participation and event insurance.
3. I am fully aware of the risks involved and the degree of fitness required in taking part in this event. I accept that the event organizers and their agents cannot be held responsible for any injury or loss, however caused.
4. I agree to allow Toronto Open Taekwondo Championships and their agents to capture myself on still image or video for the purposes of promoting the Toronto Open Taekwondo Championships..
5. I understand that the categories in the Colour Belt & Recreational Black belt Divisions may be separated or combined at the discretion of the Tournament Director due to the number of participants and/or for safety reasons.
6. I understand that the categories for Cadet, Junior & Senior Black Belt Sparring on Sunday November 19, 2017 will be modifying Cadet, and adopting Youth & Senior Olympic Weight Categories. I understand that divisions may be merged at the discretion of the Tournament Director due to the number of participants and/or for safety reasons.
7. Registered Kyorugi athletes on Sunday November 18, will NOT be eligible to register or compete in the Recreational Black Belt Kyorugi Divisions on Saturday November 17.
8. I understand that all fees are non-refundable.
9. ***NEW FOR NOV 18TH SPARRING PARTICIPANTS*** - As a condition of participation in SPARRING DIVISIONS on Sunday, November 18/2018– A medical examination document submitted signed by licensed physician that the applicant is “fit to engage at THE 2018 TORONTO OPEN for Cadet, Jr & Sr Black Belt Sparring Divisions.”
Medical Declaration Forms will be accepted in lieu of above requirements (on page 14) and shall be submitted at Weigh In.

I acknowledge that I have read and agree to the above Terms and Conditions.

Print Name

Signature

Date



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► GENERAL INFORMATION

Saturday November 17 th & Sunday November 18th,2018

VENUE: Variety Village Athletic Centre

3701 Danforth Avenue

Scarborough, Ontario

M1N 2G2 *Limited Parking onsite* recommended alternative

75 Birchmount Road, Toronto, ON with a complimentary Shuttle Bus to this Event!

► EVENT CONTACT INFORMATION

TorontoOpenTaekwondo@gmail.com

LINK TO ONLINE REGISTRATION SYSTEM – www.taekwondo-ontario.com

► REGISTRATION FEES

Online or mailed Registrations MUST be received by November 10th,2018

REGISTRATION DEADLINE: November 10th,2018

Cash, Certified Cheques or Money Orders Payable to:

"YOUNG CHOUNG TAEKWONDO ACADEMY" 44 Vaughan Road, Toronto, ON M6G 2N4 Canada

► ONLINE REGISTRATION SYSTEM – www.taekwondo-ontario.com

- **ONTARIO RESIDENTS *Valid TO Membership Or One Day TO Competition Pass For \$35.00**
- **NON-RESIDENTS *May Purchase One Day TO Competition Pass For \$35.00 / OR submit Proof Of Insurance.**

Day 1 Colour belts and Recreational Black belts

\$75 Cdn/US for poomsae and/or kyorugi events.

Day 2: WORLD CLASS BLACK BELT Kyorugi *NEW FOR NOV 18TH SPARRING PARTICIPANTS* - As a condition of participation in WORLD CLASS SPARRING DIVISIONS on Sunday, November 18/2018– A medical examination document submitted signed by licensed physician that the applicant is "fit to engage at THE 2018 TORONTO OPEN for Cadet, Jr & Sr Black Belt Sparring Divisions." Medical Declaration Forms will be accepted in lieu of above requirements (on page 10) and shall be submitted at Weigh In.

\$85 Cdn/US CADET (12-14) JUNIOR(15-17) and SENIOR (17+)

Day 2 BLACK BELT Recognized Poomsae

\$85 Cdn/US

- YOUTH (10-11) CADET (12-14) JUNIOR(15-17) U30, U40, U51+
- Pairs & Teams for Cadet, Jr, U30 & O30

Coaching Fee:

\$25 Cdn/US One (1) FREE coach pass per school by pre-registration

Each additional coach pass (floor access) available on-site registration: \$25 Cdn/US

Spectator Fee:

- **\$10 ages 13 & Up**
- **\$5 ages 7-12**(Registered Coaches, Athletes & Children 6 & under: FREE)



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► RULES

DAY 1-POOMSAE & KYORUGI -COLOUR BELT & RECREATIONAL BLACK BELT ALL AGES SATURDAY, NOVEMBER 17,2018

- Single Elimination
- 2 x 1 minute rounds; will end match with a 20 point gap
- Manual Electronic Scoring System
- **NO** head contact
- 1 Poomsae according to Age Category. Manual Judging.

