



2018
AUTHENTIC TAEKWONDO
GRAND PRIX

info@authentictkd.ca (905) 947 1235

Online Registration:

<http://authentictkd.ca/tournament/register.php>

► Dear Friends,

You are cordially invited to the 2018 AUTHENTIC TAEKWONDO GRAND PRIX, at the Toronto Pan Am Sports Centre at 875 Morningside Avenue, Toronto, Ontario on May 26, 2018.

You and your athletes are invited to the 2nd edition of the Authentic Taekwondo Grand Prix. Our aim is to give all developing participants an opportunity to compete and meet with many other TKD practitioners.

Kindly read the attached tournament package carefully for all details regarding registration deadlines, tournament rules, terms and conditions of participation, competition schedule and contest procedures.

This year the **Gold Medallists** in Junior (15-17) High Performance Sparring Divisions- (*with four or more contestants in the Youth Olympic Weight Categories shall receive support value of \$250.00 CDN towards their competition expenses. As an athlete I know every little bit helps!

***NEW REQUIREMENT FOR HIGH PERFORMANCE SPARRING CONTESTANTS
(CADET, JR, SR BLACK BELTS ONLY)***

*All amateur combative sport contestants participating in a contest that permits full contact strikes to the head, must annually submit medical examination forms to the PSO (Taekwondo Ontario) for their respective sport. *Out-of-province contestants may submit a letter from a physician, indicating they are fit to compete for a specific event.

*Medical Declaration Forms will be accepted in lieu of above requirements (on page 8) and shall be submitted at Weigh In. available at <http://taekwondo-ontario.com/forms/>

Should you have any questions or concerns at any time regarding the tournament, please contact us. We look forward to seeing you soon.

Sincerely,

Akmal Farah

Master Akmal Farah
Event Host

Rommel Cabanatan

Master Rommel Cabanatan, ChPC
Tournament Director



Taekwondo Ontario is officially recognized by the Ministry of Tourism, Culture and Sport

This contest is sanctioned by an organization officially recognized by the Province of Ontario



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▶ PLEASE READ CAREFULLY

Thank you for your interest in the 2018 Authentic Taekwondo Grand Prix. As a requirement for event registration, I agree to the following terms and conditions:

1. I declare that I am over the age of 18 years old or I am a parent/guardian of a participant under the age of 18 years old.
2. Choose One:
 - As a RESIDENT OF ONTARIO - I understand as a condition of event participation athlete, I and my club must be a current member of the Taekwondo Ontario. <http://taekwondo-ontario.com/membership/>
 - As a NON-RESIDENT of ONTARIO I understand as a condition of event participation I must provide proof of insurance information to the event organizers as a condition of participation and event insurance.
3. I am fully aware of the risks involved and the degree of fitness required in taking part in this event. I accept that the event organizers and their agents cannot be held responsible for any injury or loss, however caused.
4. I agree to allow 2018 Authentic Taekwondo Grand Prix. and their agents to capture myself on still image or film for the purposes of promoting the 2018 Authentic Taekwondo Grand Prix.
5. I understand that the categories in the Colour Belt & Recreational Black belt divisions are are grouped under discretion of the Tournament Director and TKD ONTARIO Officials.
6. I understand that the categories for Junior & Senior Black Belt Sparring will be adopting Youth & Senior Olympic Weight Categories. I understand that the Categories may be further categorized after completion of the weigh ins to ensure competition.
7. I understand that all fees are non-refundable
8. As a condition of participation in HIGH PERFORMANCE SPARRING DIVISIONS-Medical Declaration & Fit to Fight Forms (page 8 of this document <http://taekwondo-ontario.com/forms/>) shall be submitted at Weigh In.
9. I acknowledge that I have read and agree to the above Terms and Conditions.

Print Name	Signature	Date

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► **GENERAL INFORMATION**

DATE Saturday May 26th, 2018

VENUE Toronto Pan Am Center 875 Morningside Toronto, Ontario M1C 0C7

EVENT CONTACT INFORMATION & ONLINE REGISTRATION SYSTEM

<http://authentictkd.ca/tournament/register.php>

REGISTRATION DEADLINE: MUST be received by Friday, May 18, 2018

(E-TRANSFER FORMS & PAYMENT TO: info@authentictkd.ca)

Cash, Certified Cheques or Money Orders Payable to:

"Authentic Taekwondo Inc" 7676 Woodbine Ave. Markham , On L3R 2N2 Canada TEL#(905) 947 1235

Colour belts and Recreational Black belts

- \$70 Cdn/US Poomsae
- \$70 Cdn/US Kyorugi
- \$85 Cdn/US for BOTH events

HIGH PERFORMANCE BLACK BELT Kyorugi (KP & P PSS)

