



SPORT TKD OPEN

March 3, 2018

Host:

Master In Kyung Kim

Tournament Site:

Name of Venue :
Markham Pan Am Centre
16 Main St Unionville, Markham, ONT,

Date:
Time:

Saturday, March 3, 2018
Tournament Starts at: 9:00 AM

Registration:

Mail / In-Person Drop off:
Sport TKD Open.
C/O: Master In Kyung Kim
653 Bloor St. West
Toronto, Ontario ,M6G1L1



Master In Kyung Kim

Deadline:

-All registrations must be before February 27 , 2018
- No registrations will be accepted at the door the day of the tournament

Fee:

Payable to: SPORT TKD Open.
Competitor: Color Belts & Black Belts Recreational
Two (2) Event \$75.00 (Sparring + Physical Competition)
Two (2) Event \$75.00 (Poomsae + Physical Competition)
Three (3) Event \$80.00 (Sparring + Poomsae + Physical Competition)

Competitor: High Performance Black Belts
\$85.00 (One Event)
\$95.00 (Two Event)

Coach: One Free Coach pass for registered school
\$20.00 –Additional Coach

Spectator: \$10.00 (Children 6 and under free)

(Cash/ Certified Cheque/Money Order) No personal Cheques

Patterns Divisions: 1st, 2nd, 3rd, 3rd & All athletes (Medal)
Sparring Divisions: 1st, 2nd, 3rd, 3rd & All athletes (Medal)
Physical Competition Divisions: 1st, 2nd, 3rd, athletes (Trophy & Medal)

Membership:

All participants must be members in good standing of the Taekwondo Ontario. Non-residents of Ontario competing must provide proof of insurance or purchase one day insurance from the Taekwondo Ontario. Individual Membership can be purchased through Taekwondo Ontario at www.taekwondo-ontario.com

Mandatory Equipment:

WT style –White dobok, head protector, mouth guard, chest protector, groin protector, forearm guards, shin guards, instep guards for all belts

General Inquiries:

Sport TKD Open.
653 Bloor St West Toronto, Ontario M6G 1L1
Tel: 416-536-8787
E-mail: worldtkd@yahoo.com



SPORT TKD OPEN

Summary

**Sponsored by
Captain Sports
KP&P**

Name of Venue:
MARKHAM PAN AM CENTRE
16 Main St Unionville Markham, ON

Registration:
All registrations must be before
February 27th, 2018
Payable to: SPORT TKD Open.

<http://taekwondo-ontario.com/event-calendar/>
NO REGISTRATION AT THE DOOR
Pre-registration package pick-up: 7:30 am
Tournament begins: 9:00am sharp

Admission:
Ages: 6years and up – Day - \$10
Ages: 5years and under – Free

For Information:
Tel: 416 - 536 - 8787
E-mail: worldtkd@yahoo.com



Sport TKD Open Tournament Campus Direction



This contest is sanctioned by Taekwondo Ontario, the PSO officially recognized by the Province of Ontario.



SPORT TKD OPEN

Notice

Dear Masters, Instructors and Taekwondo Practitioners:

It is with great pleasure that we invite you to the 2018 Sport Taekwondo Championship to be held at **Markham Pan Am Centre** Ontario on March 3rd 2018. This event is a fully sanctioned Taekwondo Ontario ("TO") event and as such, World Taekwondo ("WT") competition rules will be in effect for all black belt divisions and TO competition rules for all color belt divisions.

This year we have made many amendments to our current tournament format:

Saturday, March 3, 2018

- **All Color belt and Black Belt Recreational Sparring & Poomsae Competition**
- **All** athletes will be **weighed in** prior to their competition
- There will be a **double elimination for 3rd** for all athletes aged 14 & under
- **All High Performance Black Belt Poomsae Competition**
- **All High Performance Black Belt Sparring Competition**
- **All** High Performance competition will be using **KP&P**
- **All** athlete must bring their **own KP&P socks**

***** Physical Competition Rules*****

Enclosed, please find the attached tournament package with details regarding registration methods, deadlines, tournament rule, etc. Should you have any questions or concerns, please do not hesitate to contact us.