DAY 2-WORLD CLASS BLACK BELT KYORUGI - SENIOR, JUNIOR & *CADET SUNDAY, NOVEMBER 18,2018

- **Cadet (12-14) Junior (15-17) & Senior Olympic (17+) : World Taekwondo® Rules.**
- 3 rounds x 1.5 minute, 30 sec rest; will end match with a 20 point gap at the end of 2nd round
- Single Elimination
- 1st, 2nd, 3rd place winners awarded for podium finish.
- **KP&P® e-Helmets, Body Protector & Scoring System** will be used..
- Instant Video Replay

NEW FOR NOV 18TH WORLD CLASS SPARRING PARTICIPANTS - As a condition of participation in WORLD CLASS SPARRING DIVISIONS on Sunday, November 18/2018- A medical examination document submitted signed by licensed physician that the applicant is "fit to engage at THE2018TORONTO OPEN for Cadet, Jr & Sr Black Belt Sparring Divisions." Or * **Medical Declaration Forms will be accepted in lieu of above requirements (on page 14) and shall be submitted at Weigh In.**

DAY 2- WORLD CLASS BLACK BELT POOMSAE – CADET, JR, SR, MASTERS, TEAM, PAIR SUNDAY, NOVEMBER 18,2018

- **World Taekwondo® Rules**
- Electronic Scoring Instrument
- Two required Poomsae, announced by Friday Nov 16th.
- 1st, 2nd, 3rd & 4th place awards

MANDATORY EQUIPMENT

- **Day 1-**All Colour and Recreational Black Belt Kyorugi athletes must provide their own white WORLD TAEKWONDO (WT®) style uniform, helmet, shin guards, arm guards, instep protection, groin protector (worn inside of uniform), chest protectors, mouth guard. *Equipment will be on sale, on site.*
- **Day 2-**Cadet, Junior & Senior athletes must provide their own white WORLD TAEKWONDO (WT®) style uniform/equipment. Red & Blue Helmets (e-Helmets will be provided), shin guards, arm guards, WT® approved sensor socks, groin protector (worn inside of uniform), hand protectors and white or transparent mouth guard. *Equipment will be on sale, on site. Please note that approved KP&P Sensor Socks are required for Day 2. Cadet, Junior & Senior.*
- **Day 2-Recognized Poomsae-** WORLD TAEKWONDO (WT®) style **Y Neck Uniform** for appropriate age division Recommended.



Friday, November 16, 2018

<p>6:30pm-9pm @ Variety Village Athletic Centre</p>	<p>Poomsae Draws Announced / Early Weigh Ins & Credential Pickup for Day 1 or 2</p> <p><i>*for those competing World Class SPARRING on Sunday Nov 18-Have Medical Declaration Forms ready Page 14)</i></p> <p>Spectator & additional coach wristbands will be available for sale.</p>
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Saturday, November 17, 2018

8:00 AM	Accreditation area opens – WEIGHT VERIFIED UPON ARRIVAL
8:00 AM- 5:00 PM	Weigh ins for World Class Sparring Divisions -Have Medical Declaration Forms ready (Page 14)
8:00 AM	Meeting of Officials
8:30 AM call to staging	▶ People With Disability (PD) ALL BELTS & ALL Ages
8:30 AM call to staging	▶ 31-40 Year Olds ▶ 41-50 Year Olds ▶ 51+ Year Olds
9:00 AM call to staging	▶ 6 & Under ▶ 7 & 8 Year Olds
Followed by	▶ 9 & 10 Year Olds
2:00 PM call to staging	▶ 11 & 12 Year Olds
Followed by	▶ 13 & 14 Year Olds
6:00 PM call to staging	▶ 15-17 Year Olds ▶ 18-30 Year Olds
Times are approximate & subject to change.	





Sunday, November 18,2018

World Class Recognized Poomsae Competition Schedule

8:30	CADET DIVISION-INDIVIDUAL,PAIR & TEAM
11:30	ALL 18+ : U30, U40, U50, 51+ INDIVIDUAL. U30, O30 PAIR & TEAM
12:00	YOUTH (INDIVIDUAL ONLY)
14:00	JUNIOR DIVISION-INDIVIDUAL, PAIR & TEAM

World Class Kyorugi Schedule with KP&P® Electronic Protector & Scoring System.

