

# 2018-2019 PROVINCIAL GAME # 1

**Updated: 09-12-2018**

Taekwondo Ontario will be holding the 1<sup>st</sup> provincial game for the 2018-2019 season on September 30<sup>th</sup>, 2018 at [Markham Pan Am Centre](#) in Markham, Ontario. Please familiarize yourself with this document and the information contained within.

This event will be utilizing the KP&P Protector & Scoring System, and e-Headgear. All sparring athletes competing in this event must ensure that they have the latest version of the KP&P sensor socks. KP&P sensor socks can be purchased from the vendor below:

### **Captain Sports Martial Arts Supply**

351 Steelcase Rd. West, Unit # 3

Markham, Ontario L3R 4H9

Tel: 905-946-0800

Web: [www.captainsports.ca](http://www.captainsports.ca)

### **IMPORTANT DATES**

<b>September 27<sup>th</sup>, 2018</b>	Registration Deadline Online
<b>September 28<sup>th</sup>, 2018</b>	Competitor List Published
<b>September 29<sup>th</sup>, 2018</b>	Designated Poomsae & Sparring brackets announced
<b>September 29<sup>th</sup>, 2018</b>	Early athlete & coach accreditation; @ venue 6pm Cadet/Junior/Senior weigh-in @ venue 7pm-9pm
<b>September 30<sup>th</sup>, 2018</b> <b>8 am start</b> <b>(All one day)</b>	Poomsae Individual: Youth / Cadet / Junior / Senior Poomsae Pair / Team / Freestyle Individual / Freestyle Team Sparring: Cadet / Junior / Senior

## REQUIREMENTS

- (1) All athletes and coaches participating in this event must be members in good standing with Taekwondo Ontario for the upcoming 2018-2019 season. As such, individuals must register or renew their membership online via the website ([www.taekwondo-ontario.com](http://www.taekwondo-ontario.com)) to ensure that they are properly insured with Taekwondo Ontario for the 2018 – 2019 season. If you are not a member in good standing or do not have a Taekwondo Ontario membership, the system will NOT allow you to register.
- (2) Athletes competing must possess a minimum of 1<sup>st</sup> Dan/Poom Kukkiwon. If the Kukkiwon has been applied for but not yet received, please indicate it on the registration as “In Process”.
- (3) As part of the Province of Ontario’s Sport Recognition Policy (SRP) governing Combat Sports, all sparring competitors must have completed the enclosed medical declaration. For this upcoming provincial game, all sparring competitors participating in divisions with head contact must sign a self-declaration to be emailed to [info@taekwondo-ontario.com](mailto:info@taekwondo-ontario.com) by no later than **September 27<sup>th</sup>, 2018**. Sparring athletes without the completed and signed self-declaration will not be allowed to compete. **NO refunds** will be issued to competitors that fail to submit their declaration by the aforementioned deadline.
- (4) The registration period will be from **September 11<sup>th</sup>, 2018 to September 27<sup>th</sup>, 2018**. All athletes and coaches must register online through the Events section of website [www.taekwondo-ontario.com](http://www.taekwondo-ontario.com). Registrations after **September 27<sup>th</sup>, 2018** will not be accepted.
- (5) Coaches must be either NCCP Dojang Coach certified or NCCP Dojang Coach trained.
- (6) On the day of competition, a strict dress code for coaches will be enforced. No hats, jeans, open toe shoes or Taekwondo uniforms will be allowed. Only coaches wearing athletic attire or business casual will be allowed on the venue floor to coach. Coaches that fail to abide by the dress code policy and refused entry onto the venue floor will **NOT** be refunded.
- (7) Sparring athletes must ensure that the following mandatory equipment: White V-neck WT style uniform, white or clear mouth guard, armguards, hand protector, groin protector, shin guards as well as KP&P socks. Facemasks are mandatory for sparring athletes competing in the Cadet divisions. Electronic hogus & helmets will be supplied.

Poomsae athletes must wear mandatory Poomsae Y-neck style uniforms. Freestyle competitors must bring their music file to competition on a USB the day of competition.

## FEES

<b>Sparring</b>	\$100 + (HST)
<b>Poomsae</b>	\$100 + (HST) first Poomsae Event, \$25 + (HST & Service Charge) each additional Poomsae Event
<b>Coach</b>	\$60 for all non-DC certified coaches (Free for all DC certified coaches)
<b>Spectator</b>	\$10.00 spectators 12 and up; \$5.00 spectators under 12 – <b>Cash</b>

## TOURNAMENT INFORMATION

- (1) **Medical Support** – A medical support team will be on-site to treat injuries. Taping services will be offered at a cost. Additionally, as a requirement of the Province of Ontario's Sport Recognition Policy (SRP) governing Combat Sports, a licensed physician will be on-site during the competition.
- (2) **Field of Play** – Only athletes and competitors with valid accreditation will be allowed onto the field of play.
- (3) **IMPORTANT\* Random Weigh-In (Applicable to Senior Competitors)** - This is part of the new WT competition rules, which requires athletes to undergo a random weigh-in process on the day of the competition.