- \$85 Cdn/US
- CADET (12-14) JUNIOR(15-17) and SENIOR (17+)

HIGH PERFORMANCE BLACK BELT Recognized Poomsae

- \$85 Cdn/US
- YOUTH (10-11) CADET (12-14) JUNIOR(15-17) U30, U40, U50, U60, U65 66+

Coaching Fee:

- \$25 Cdn/US One (1) FREE coach pass per school by pre-registration
- Each additional coach pass (floor access) available on-site registration: \$25 Cdn/US

Spectator Fee:

\$10 (Registered Coaches, Athletes & Children 6 & under: FREE)



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► RULES

COLOUR BELT & RECREATIONAL BLACK BELT ALL AGES ATURDAY,

- Single Elimination
- 2 x 1 minute rounds; will end match with a 20 point gap
- Manual Electronic Scoring System
- **NO** head contact
- 1 Poomsae according to Age Category. Manual Judging.

HIGH PERFORMANCE BLACK BELT KYORUGI - SENIOR, JUNIOR & *CADET

- **Cadet (12-14) Junior (15-17) & Senior Olympic (17+) : World Taekwondo® Rules.**
- 3 rounds x 1.5 minute, 30 sec rest; will end match with a 20 point gap at the end of 2nd round
- Single Elimination
- 1st, 2nd, 3rd place winners awarded for podium finish.
- **KP&P® Protector & Scoring System** will be used.
- Instant Video Replay

As a condition of participation in HIGH PERFORMANCE SPARRING DIVISIONS A medical examination document submitted signed by licensed physician that the applicant is “fit to engage at The 2018 Authentic Taekwondo Grand Prix for Cadet, Jr & Sr Black Belt Sparring Divisions.” Or * **Medical Declaration/Fit to Fight Forms will be accepted in lieu of above requirements (on page 8) and shall be submitted at Weigh In.** <http://taekwondo-ontario.com/forms/>

HIGH PERFORMANCE BLACK BELT POOMSAE – CADET, JR, SR, MASTERS, TEAM, PAIR

- **World Taekwondo® Rules**
- Electronic Scoring Instrument
- Two required Poomsae, announced by Friday May 25th
- 1st, 2nd, 3rd & 4th place awards

MANDATORY EQUIPMENT

- All Colour and Recreational Black Belt Kyorugi athletes must provide their own white WORLD TAEKWONDO (WT®) style uniform, helmet, shin guards, arm guards, instep protection, groin protector (worn inside of uniform), chest protectors, mouth guard. *Equipment will be on sale, on site.*
- **High Performance** Cadet, Junior & Senior athletes must provide their own white WORLD TAEKWONDO (WT®) style uniform/equipment. shin guards, arm guards, WT® approved sensor socks, groin protector (worn inside of uniform), hand protectors and white or transparent mouth guard. PSS & E-Helmet will be provided on site. *Equipment will be on sale, on site. Please note that approved KP&P Sensor Socks are required High Performance Cadet, Junior & Senior.*
- **Recognized Poomsae-** WORLD TAEKWONDO (WT®) style **Y Neck Uniform** with appropriate age division colours
- Recommended.



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Colour Belts & Recreational Schedule	
8:00 AM	Accreditation area opens
8:00 AM	Meeting of Officials
8:30 AM call to staging	▶ 5 & Under ▶ 6 & 7 Year Olds
11:00 AM call to staging	▶ 8 & 9 Year Olds
11:00 AM call to staging	▶ 8 & 9 Year Olds
2:00 PM call to staging	▶ 10 & 11 Year Olds
3:00 PM call to staging	▶ All Recreational Black Belts to Staging – ALL AGES
4:00 PM call to staging	▶ 12- 14 Year Olds
6:00 PM call to staging	▶ 15-17 Year Olds ▶ 18-30 Year Olds ▶ 31-40 Year Olds ▶ 41-50 Year Olds ▶ 50+
High Performance Divisions Schedule	
Recognized Poomsae Competition Schedule	
9:00 AM	▶ U30 ▶ U40 ▶ U50 ▶ U60+
10:00 AM	▶ CADET
1:00 PM	▶ YOUTH
2:00 PM	▶ JUNIOR
Kyorugi Schedule with Electronic Protector & Scoring System.	
9:00 AM	▶ JUNIOR
3:00 PM	▶ CADET
5:00 PM	▶ SENIOR



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Online Registration:

**RECREATIONAL DIVISIONS *register online:
<http://authentictkd.ca/tournament/register.php>**

First Name	Last Name	Gender <input type="checkbox"/> MALE <input type="checkbox"/> FEMALE
Date of Birth: (Month/Day/Year)	Address: (Address/City/ Province/Postal Code)	
Telephone Number	Email	Special Needs/Athlete with a Disability?: <input type="checkbox"/> YES <input type="checkbox"/> NO
Emergency Contact Person	Contact Telephone Number	
Belt /rank	Weight (Kg)	Height (Cm)
Team Name	Coach Name	TKD ONTARIO Membership#: <input type="checkbox"/> Poomsae \$70 <input type="checkbox"/> Kyorugi \$70 <input type="checkbox"/> Both \$85

DIVISIONS:

Age Division (Select One)	Belt Colour (select one-*indicates required poomsae)
5 & UNDER	WHITE-10 th -9 th Keup <i>Taeguk 1,</i>
6 & 7	YELLOW -8 th -7 th Keup <i>Taeguk 2,3 Jang</i>
8 & 9	GREEN-6 th -5 th Keup <i>Taeguk 4, 5 Jang</i>
10 & 11	BLUE -4 th & 3 rd Keup <i>Taeguk 6, 7 Jang</i>
12 to14	RED -2 nd & 1 st Keup <i>Taeguk 7, 8 Jang</i>
15 to 17	REC BLACK BELT <i>1^s Dan (Taeguk 8 or Koryo)</i>
18 to 30	<i>2nd Dan (Koryo or Keumgang)</i>
31 to 40	*3 rd Dan & Up encouraged for High Performance Recognized Poomsae competition <i>3rd Dan (Keumgang or Taebek)</i>
41 to 50	<i>4th Dan (Taebek or Pyungwon)</i>
50 & Up	<i>5th Dan (Pyungwon or Shipjin)</i>
	<i>6th Dan (Shipjin or Jitae)</i>

Note: Divisions may be separated or combined at the discretion of the Tournament Director due to the number of participants and/or for safety reasons.

Athlete (or Parent/Guardian if athlete is under 18) signature below:

I have read the rules and hereby submit my application for registration in the Authentic Taekwondo Grand Prix, on May 26, 2018 hosted by Authentic Taekwondo Inc. I release, hold harmless and indemnify Authentic Taekwondo Inc. its employees, staff, coaches, volunteers, sponsors and all related parties from any and against all claims, actions, costs and expenses and demand in respect to death, injury, loss or damage to my person or property, whosoever and howsoever caused, arising out of or in connection with my taking part in the event and notwithstanding that the same may have been contributed to or occasioned by any act or failure to act including, without limitation, of Authentic Taekwondo Inc. or any of its staff. I further agree, that any pictures taken of or by me in connection with the said Championship can be used by the Tournament for publicity or promotion without compensation at this or any other time.



 Signature of Applicant or Parent/Guardian if under 18

TAEKWONDO ONTARIO
 Date

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**HIGH PERFORMANCE SPARRING *register online:
<http://authentictkd.ca/tournament/register.php>**

First Name	Last Name	GENDER <input type="checkbox"/> MALE <input type="checkbox"/> FEMALE
Date of Birth: (Month/Day/Year)	Address: (Address/City/ Province/Postal Code)	
Telephone Number	Email	TKD ONTARIO MEMBERSHIP#
Emergency Contact Person	Contact Telephone Number	ATTACHED COPY OF INSURANCE? (NON-RESIDENTS OF ONTARIO) <input type="checkbox"/> YES <input type="checkbox"/> NO
Team Name	Coach Name	<input type="checkbox"/> Kyorugi \$85

KYORUGI DIVISIONS:

(circle appropriate data)		(circle weight category)					
SENIOR	MALE	Under 58kg	Under 68kg	Under 80kg	Over 80kg		
	FEMALE	Under 49kg	Under 57kg	Under 67kg	Over 67kg		
JUNIOR	MALE	Under 48kg	Under 55kg	Under 63kg	Under 73k	Over 73kg	
	FEMALE	Under 44kg	Under 49kg	Under 55kg	Under 63kg	Over 63kg	
CADET	MALE	Under 37kg	Under 45kg	Under 53kg	Under 61kg	Over 63kg	
	FEMALE	Under 33kg	Under 41kg	Under 47kg	Under 55kg	Over 55kg	

Note: Divisions may be separated or combined at the discretion of the Tournament Director due to the number of participants and/or for safety reasons. See next page to include.