NEW FOR NOV 18TH SPARRING PARTICIPANTS -	As a condition of participation in SPARRING DIVISIONS on Sunday, November 18/2018– A medical examination document submitted signed by licensed physician that the applicant is "fit to engage at THE 2018 TORONTO OPEN for Cadet, Jr & Sr Black Belt Sparring Divisions." or "Declaration Form" on page 14
8:00	▶ Draws posted
8:30	▶ Junior Sparring
12:00	▶ Cadet Sparring
14:00	▶ Senior Sparring

Times are approximate & subject to change. Awards at the ring after completion of the divisions



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COLOUR BELT POOMSAE - DIVISIONS GUIDELINE

AGE GROUP	White / Yellow Stripe 10 / 9 Gup	Yellow / Green Stripe 8 / 7 Gup	Green / Blue Stripe 6 / 5 Gup	Blue / Red Stripe 4 / 3 Gup	Red / Black Stripe 2 / 1 Gup					
6 Years Old & Under	Basic	Taeguk1	Taeguk 2	Taeguk 3	Taeguk 4	Taeguk 5	Taeguk 6	Taeguk 7	Taeguk 8	Taeguk 8
7 & 8 Years Old	Basic	Taeguk1	Taeguk 2	Taeguk 3	Taeguk 4	Taeguk 5	Taeguk 6	Taeguk 7	Taeguk 8	Taeguk 8
9 & 10 Years Old	Basic	Taeguk1	Taeguk 2	Taeguk 3	Taeguk 4	Taeguk 5	Taeguk 6	Taeguk 7	Taeguk 8	Taeguk 8
11 & 12 Years Old	Basic	Taeguk1	Taeguk 2	Taeguk 3	Taeguk 4	Taeguk 5	Taeguk 6	Taeguk 7	Taeguk 8	Taeguk 8
13 & 14 Years Old	Basic	Taeguk1	Taeguk 2	Taeguk 3	Taeguk 4	Taeguk 5	Taeguk 6	Taeguk 7	Taeguk 8	Taeguk 8
15 to 17 Years Old	Basic	Taeguk1	Taeguk 2	Taeguk 3	Taeguk 4	Taeguk 5	Taeguk 6	Taeguk 7	Taeguk 8	Taeguk 8
18 to 30 Years Old	Basic	Taeguk1	Taeguk 2	Taeguk 3	Taeguk 4	Taeguk 5	Taeguk 6	Taeguk 7	Taeguk 8	Taeguk 8
31 to 40 Years Old	Basic	Taeguk1	Taeguk 2	Taeguk 3	Taeguk 4	Taeguk 5	Taeguk 6	Taeguk 7	Taeguk 8	Taeguk 8
41 to 50 Years Old	Basic	Taeguk1	Taeguk 2	Taeguk 3	Taeguk 4	Taeguk 5	Taeguk 6	Taeguk 7	Taeguk 8	Taeguk 8
51 Years Old & Over	Basic	Taeguk1	Taeguk 2	Taeguk 3	Taeguk 4	Taeguk 5	Taeguk 6	Taeguk 7	Taeguk 8	Taeguk 8

Note: Divisions may be separated or combined at the discretion of the Tournament Director due to the number of participants and/or for safety reasons.

RECREATIONAL BLACK BELT POOMSAE - DIVISIONS GUIDELINE

1 ST POOM/DAN	2 ND POOM/DAN	3 RD POOM/DAN	4 TH POOM/DAN	5 TH DAN	6 TH DAN
TAEKUK 8/KORYO	KEUMGANG	TAEBAEK	PYUNGWON	SIPJIN	JITAE