We look forward to seeing you in March!

Sincerely,

Sport TKD Inc.
Tel: 416-536-8787
E-mail: worldtkd@yahoo.com

Master In Kyung Kim
Tournament Host

Master Thippawong Joe
Tournament Director



SPORT TKD OPEN

Schedule

TOURNAMENT

Color Belt Sparring Divisions

- Each Match will be 2 rounds of 45secs (14years & under)
- Each Match will be 2 rounds of 1 minute (15years & up)
- No head contact for all color belts
- There will be an official Weigh In at the competition
- Double Elimination for 3rd Place
- The Tournament Host reserves the right to separate or combine divisions at their discretion based on age and weight or other discretionary factors.

Black Belt Recreational Divisions

- There will be an official weigh at the competition
- Double Elimination for 3rd Place
- Matches will consist of 2 rounds x 1.5 minutes with 30 seconds rest NO head contact for the following divisions:
 - **Youth Black belts (11 years and under)**
 - **Recreational Divisions (12 to 29 years old) Black Belt**
 - **Executive Divisions (30 & up)**
- The Tournament Host reserves the right to separate or combine divisions at their discretion based on age and weight or other discretionary factors

All Colour belt & Black Belt Recreational Poomsae

- Double Elimination for 3rd , 4th , 5th and 6th
- 1 required Poomsae according to Gup & Dan Level.

High Performance Black Belt Sparring

- **Must bring their own KP&P socks**
- **Cadet (12-14), Junior Olympic Division (15-17), Senior Olympic Division (17+)**
- 3 rounds x 1.5 minutes with 30 sec rest; the match will end if there is a 20 points gap at
 - the end of the 2nd round
- Single Elimination 1st , 2nd and 3rd place

High Performance Black belt Poomsae

- **Cadet, Junior, Senior, Masters, Team, Pair**
- WT Rules
- Electronic Scoring Instrument
- Two Required Poomsae



SPORT TKD OPEN

Schedule

TOURNAMENT Schedule

| Start Time | Ages | Belt | Format |
|--|---------------------------------|--|--|
| 7:30 am to 5pm – Registration ID PICK UP Weigh In | | | |
| 8:15 am Opening Ceremonies | | | |
| 9:00 am | 6 and Under | All Colour Belts | Sparring & Poomsae Double Elimination for 3rd Physical Competition |
| 5:40 pm | All Ages | High Performance Black belt sparring & Pattern | Cadet, Junior, Senior, Masters, Team, Pair |
| 9:00am | 7 & 8 | White – Yellow Stripe Yellow- Green Stripe Green – Blue Stripe | Sparring & Poomsae Double Elimination for 3 rd Physical Competition |
| 9:00am | 7 & 8 | Blue – Red Stripe Red – Black Stripe | Sparring & Poomsae Double Elimination for 3rd Physical Competition |
| 11:00 am | 9 & 10 | White – Yellow Stripe Yellow- Green Stripe Green – Blue Stripe | Sparring & Poomsae Double Elimination for 3rd Physical Competition |
| 11:00pm | 9 & 10 | Blue – Red Stripe Red – Black Stripe | Sparring & Poomsae Double Elimination for 3rd Physical Competition |
| 1:00pm | 11 & 12 | White – Yellow Stripe Yellow- Green Stripe Green – Blue Stripe | Sparring & Poomsae Double Elimination for 3rd Physical Competition |
| 1:00pm | 11 & 12 | Blue – Red Stripe Red – Black Stripe | Sparring & Poomsae Double Elimination for 3rd Physical Competition |
| 3:00pm | 13 & 14 | All Color Belts | Sparring & Poomsae Double Elimination for 3rd Physical Competition |
| 3:00pm | 10 & Under | Black Belt (Recreational) | Sparring & Poomsae Double Elimination for 3 rd Physical Competition |
| 4:00pm | 11 & 12 | Black Belt (Recreational) | Sparring & Poomsae Double Elimination for 3rd Physical Competition |
| 4:00pm | 13 & 14 | Black Belt (Recreational) | Sparring & Poomsae Double Elimination for 3 rd Physical Competition |
| 4:00pm | 15 to 17 18 to 29 30 & up | All Color Belts | Sparring & Poomsae Double Elimination for 3 rd Physical Competition |
| 5:30pm | 15 to 17 17 to 29 | Black Belt (Recreational) | Sparring & Poomsae Double Elimination for 3 rd Physical Competition |
| 5:30pm | 30-39 & 40 - UP Executives | Black Belt (Recreational) | Sparring & Poomsae Double Elimination for 3 rd Physical Competition |