Assuming the competition begins at 9:00 am, Senior athletes will be required to report to the venue two hours before (i.e. 7:00 am). Out of each division, 20% of the Senior athletes who successfully weighed in on the previous day will be selected for random weigh-in (e.g. 4 competitors out of 20 in -80 kg division). Random weigh-in shall be conducted with plus 5% tolerance of the contestant's weight category. Underweight shall not be subjected to random weigh-in. In addition, + weight divisions are exempt from random weigh-in as no weight needs to be cut for this purpose (e.g. M +80 kg and W +67 kg heavyweight divisions).

\*For example, an athlete in the -80 kg division can weigh-in up to a maximum of 84.0 kg. A random weigh-in of 84.1 kg would be a disqualification.

Random weigh-in shall be done only once. There will be no second attempt. Any athlete who arrives to random weigh-in late or is a no-show will immediately be disqualified. Random weigh-in shall be finished 30 minutes prior to the start of the competition.

### (4) Sparring Format

- Single Elimination
- Junior and Senior and Cadet: Three rounds of 90 seconds duration with 30 seconds break
- Full head contact, WT rules in effect. (Facemasks mandatory for Cadets. Competitors must bring their own)
- Match will be stopped at a 20-point gap at the end of the 2nd round or any time during the 3rd round
- 1st, 2nd, 3rd places will be issued for podium finish

### (5) Poomsae Format

- Two (2) Poomsae will be required in the Preliminary rounds
- Two (2) Poomsae will be required in the Final rounds
- The Poomsae draws will be posted ahead of schedule
- Poomsae Style Y-neck uniforms are mandatory for Poomsae competitors
- 1st, 2nd, 3rd and 4th places will be issued for podium finish

### (6) Drawing of Lots – Sparring

- Athletes who finished prior season ranked #1 and #2 in Ontario will be seeded in the #1 and #2 positions on the bracket if they are competing in the same age category as prior season.
- Remainder of the bracket will be drawn at random. Affiliation to the same club will be only done in the opening round of the bracket, when possible (ranking / seeding may make this impossible depending on number of athletes)

(7) **Mandatory Participation** - All competitors participating in the 2019 Canadian National Championships in Quebec City **MUST** participate at one 2018-2019 Taekwondo Ontario Provincial Selection Games. Athletes unable to participate due to injury must have a physician's note and must still register and attend the weigh-in.

## Appendix A Terms & Conditions

### **PLEASE READ CAREFULLY**

Thank you for your interest in the Taekwondo Ontario Provincial Game # 1. As a requirement for event registration, I agree to the following terms and conditions:

1. I declare that I am over the age of 18 years old or I am a parent/guardian of a participant under the age of 18 years old.
2. I understand as a condition of event participation as a coach or athlete, I must be a current member of the Taekwondo Ontario.
3. I am fully aware of the risks involved and the degree of fitness required in taking part in this event. I accept that the event organizers and their agents cannot be held responsible for any injury or loss, however caused.
4. I, confirm that the participant has not suffered a head injury or concussion within 30 days of this event and are cleared to fully participate in contact sports.
5. I agree to fully abide by the rules of competition as outlined and will maintain sportsmanlike behavior at all times while participating at this event.
6. I have read the package and ranking system on the last page of this document.
7. I agree to allow the Taekwondo Ontario and their agents to capture myself on still image or film for the purposes of promoting the Taekwondo Ontario.
8. I understand that all fees are non-refundable.

I acknowledge that I have read and agree with the above Terms and Conditions.

\_\_\_\_\_  
Signature or of Parent/Guardian of Minor

\_\_\_\_\_  
Date

## Appendix B

<b>SPARRING DIVISIONS</b>						
	<b>CADET Division</b>		<b>JUNIOR Division</b>		<b>SENIOR Division</b>	
	<b>Birth Year 2005, 2006, 2007</b>		<b>Birth Year 2004, 2003, 2002</b>		<b>Birth Year 2002 &amp; Earlier</b>	
	Male (KG)	Female (KG)	Male (KG)	Female (KG)	Male (KG)	Female (KG)
FIN	-33	-29	-45	-42	-54	-46
FLY	-37	-33	-48	-44	-58	-49
BANTAM	-41	-37	-51	-46	-63	-53
FEATHER	-45	-41	-55	-49	-68	-57
LIGHT	-49	-44	-59	-52	-74	-62
WELTER	-53	-47	-63	-55	-80	-67
LIGHT MIDDLE	-57	-51	-68	-59		
MIDDLE	-61	-55	-73	-63	-87	-73
LIGHT HEAVY	-65	-59	-78	-68		
HEAVY	+65	+59	+78	+68	+87	+73

<b>RECOGNIZED POOMSAE DIVISIONS</b>											
Division		U10	Youth 10-11	Cadet 12-14	Junior 15-17	Under 30 18-30	Under 40 31-40	Under 50 41-50	Under 60 51-60	Under 65 61-65	Over65 66+
Individual	Male	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
	Female	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Division				Cadet 12-14	Junior 15-17	Under 30 18-30	Over 30 31+				
Pair				✓	✓	✓	✓				
Team	Male			✓	✓	✓	✓				
	Female			✓	✓	✓	✓				

<b>FREESTYLE POOMSAE DIVISIONS</b>			
Division		Under 17 12-17	Over 17 18+
Individual	Male	✓	✓
	Female	✓	✓
Pair		✓	✓
Team (Mixed)		✓	✓