*3RD POOM/DAN ages 11 & UP, ENCOURAGED FOR WORLD CLASS /RECOGNIZED POOMSAE COMPETITION 😊 *

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RECREATIONAL KYORUGI - DIVISIONS GUIDELINE

6 Years Old & Under

White / Yellow Stripe 10 / 9 Gup		Yellow / Green Stripe 8 / 7 Gup		Green / Blue Stripe 6 / 5 Gup		Blue / Red Stripe 4 / 3 Gup		Red / Black Stripe 2 / 1 Gup		Black Recreational 1 Poom +	
Male	Female	Male	Female	Male	Female	Male	Female	Male	Female	Male	Female
- 15 kg	- 12 kg	- 15 kg	- 12 kg	- 15 kg	- 12 kg	- 15 kg	- 12 kg	- 15 kg	- 12 kg	- 15 kg	- 12 kg
- 18 kg	- 15 kg	- 18 kg	- 15 kg	- 18 kg	- 15 kg	- 18 kg	- 15 kg	- 18 kg	- 15 kg	- 18 kg	- 15 kg
- 21 kg	- 19 kg	- 21 kg	- 19 kg	- 21 kg	- 19 kg	- 21 kg	- 19 kg	- 21 kg	- 19 kg	- 21 kg	- 19 kg
- 24 kg	- 22 kg	- 24 kg	- 22 kg	- 24 kg	- 22 kg	- 24 kg	- 22 kg	- 24 kg	- 22 kg	- 24 kg	- 22 kg
- 28 kg	- 25 kg	- 28 kg	- 25 kg	- 28 kg	- 25 kg	- 28 kg	- 25 kg	- 28 kg	- 25 kg	- 28 kg	- 25 kg
+ 28 kg	+ 25 kg	+ 28 kg	+ 25 kg	+ 28 kg	+ 25 kg	+ 28 kg	+ 25 kg	+ 28 kg	+ 25 kg	+ 28 kg	+ 25 kg

7 & 8 Years Old

White / Yellow Stripe 10 / 9 Gup		Yellow / Green Stripe 8 / 7 Gup		Green / Blue Stripe 6 / 5 Gup		Blue / Red Stripe 4 / 3 Gup		Red / Black Stripe 2 / 1 Gup		Black Recreational 1 Poom +	
Male	Female	Male	Female	Male	Female	Male	Female	Male	Female	Male	Female
- 18 kg	- 15 kg	- 18 kg	- 15 kg	- 18 kg	- 15 kg	- 18 kg	- 15 kg	- 18 kg	- 15 kg	- 18 kg	- 15 kg
- 21 kg	- 19 kg	- 21 kg	- 19 kg	- 21 kg	- 19 kg	- 21 kg	- 19 kg	- 21 kg	- 19 kg	- 21 kg	- 19 kg
- 24 kg	- 22 kg	- 24 kg	- 22 kg	- 24 kg	- 22 kg	- 24 kg	- 22 kg	- 24 kg	- 22 kg	- 24 kg	- 22 kg
- 28 kg	- 25 kg	- 28 kg	- 25 kg	- 28 kg	- 25 kg	- 28 kg	- 25 kg	- 28 kg	- 25 kg	- 28 kg	- 25 kg
- 31 kg	- 28 kg	- 31 kg	- 28 kg	- 31 kg	- 28 kg	- 31 kg	- 28 kg	- 31 kg	- 28 kg	- 31 kg	- 28 kg
- 35 kg	- 31 kg	- 35 kg	- 31 kg	- 35 kg	- 31 kg	- 35 kg	- 31 kg	- 35 kg	- 31 kg	- 35 kg	- 31 kg
- 39 kg	- 35 kg	- 39 kg	- 35 kg	- 39 kg	- 35 kg	- 39 kg	- 35 kg	- 39 kg	- 35 kg	- 39 kg	- 35 kg
+ 40 kg	+ 35 kg	+ 40 kg	+ 35 kg	+ 40 kg	+ 35 kg	+ 40 kg	+ 35 kg	+ 40 kg	+ 35 kg	+ 40 kg	+ 35 kg