The following are estimated times and are subject to change based on Participation please allow enough time prior to your division



SPORT TKD OPEN

Tournament Divisions

Belt Divisions (Sparring)

| Day –Sparring Divisions | | | | | | | |
|-------------------------|--------|---------------------|-------------------|-------------|------------|------------------|--------------------|
| White-Stripe | Yellow | Yellow Green Stripe | Green Blue Stripe | Blue Stripe | Red Stripe | Red Black Stripe | Black Recreational |

Age 6& Under Weight Category

| Female | | | | | |
|--------|-------|-------|-------|-------|-------|
| -12kg | -15kg | -19kg | -22kg | -25kg | +25kg |
| Male | | | | | |
| -15kg | -18kg | -21kg | -24kg | -28kg | +28kg |

Age 7&8 Weight Category

| Female | | | | | | | |
|--------|-------|-------|-------|-------|-------|-------|-------|
| -15kg | -19kg | -22kg | -25kg | -28kg | -31kg | -35kg | +35kg |
| Male | | | | | | | |
| -18kg | -21kg | -24kg | -28kg | -31kg | -35kg | -39kg | +40kg |

Age 9&10 Weight Category

| Female | | | | | | | | | |
|--------|-------|-------|-------|-------|-------|-------|-------|-------|-------|
| -17kg | -20kg | -23kg | -26kg | -29kg | -33kg | -37kg | -41kg | -44kg | +44kg |
| Male | | | | | | | | | |
| -21kg | -24kg | -27kg | -30kg | -33kg | -37kg | -41kg | -45kg | -49kg | +49kg |

Age 11&12 Weight Category (Youth)

| Female | | | | | | | | | |
|--------|-------|-------|-------|-------|-------|-------|-------|-------|-------|
| -23kg | -26kg | -29kg | -33kg | -37kg | -41kg | -44kg | -47kg | -51kg | +51kg |
| Male | | | | | | | | | |
| -27kg | -30kg | -33kg | -37kg | -41kg | -45kg | -49kg | -53kg | -57kg | +57kg |

Age 13&14 Weight Category (Cadet)

| Female | | | | | | | | | |
|--------|-------|-------|-------|-------|-------|-------|-------|-------|-------|
| -29kg | -33kg | -37kg | -41kg | -44kg | -47kg | -51kg | -55kg | -59kg | +59kg |
| Male | | | | | | | | | |
| -33kg | -37kg | -41kg | -45kg | -49kg | -53kg | -57kg | -61kg | -65kg | +65kg |

Age 15 to 17 Weight Category Juniors

| Female | | | | |
|--------|-------|-------|-------|-------|
| -44kg | -49kg | -55kg | -63kg | +63kg |
| Male | | | | |
| -48kg | -55kg | -63kg | -73kg | +73kg |

Age 18+ Weight Category (Senior & Executive)

| Female | | | |
|--------|-------|-------|-------|
| -49kg | -57kg | -67kg | +67kg |
| Male | | | |
| -58kg | -68kg | -80kg | +80kg |