Athlete (or Parent/Guardian if athlete is under 18) signature below:

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Signature of Applicant or Parent/Guardian if under 18

Date



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Online Registration:

<http://authentictkd.ca/tournaments/taekwondo-grand-prix-2018.php>



TAEKWONDO ONTARIO
8889 YONGE STREET
P.O. BOX 31057
RICHMOND HILL, ONTARIO
TAEKWONDO.ON.CA

Medical Declaration

I, _____, hereby declare that I have not sustained any head injuries/ concussions, fracture or dislocations in the last 60 days. Upon signing of this declaration, I agree to promptly notify the attending physician at the competition in the event that I sustain any of the above injuries leading up to the competition day for a pre-assessment before competing.

I understand that Ontario Taekwondo Association (OTA) o/a Taekwondo Ontario, including its officials and medical team will not be held responsible for any injuries.

Name of athlete: _____

Name of parent/guardian of athlete under 18: _____

Athlete signature: _____

Parent/ guardian signature: _____

Date: _____

Taekwondo Ontario

Medical Declaration

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Online Registration:

**HIGH PERFORMANCE RECOGNIZED POOMSAE *register online:
http://authentictkd.ca/tournament/register.php**

First Name	Last Name	GENDER <input type="checkbox"/> MALE <input type="checkbox"/> FEMALE
Date of Birth: (Month/Day/Year)	Address: (Address/City/ Province/Postal Code)	
Telephone Number	Email	TKD ONTARIO MEMBERSHIP#
Emergency Contact Person	Contact Telephone Number	ATTACHED COPY OF INSURANCE? (NON-RESIDENTS OF ONTARIO) <input type="checkbox"/> YES <input type="checkbox"/> NO
Team Name	Coach Name	<input type="checkbox"/> Recognized Poomsae \$85

POOMSAE DIVISION

AGE DIVISION	Male	Female	DESIGNATED COMPULSORY POOMSAE
12-14 Cadet			Taeguk 4 to Keumgang
15-17 Junior			Taeguk 4 to Taebek
18-30 Years Old			Taeguk 6 to Shipjin
31-40 Years Old			Taeguk 6 to Shipjin
41-50 Years Old			Taeguk 8 to Chonkwon
51-60 Years Old			Koryo to Hansu
61-65 Years Old			Koryo to Hansu
66+ Years Old			Koryo to Hansu

Athlete (or Parent/Guardian if athlete is under 18)

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Signature of Applicant or Parent/Guardian if under 18

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<http://authentictkd.ca/tournament/register.php>

**Pair / Team Recognized Poomsae *register online:
<http://authentictkd.ca/tournament/register.php>**

TEAM (Name, First and Last) <input type="checkbox"/> Recognized Poomsae \$85		PAIR (Name, First and Last) <input type="checkbox"/> Recognized Poomsae \$85	
1.		1.	
2.		2.	
3.			
4.			
5.			
Address (Main Contact)			
Email		Contact Telephone Number	Team / Pair Name

Pairs / Team *Please Select all that apply*

AGE DIVISION	Pair	Team	DESIGNATED COMPULSORY POOMSAE
CADET			Taeguk 4 to Keumgang
JUNIOR			Taeguk 4 to Taebek
UNDER 30			Taeguk 6 to Shipjin
OVER 30			Taeguk 8 to Chonkwon

- *Pairs **must** be 1 male and 1 female
- *Pairs or Teams **must** be in the same Age Division

Athlete (or Parent/Guardian if athlete is under 18)

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**Coach Registration Form *register online:
<http://authentictkd.ca/tournament/register.php>**

First Name	Last Name	Gender <input type="checkbox"/> MALE <input type="checkbox"/> FEMALE
Address	City/Town	Province & Postal Code
Telephone Number	Email	Date of Birth: (Month/Day/Year)
Emergency Contact Person	Contact Telephone Number	<input type="checkbox"/> Coach Fee \$25

Team Name

Coaches MUST READ http://taekwondo-ontario.com/wp-content/uploads/2017/11/CAC_Code_of_Conduct_EN.pdf

HAVE READ THE CAC CODE OF CONDUCT

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**Group Registration Form *register online:
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Participant Name <i>(make copies of this page if necessary)</i>	AGE	GENDER	WEIGHT	RANK	GUP/BELT RANK	POOMSAE ONLY \$70	KYORUGI ONLY \$70	BOTH EVENTS \$85	POOMSAE CE	HIGH PERFORMANCE	HIGH PERFORMANCE KYORUGI	TOTAL FEE

COLOUR BELT & RECREATIONAL Poomsae \$70 Kyorugi \$70 OR Both \$85
HIGH PERFORMANCE Recognized Poomsae \$85 Kyorugi \$85 OR Both \$85
 Coach Fee \$25

Team Name: _____ **Coach signature below:** _____

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