9 & 10 Years Old

White / Yellow Stripe 10 / 9 Gup		Yellow / Green Stripe 8 / 7 Gup		Green / Blue Stripe 6 / 5 Gup		Blue / Red Stripe 4 / 3 Gup		Red / Black Stripe 2 / 1 Gup		Black Recreational 1 Poom +	
Male	Female	Male	Female	Male	Female	Male	Female	Male	Female	Male	Female
- 21 kg	- 17 kg	- 21 kg	- 17 kg	- 21 kg	- 17 kg	- 21 kg	- 17 kg	- 21 kg	- 17 kg	- 21 kg	- 17 kg
- 24 kg	- 20 kg	- 24 kg	- 20 kg	- 24 kg	- 20 kg	- 24 kg	- 20 kg	- 24 kg	- 20 kg	- 24 kg	- 20 kg
- 27 kg	- 23 kg	- 27 kg	- 23 kg	- 27 kg	- 23 kg	- 27 kg	- 23 kg	- 27 kg	- 23 kg	- 27 kg	- 23 kg
- 30 kg	- 26 kg	- 30 kg	- 26 kg	- 30 kg	- 26 kg	- 30 kg	- 26 kg	- 30 kg	- 26 kg	- 30 kg	- 26 kg
- 33 kg	- 29 kg	- 33 kg	- 29 kg	- 33 kg	- 29 kg	- 33 kg	- 29 kg	- 33 kg	- 29 kg	- 33 kg	- 29 kg
- 37 kg	- 33 kg	- 37 kg	- 33 kg	- 37 kg	- 33 kg	- 37 kg	- 33 kg	- 37 kg	- 33 kg	- 37 kg	- 33 kg
- 41 kg	- 37 kg	- 41 kg	- 37 kg	- 41 kg	- 37 kg	- 41 kg	- 37 kg	- 41 kg	- 37 kg	- 41 kg	- 37 kg
- 45 kg	- 41 kg	- 45 kg	- 41 kg	- 45 kg	- 41 kg	- 45 kg	- 41 kg	- 45 kg	- 41 kg	- 45 kg	- 41 kg
- 49 kg	- 44 kg	- 49 kg	- 44 kg	- 49 kg	- 44 kg	- 49 kg	- 44 kg	- 49 kg	- 44 kg	- 49 kg	- 44 kg
+ 49 kg	+ 44 kg	+ 49 kg	+ 44 kg	+ 49 kg	+ 44 kg	+ 49 kg	+ 44 kg	+ 49 kg	+ 44 kg	+ 49 kg	+ 44 kg



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RECREATIONAL KYORUGI - DIVISIONS GUIDELINE											
11 & 12 Years Old (Youth)											
White / Yellow Stripe 10 / 9 Gup		Yellow / Green Stripe 8 / 7 Gup		Green / Blue Stripe 6 / 5 Gup		Blue / Red Stripe 4 / 3 Gup		Red / Black Stripe 2 / 1 Gup		Black Recreational 1 Poom +	
Male	Female	Male	Female	Male	Female	Male	Female	Male	Female	Male	Female
- 27 kg	- 23 kg	- 27 kg	- 23 kg	- 27 kg	- 23 kg	- 27 kg	- 23 kg	- 27 kg	- 23 kg	- 27 kg	- 23 kg
- 30 kg	- 26 kg	- 30 kg	- 26 kg	- 30 kg	- 26 kg	- 30 kg	- 26 kg	- 30 kg	- 26 kg	- 30 kg	- 26 kg
- 33 kg	- 29 kg	- 33 kg	- 29 kg	- 33 kg	- 29 kg	- 33 kg	- 29 kg	- 33 kg	- 29 kg	- 33 kg	- 29 kg
- 37 kg	- 33 kg	- 37 kg	- 33 kg	- 37 kg	- 33 kg	- 37 kg	- 33 kg	- 37 kg	- 33 kg	- 37 kg	- 33 kg
- 41 kg	- 37 kg	- 41 kg	- 37 kg	- 41 kg	- 37 kg	- 41 kg	- 37 kg	- 41 kg	- 37 kg	- 41 kg	- 37 kg
- 45 kg	- 41 kg	- 45 kg	- 41 kg	- 45 kg	- 41 kg	- 45 kg	- 41 kg	- 45 kg	- 41 kg	- 45 kg	- 41 kg
- 49 kg	- 44 kg	- 49 kg	- 44 kg	- 49 kg	- 44 kg	- 49 kg	- 44 kg	- 49 kg	- 44 kg	- 49 kg	- 44 kg
- 53 kg	- 47 kg	- 53 kg	- 47 kg	- 53 kg	- 47 kg	- 53 kg	- 47 kg	- 53 kg	- 47 kg	- 53 kg	- 47 kg
- 57 kg	- 51 kg	- 57 kg	- 51 kg	- 57 kg	- 51 kg	- 57 kg	- 51 kg	- 57 kg	- 51 kg	- 57 kg	- 51 kg
+ 57 kg	+ 51 kg	+ 57 kg	+ 51 kg	+ 57 kg	+ 51 kg	+ 57 kg	+ 51 kg	+ 57 kg	+ 51 kg	+ 57 kg	+ 51 kg
13 & 14 Years Old (Cadet)											
White / Yellow Stripe 10 / 9 Gup		Yellow / Green Stripe 8 / 7 Gup		Green / Blue Stripe 6 / 5 Gup		Blue / Red Stripe 4 / 3 Gup		Red / Black Stripe 2 / 1 Gup		Black Recreational 1 Poom +	
Male	Female	Male	Female	Male	Female	Male	Female	Male	Female	Male	Female
- 33 kg	- 29 kg	- 33 kg	- 23 kg	- 33 kg	- 23 kg	- 33 kg	- 23 kg	- 33 kg	- 23 kg	- 33 kg	- 23 kg
- 37 kg	- 33 kg	- 37 kg	- 26 kg	- 37 kg	- 26 kg	- 37 kg	- 26 kg	- 37 kg	- 26 kg	- 37 kg	- 26 kg
- 41 kg	- 37 kg	- 41 kg	- 29 kg	- 41 kg	- 29 kg	- 41 kg	- 29 kg	- 41 kg	- 29 kg	- 41 kg	- 29 kg
- 45 kg	- 41 kg	- 45 kg	- 33 kg	- 45 kg	- 33 kg	- 45 kg	- 33 kg	- 45 kg	- 33 kg	- 45 kg	- 33 kg
- 49 kg	- 44 kg	- 49 kg	- 37 kg	- 49 kg	- 37 kg	- 49 kg	- 37 kg	- 49 kg	- 37 kg	- 49 kg	- 37 kg
- 53 kg	- 47 kg	- 53 kg	- 41 kg	- 53 kg	- 41 kg	- 53 kg	- 41 kg	- 53 kg	- 41 kg	- 53 kg	- 41 kg
- 57 kg	- 51 kg	- 57 kg	- 44 kg	- 57 kg	- 44 kg	- 57 kg	- 44 kg	- 57 kg	- 44 kg	- 57 kg	- 44 kg
- 61 kg	- 55 kg	- 61 kg	- 47 kg	- 61 kg	- 47 kg	- 61 kg	- 47 kg	- 61 kg	- 47 kg	- 61 kg	- 47 kg
- 65 kg	- 59 kg	- 65 kg	- 51 kg	- 65 kg	- 51 kg	- 65 kg	- 51 kg	- 65 kg	- 51 kg	- 65 kg	- 51 kg
+ 65 kg	+ 59 kg	+ 65 kg	+ 51 kg	+ 65 kg	+ 51 kg	+ 65 kg	+ 51 kg	+ 65 kg	+ 51 kg	+ 65 kg	+ 51 kg