SPORT TKD OPEN

Colour Belt Registration Form

| | |
|--------------------------|---------------------------------|
| Name: | E-Mail: |
| Address: | Phone Number: |
| Taekwondo School: | Master/Instructor/Coach: |

**Fees: \$75 – Sparring+PC \$75 – Poomsae+PC
\$80 – Sparring + Poomsae+Physical**

Belt: Please check one.

| | | | |
|-------------------------|-------------|----------------|----------------|
| Gender: M / F | Age: | Height: | Weight: |
|-------------------------|-------------|----------------|----------------|

| | | | | |
|-------------------------------------|------------------------------------|----------------------------------|--------------------------------|---------------------------------|
| 10 & 9 White to Yellow Stripe | 8 & 7 Yellow to Green Stripe | 6 & 5 Green to Blue Stripe | 4 & 3 Blue to Red Stripe | 2 & 1 Red to Black Stripe |
| | | | | |

| | | |
|---------|----------|----------|
| Poomsae | Sparring | Physical |
| | | |

TO Member:

| | |
|-----|----|
| Yes | No |
| | |

Your pre-registration of \$75 UP TO \$100 (Early Registration) Payable to SPORT TKD Open.

Certified Cheque, Money Order or Cash Only. No personal cheques.

Send to address: 653 Bloor St., Toronto, On, Canada, M6G 1L1

Liability Waiver

I, _____ have read the rules and hereby submit my application for registration in the Sport TKD Open Tournament on March 3, 2018 hosted by Sport TKD Inc.

I release, hold harmless and indemnify Sport TKD Inc. from and against all claims, actions, costs and expenses and demand in respect to death, injury, loss or damage to my person or property, whosoever and howsoever caused, arising out of or in connection with my taking part in the event and notwithstanding that the same may have been contributed to or occasioned by any act or failure to connection with the said Challenge can be used by the Tournament Director for publicity or promotion without compensation at this or any other time.

Signature : _____ Date : _____

Signature of Parent / Guardian (if under 18 years) :

| Poomsae | | Sparring | | | | | | | | | |
|---|------------------------------|--------------------------------|------------------------------|--|--|--|--|-------------------------|---------------|--|--|
| Name: | Gender: M / F | Name: | Gender: M / F | | | | | | | | |
| TKD School: | Age: | TKD School: | Age: | | | | | | | | |
| <i>Belt: Please check one.</i> | | <i>Belt: Please check one.</i> | | | | | | | | | |
| White to Yellow Stripe | Yellow to Green Stripe | Green to Blue Stripe | Blue to Red Stripe | | | | | | | | |
| Red to Black Stripe | | White to Yellow Stripe | Yellow to Green Stripe | | | | | | | | |
| | | Green to Blue Stripe | Blue to Red Stripe | | | | | | | | |
| | | Red to Black Stripe | | | | | | | | | |
| <table border="1" style="width:100%; border-collapse: collapse;"> <tr> <td style="width:50%; padding: 5px;">Total Points:</td> <td style="width:50%; padding: 5px;">Place:</td> </tr> <tr> <td style="height: 20px;"></td> <td></td> </tr> </table> | | Total Points: | Place: | | | <table border="1" style="width:100%; border-collapse: collapse;"> <tr> <td style="width:70%; padding: 5px;">Weight Division:</td> <td style="width:30%; padding: 5px;">Place:</td> </tr> <tr> <td style="height: 20px;"></td> <td></td> </tr> </table> | | Weight Division: | Place: | | |
| Total Points: | Place: | | | | | | | | | | |
| | | | | | | | | | | | |
| Weight Division: | Place: | | | | | | | | | | |
| | | | | | | | | | | | |



SPORT TKD OPEN

Physical Competition

The competition will be divided into 3 categories.