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RECREATIONAL KYORUGI - DIVISIONS GUIDELINE											
15 to 17 Years Old (Junior)											
White / Yellow Stripe 10 / 9 Gup		Yellow / Green Stripe 8 / 7 Gup		Green / Blue Stripe 6 / 5 Gup		Blue / Red Stripe 4 / 3 Gup		Red / Black Stripe 2 / 1 Gup		Black Recreational 1 Dan +	
Male	Female	Male	Female	Male	Female	Male	Female	Male	Female	Male	Female
- 48 kg	- 44 kg	- 48 kg	- 44 kg	- 48 kg	- 44 kg	- 48 kg	- 44 kg	- 48 kg	- 44 kg	- 48 kg	- 44 kg
- 55 kg	- 49 kg	- 55 kg	- 49 kg	- 55 kg	- 49 kg	- 55 kg	- 49 kg	- 55 kg	- 49 kg	- 55 kg	- 49 kg
- 63 kg	- 55 kg	- 63 kg	- 55 kg	- 63 kg	- 55 kg	- 63 kg	- 55 kg	- 63 kg	- 55 kg	- 63 kg	- 55 kg
- 73 kg	- 63 kg	- 73 kg	- 63 kg	- 73 kg	- 63 kg	- 73 kg	- 63 kg	- 73 kg	- 63 kg	- 73 kg	- 63 kg
+ 73 kg	+ 63 kg	+ 73 kg	+ 63 kg	+ 73 kg	+ 63 kg	+ 73 kg	+ 63 kg	+ 73 kg	+ 63 kg	+ 73 kg	+ 63 kg
18 Years Old + (Senior / Executive)											
White / Yellow Stripe 10 / 9 Gup		Yellow / Green Stripe 8 / 7 Gup		Green / Blue Stripe 6 / 5 Gup		Blue / Red Stripe 4 / 3 Gup		Red / Black Stripe 2 / 1 Gup		Black Recreational 1 Dan +	
Male	Female	Male	Female	Male	Female	Male	Female	Male	Female	Male	Female
- 58 kg	- 49 kg	- 58 kg	- 49 kg	- 58 kg	- 49 kg	- 58 kg	- 49 kg	- 58 kg	- 49 kg	- 58 kg	- 49 kg
- 68 kg	- 57 kg	- 68 kg	- 57 kg	- 68 kg	- 57 kg	- 68 kg	- 57 kg	- 68 kg	- 57 kg	- 68 kg	- 57 kg
- 80 kg	- 67 kg	- 80 kg	- 67 kg	- 80 kg	- 67 kg	- 80 kg	- 67 kg	- 80 kg	- 67 kg	- 80 kg	- 67 kg
+ 80 kg	+ 67 kg	+ 80 kg	+ 67 kg	+ 80 kg	+ 67 kg	+ 80 kg	+ 67 kg	+ 80 kg	+ 67 kg	+ 80 kg	+ 67 kg