- 1 20 Seconds Roundhouse kick (alternating legs, stationary)
 - Each competitor will be given 20 seconds to complete as much roundhouse kicks as possible with alternating legs. Left leg than right leg.
 - In this round the athlete is not allowed to bounce. If the athlete bounces they will be given one chance to restart. If violation continues, athlete will be disqualified from competition.
- 2 20 Seconds Roundhouse kick (one leg)
 - Competitors will be given 20 seconds to kick as much as they can with one preferred leg.
 - Once the leg is chosen, athletes are not allowed to switch legs. If athlete does switch they will be given one chance to restart. If violation continues, athlete will be disqualified.
 - They are allowed to bounce if they prefer.
- 2 20 Seconds Roundhouse kick (alternating legs, bouncing)
 - Competitors will be given 20 seconds to kick as much as they can while performing roundhouses and alternating legs.
 - Athletes can either bounce or be stationary.

***Please note during time of competition, it will be the judges call if the executed kick is considered a proper roundhouse. If non proper kicks are performed, a warning will be given. If the act continues, the judge is allowed to omit any improper roundhouse kick from the count.*

- 1st Total kicks – 85
- 2nd Total kicks – 80
- 3rd Total kicks – 70

In the event of a tie, the competitor with the highest number of combined total kicks will win the event.

Score Keeping

| | Competition 1 | | Competition 2 | | Competition 3 | | Total | |
|---|---------------|-------------|---------------|-------------|---------------|-------------|--------------|-------------|
| | Place | Total Kicks | Place | Total Kicks | Place | Total Kicks | Place Points | Total Kicks |
| A | | 30 | | 30 | | 25 | | 85 |
| B | | 25 | | 20 | | 35 | | 80 |
| C | | 15 | | 25 | | 30 | | 70 |



SPORT TKD OPEN

HP & Black Belt Registration Form

| | | | | | | | | | | |
|-------------------|------|---------|---------|--|------|------|------|------|------|------|
| Name: | | | | E-Mail: | | | | | | |
| Address: | | | | Phone Number: | | | | | | |
| Taekwondo School: | | | | Master/Instructor: | | | | | | |
| Gender: M / F | Age: | Height: | Weight: | Rank – (Poom / Dan) Please check one. | 1 st | 2 nd | 3 rd | 4 th | 5 th | 6 th |

Fees: \$85 One+P \$95 Two+P

Payable to: **SPORT TKD Open.**

| | | | | | |
|---------|----------|----------|-----------|-----|----|
| Poomsae | Sparring | Physical | TO Member | Yes | No |
|---------|----------|----------|-----------|-----|----|

| | | | | | | |
|--|-----------------------------------|--------------------------------------|-------------------------------------|--------------------------------------|-------------------------------|------------------------------|
| Poomsae : <i>Please check one.</i> | 1 st Poom/Dan Koryo | 2 nd Poom/Dan Keumgang | 3 rd Poom/Dan Taebaek | 4 th Poom/Dan Pyongwon | 5 th Dan Sipjin | 6 th Dan Jitae |
|--|-----------------------------------|--------------------------------------|-------------------------------------|--------------------------------------|-------------------------------|------------------------------|

| | | | | | | |
|---|----------------------------|------------------------|--------------------------|--------------------------------|---------------------------------|--------------------------------|
| Sparring : <i>Please check one.</i> | 7 & Under Light / Heavy | 8 & 9 Light / Heavy | 10 & 11 Light / Heavy | 12 - 13 & 14 (Recreational) | 15-17 & 18-29 (Recreational) | 30-39& 40-up (Recreational) |
|---|----------------------------|------------------------|--------------------------|--------------------------------|---------------------------------|--------------------------------|