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TORONTO OPEN 2018

TAEKWONDO CHAMPIONSHIPS

"WHERE ART & SCIENCE MEET"
 VARIETY VILLAGE , TORONTO, CANADA
 TorontoOpenTaekwondo@gmail.com

SATURDAY NOV 17-RECREATIONAL DIVISIONS

First Name	Last Name	Gender <input type="checkbox"/> MALE <input type="checkbox"/> FEMALE
Date of Birth: (Month/Day/Year)	Address: (Address/City/ Province/Postal Code)	
Telephone Number	Email	Person with a Disability?: <input type="checkbox"/> YES <input type="checkbox"/> NO
Emergency Contact Person	TKD Ontario Membership# (TOM#)	ONTARIO RESIDENT <input type="checkbox"/> NON MEMBER- please add TO Fee \$35
Belt /rank	Weight (Kg)	NON-ONTARIO RESIDENT <input type="checkbox"/> Insurance Proof or <input type="checkbox"/> TO Fee \$35
Team Name	Coach Name	<input type="checkbox"/> Poomsae \$75 <input type="checkbox"/> Kyorugi \$75 <input type="checkbox"/> Both \$75

Note: Divisions may be separated or combined at the discretion of the Tournament Director due to the number of participants and/or for safety reasons.

Athlete (or Parent/Guardian if athlete is under 18) signature below:

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 Signature of Applicant or Parent/Guardian if under 18

 Date



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SUNDAY NOV 18-WORLD CLASS SPARRING		
First Name	Last Name	GENDER <input type="checkbox"/> MALE <input type="checkbox"/> FEMALE
Date of Birth: (Month/Day/Year)	Address: (Address/City/ Province/Postal Code)	
Telephone Number	Email	TKD Ontario Membership# (TO#) _ YES (TO#) <input type="checkbox"/> NO- please add TO Fee \$35 <input type="checkbox"/> Medical Declaration
Emergency Contact Person	Contact Telephone Number	NON ONTARIO RESIDENT <input type="checkbox"/> Insurance Proof or <input type="checkbox"/> TO Fee \$35 <input type="checkbox"/> Medical Declaration
Team Name	Coach Name	<input type="checkbox"/> Kyorugi \$85

KYORUGI DIVISIONS:									
(circle appropriate data)			(circle weight category)						
Senior		MALE	Under 58kg	Under 68kg	Under 80kg	Over 80kg			
		FEMALE	Under 49kg	Under 57kg	Under 67kg	Over 67kg			
Junior		MALE	Under 48kg	Under 55kg	Under 63kg	Under 73k	Over 73kg		
		FEMALE	Under 44kg	Under 49kg	Under 55kg	Under 63kg	Over 63kg		
Cadet		MALE	Under 37kg	Under 45kg	Under 53kg	Under 61kg	Over 63kg		
		FEMALE	Under 33kg	Under 41kg	Under 47kg	Under 55kg	Over 55kg		

Note: Divisions may be separated or combined at the discretion of the Tournament Director due to the number of participants and/or for safety reasons.