| Cadet (12 – 14) & JR (15 – 17) – Weight Category – Select One | | | | | 18 -29 – Senior Olympic Weight Category – Select One | | | | |
|---|-------------------|-------|---------------------|---------|--|-------------|-------------|--------|--|
| Cadet & JR | Cadet & JR (Male) | | Cadet & JR (Female) | | Senior Olympic | Male | | Female | |
| Fin/Fly | 37 kg | 48 kg | 33 kg | 44 kg | Fin/Fly | Under 58 kg | Under 49 kg | | |
| Bantam/Feather | 45 kg | 55kg | 41 kg | 49 kg | Bantam/Feather | Under 68 kg | Under 57 kg | | |
| Light/Welter | 53 kg | 63 kg | 47 kg | 55 kg | Light/Welter | Under 80 kg | Under 67 kg | | |
| Lt Middle/Middle | 61 kg | 73 kg | 55 kg | 63 kg | Middle/Middle | Over 80 kg | Over 67 kg | | |
| Lt Heavy/Heavy | + 65 kg | +78kg | +59 kg | + 68 kg | | | | | |

Liability Waiver

I, _____ have read the rules and hereby submit my application for registration in the Sport TKD Open Tournament on March 3, 2018
Hosted by Sport TKD Inc.

I release, hold harmless and indemnify Sport TKD Inc. from and against all claims, actions, costs and expenses and demand in respect to death, injury, loss or damage to my person or property, whosoever and howsoever caused, arising out of or in connection with my taking part in the event and notwithstanding that the same may have been contributed to or occasioned by any act or failure to connection with the said Challenge can be used by the Tournament Director for publicity or promotion without compensation at this or any other time.

Signature : _____ Date : _____

Signature of Parent / Guardian (if under 18 years) :

| Poomsae | | | | | Sparring | | | | | | | | | |
|---|------|------|--------|------|------------------|----------|-------|---------|---------|--------|---------|---------|---------|----|
| Name: | | | M / F | | Name: | | | M / F | | | | | | |
| TKD School: | | | Age: | | TKD School: | | | Age: | | | | | | |
| Rank – (Poom/Dan): <i>Please check one.</i> | | | | | HP | | | | | | | | | |
| 1 st | 2 nd | 3 rd | 4 th | 5 th | 6 th | 7 -under | 8 - 9 | 10 - 11 | 12 - 14 | 15 -17 | 30 - 39 | 18 - 29 | 40 - up | HP |
| Total Points: | | | Place: | | Weight Division: | | | Place: | | | | | | |



SPORT TKD OPEN

Coach Registration Form

Each Taekwondo school participating in The Sport TKD Open Tournament will be granted one free coach pass by registering at least one competitor on Tournament Days before March 3, 2018.
Additional coach passes will cost \$ 20 pre-registered
There is **NO COACH REGISTRATION ON TOURNAMENT DAYS!** All coaches must be black belts and registered with Kukkiwon and must be a good standing member of the Taekwondo Ontario.
No one will be allowed on the floor without a coach's pass.

NO EXCEPTIONS!

| | |
|----------------------------------|-------------------------------------|
| Name: | E-Mail: |
| Address: | Phone Number: |
| Taekwondo School: | |
| Kukkiwon (Poom / Dan) | |
| 1.Coach Name: | Kukkiwon No (Poom / Dan) |
| 2.Coach Name: | Kukkiwon No (Poom / Dan) |
| 3.Coach Name: | Kukkiwon No (Poom / Dan) |
| 4.Coach Name: | Kukkiwon No (Poom / Dan) |
| 5.Coach Name: | Kukkiwon No (Poom / Dan) |

Liability Waiver

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I release, hold harmless and indemnify Sport TKD Inc. from and against all claims, actions, costs and expenses and demand in respect to death, injury, loss or damage to my person or property, whosoever and howsoever caused, arising out of or in connection with my taking part in the event and notwithstanding that the same may have been contributed to or occasioned by any act or failure to connection with the said Challenge can be used by the Tournament Director for publicity or promotion without compensation at this or any other time.

Signature: _____ Date : _____

Signature of Parent / Guardian (if under 18 years) : _____