Athlete (or Parent/Guardian if athlete is under 18) signature below:
<p><i>I have read the rules and hereby submit my application for registration in the Toronto Open2018 , Nov 17 & 18,2018 , hosted by Young Choung TaeKwonDo Academy. I release, hold harmless and indemnify Young Choung TaeKwonDo Academy from and against all claims, actions, costs and expenses and demand in respect to death, injury, loss or damage to my person or property, whosoever and howsoever caused, arising out of or in connection with my taking part in the event and notwithstanding that the same may have been contributed to or occasioned by any act or failure to act including, without limitation, of Young Choung TaeKwonDo Academy. or any of its staff. I further agree, that any pictures taken of or by me in connection with the said Championship can be used by the Tournament Director for publicity or promotion without compensation at this or any other time.</i></p>
<p>Signature of Applicant or Parent/Guardian if under 18 _____ Date _____</p>



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TAEKWONDO ONTARIO
 8889 YONGE STREET
 P.O. BOX 31057
 RICHMOND HILL, ONTARIO
 TAEKWONDO.ON.CA

Medical Declaration

I _____, hereby declare that I have not sustained any head injuries/ concussions, fracture or dislocations in the last 60 days. Upon signing of this declaration, I agree to promptly notify the attending physician at the competition in the event that I sustain any of the above injuries leading up to the competition day for a pre-assessment before competing.

I understand that Ontario Taekwondo Association (OTA) o/a Taekwondo Ontario, including its officials and medical team will not be held responsible for any injuries.

Name of athlete: _____

Name of parent/guardian of athlete under 18: _____

Athlete signature: _____

Parent/ guardian signature: _____

Date: _____



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SUN NOV 18- Recognized Poomsae Competition

First Name	Last Name	GENDER <input type="checkbox"/> MALE <input type="checkbox"/> FEMALE
Date of Birth: (Month/Day/Year)	Address: (Address/City/ Province/Postal Code)	
Telephone Number	Email	TKD Ontario Membership# (TO#) <input type="checkbox"/> NO- please add TO Fee \$35
Emergency Contact Person	Contact Telephone Number	NON ONTARIO RESIDENT <input type="checkbox"/> Insurance Proof or <input type="checkbox"/> TO Fee \$35
Team Name	Coach Name	<input type="checkbox"/> Recognized Poomsae \$85

BLACK BELT POOMSAE DIVISION

AGE DIVISION	Male	Female	DESIGNATED COMPULSORY POOMSAE
10-11 Youth			Taeguk 4 to Koryo
12-14 Cadet			Taeguk 4 to Keumgang
15-17 Junior			Taeguk 4 to Taebek
18-30 Years Old			Taeguk 6 to Shipjin
31-40 Years Old			Taeguk 6 to Shipjin
41-50 Years Old			Taeguk 8 to Chonkwon
51+ Years Old			Koryo to Hansu

Athlete (or Parent/Guardian if athlete is under 18)

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Signature of Applicant or Parent/Guardian if under 18

Date



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SUN NOV 18- TEAM/PAIR Poomsae Competition

TEAM (Name, First and Last) <input type="checkbox"/> Recognized Poomsae \$85		PAIR (Name, First and Last) <input type="checkbox"/> Recognized Poomsae \$85	
1.		1.	
2.		2.	
3.			
4.			
5.			
Address (Main Contact)			
Email		Contact Telephone Number	Team / Pair Name

Pairs / Team *Please Select all that apply*

AGE DIVISION	Pair	Team	DESIGNATED COMPULSORY POOMSAE
CADET			Taeguk 4 to Keumgang
JUNIOR			Taeguk 4 to Taebek
UNDER 30			Taeguk 6 to Shipjin
OVER 30			Taeguk 8 to Chonkwon

- *Pairs **must** be 1 male and 1 female
- *Pairs or Teams **must** be in the same Age Division

Athlete (or Parent/Guardian if athlete is under 18)

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Signature of Applicant or Parent/Guardian if under 18

Date



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Coach Registration

First Name	Last Name	Gender <input type="checkbox"/> MALE <input type="checkbox"/> FEMALE
Address	City/Town	Province & Postal Code
Telephone Number	Email	Date of Birth: (Month/Day/Year)
Emergency Contact Person	Contact Telephone Number	<input type="checkbox"/> Coach Fee \$25

Team Name

Coach signature below:

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 Signature of Applicant or Parent/Guardian if under 18 Date



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Group Registration Form

Participant Name (*make copies of this page if necessary)	Age	Gender	Weight	Cup/Belt Rank	Poomsae	Day 1 Poomsae	Day 1 Kyorugi	Day 1 Both	Day 2 Poomsae	Day 2 Kyorugi	Total Fee

DAY 1 \$75 TO Fee(if required) \$35 Coach Fee \$25

DAY 2 Kyorugi \$85 Recognized Poomsae \$85 TO Fee(if required) \$35 Coach Fee \$25

Team Name: _____ **Coach signature below:** _____

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Please contact Days Inn Toronto East

Reference: 2018 Toronto Open Taekwondo Championships:

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